

University of Pretoria Yearbook 2025

MSc specialising in Applied Human Nutrition (10253340)

Department Human Nutrition

Minimum duration of study 2 years

Total credits 180

NQF level 09

Admission requirements

1. Bachelor of Medicine and Surgery (or equivalent) degree
or
Relevant bachelor's (or equivalent) degree in medicine or supplementary health service profession
or
Relevant honours degree with physiology and biochemistry
or
Bachelor of Dietetics degree

Additional requirements

All MSc students must register for, and attend (TNM 802) Applied research methodology 802 satisfactorily. (Exemption may be granted if the module has already been passed for the BScHons degree.) However, MSc(Pharmacology) students must register for FAR 872 instead of TNM 802.

Also consult General Academic Regulations.

Other programme-specific information

Subject to the stipulations of the General Academic Regulations, the Chairperson of the School may, in consultation with the relevant head of department, approve a fixed limited extension of the period on the grounds of extraordinary circumstances.

Pass with distinction

The MSc in Applied Human Nutrition is conferred with distinction on a student who obtains an average of at least 75% (not rounded) in all the abovementioned modules and for the essay.

Curriculum: Year 1

Core modules

Human nutrition 885 (DEK 885)

Module credits	20.00
NQF Level	09
Prerequisites	No prerequisites.
Contact time	1 discussion class per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Introduction to nutrition and nutrient metabolism 889 (DEK 889)

Module credits	20.00
NQF Level	09
Prerequisites	No prerequisites.
Contact time	1 discussion class per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1 or Semester 2

Mini-dissertation: Applied human nutrition 897 (DEK 897)

Module credits	120.00
NQF Level	09
Prerequisites	No prerequisites.
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Year

Applied research methodology 802 (TNM 802)

Module credits	0.00
NQF Level	09
Language of tuition	Module is presented in English
Department	Health Sciences Dean's Office
Period of presentation	Year



Module content

*Attendance module only.

Elective modules

Diet therapy 886 (DEK 886)

Module credits 20.00

NQF Level 09

Prerequisites No prerequisites.

Contact time 1 discussion class per week

Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 1

Applied nutrition 887 (DEK 887)

Module credits 20.00

NQF Level 09

Prerequisites No prerequisites.

Contact time 1 discussion class per week

Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 1



Curriculum: Final year

Core modules

Human nutrition 885 (DEK 885)

Module credits	20.00
NQF Level	09
Prerequisites	No prerequisites.
Contact time	1 discussion class per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Introduction to nutrition and nutrient metabolism 889 (DEK 889)

Module credits	20.00
NQF Level	09
Prerequisites	No prerequisites.
Contact time	1 discussion class per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1 or Semester 2

Mini-dissertation: Applied human nutrition 897 (DEK 897)

Module credits	120.00
NQF Level	09
Prerequisites	No prerequisites.
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Year

Applied research methodology 802 (TNM 802)

Module credits	0.00
NQF Level	09
Language of tuition	Module is presented in English
Department	Health Sciences Dean's Office
Period of presentation	Year



Module content

*Attendance module only.

Elective modules

Diet therapy 886 (DEK 886)

Module credits	20.00
NQF Level	09
Prerequisites	No prerequisites.
Contact time	1 discussion class per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Applied nutrition 887 (DEK 887)

Module credits	20.00
NQF Level	09
Prerequisites	No prerequisites.
Contact time	1 discussion class per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

General Academic Regulations and Student Rules

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations. The G Regulations are updated annually and may be amended after the publication of this information.

Regulations, degree requirements and information

The faculty regulations, information on and requirements for the degrees published here are subject to change and may be amended after the publication of this information.

University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQSF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.