



University of Pretoria Yearbook 2025

BScHons in Sports Science (10243026)

Department Biokinetics and Sports Science

Minimum duration of study 1 year

Total credits 120

NQF level 08

Programme information

The following requirements are set for completing the programme:

- Advanced instruction by means of self-tuition and compulsory seminars on topics assigned to the student.
- Practical experience of the laboratory techniques used in the particular subsections of the subject.
- Taking part in a research project and presentation of an independent research report.
- Satisfactory attendance at a library-user course.

Admission requirements

1. Relevant bachelor's (or equivalent) degree with at least one applicable biological subject as a major
2. A weighted average of at least 60% at final-year level

Additional requirements

The prerequisites for admission to the honours degree in certain fields of study are indicated in the syllabuses of the specific department.

Also consult current General Academic Regulations.

Examinations and pass requirements

- i. The examinations in the programme will consist of written papers of three hours in each subject, practical examinations of one hour, as well as an oral examination of 30 minutes.
- ii. The maximum period for completion of the honours degree, is two years in the case of full-time students and three years in the case of part-time students. In exceptional circumstances, a student may apply, in writing, to the head of department for an extension of the period of study.
- iii. To comply with the pass requirements for the degree, a student must obtain a final mark of at least 50% in each division as indicated, as well as a pass mark of at least 50% for the essay/work assignment (if applicable). The stipulations regarding pass requirements for dissertations in the General Academic Regulations apply mutatis mutandis to essays.



Pass with distinction

The degree is conferred with distinction on a student who has obtained an average of at least 75% (not rounded) in the examination (written, oral, practical, etc).



Curriculum: Final year

Minimum credits: 120

Core modules

[Applied nutrition in exercise and sport 702 \(HNT 702\)](#) - Credits: 15.00

[Sports physiology 722 \(MBK 722\)](#) - Credits: 25.00

[Sports science 723 \(MBK 723\)](#) - Credits: 25.00

[Biomechanics III 724 \(MBK 724\)](#) - Credits: 25.00

[Research III 702 \(NMR 702\)](#) - Credits: 30.00

General Academic Regulations and Student Rules

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations. The G Regulations are updated annually and may be amended after the publication of this information.

Regulations, degree requirements and information

The faculty regulations, information on and requirements for the degrees published here are subject to change and may be amended after the publication of this information.

University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQSF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.