

University of Pretoria Yearbook 2025

BScHons in Biokinetics (10243025)

Department Biokinetics and Sports Science

Minimum duration of study 1 year

Total credits 120

NQF level 08

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Programme information

The following requirements are set for completing the programme:

- Advanced instruction by means of self-tuition and compulsory seminars on topics assigned to the student.
- Practical experience of the laboratory techniques used in the particular subsections of the subject.
- Taking part in a research project and presentation of an independent research report.
- Satisfactory attendance at a library-user course.

Admission requirements

1. Relevant bachelor's (or equivalent) degree
2. A weighted average of at least 60% at final-year level

Additional requirements

The prerequisites for admission to the honours degree in certain fields of study are indicated in the syllabuses of the specific department.

Also consult current General Academic Regulations.

Examinations and pass requirements

- i. The examinations in the programme will consist of written papers of three hours in each subject, practical examinations of one hour, as well as an oral examination of 30 minutes.
- ii. The maximum period for completion of the honours degree, is two years in the case of full-time students and three years in the case of part-time students. In exceptional circumstances, a student may apply, in writing, to the head of department for an extension of the period of study.
- iii. To comply with the pass requirements for the degree, a student must obtain a final mark of at least 50% in each division as indicated, as well as a pass mark of at least 50% for the essay/work assignment (if applicable). The stipulations regarding pass requirements for dissertations in the General Academic Regulations apply mutatis mutandis to essays.



Pass with distinction

The degree is conferred with distinction on a student who has obtained an average of at least 75% (not rounded) in the examination (written, oral, practical, etc).

Curriculum: Final year

Minimum credits: 120

Core modules

Biokinetics clinical practice II 718 (MBK 718)

Module credits	40.00
NQF Level	08
Contact time	2 practicals per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Year

Module content

This module serves as the practical platform for students to acquire exposure to an experience in health promotion, the maintenance of physical abilities and final phase rehabilitation. This will be achieved by means of the practical application of scientifically based assessment and physical activity programme prescription for healthy and special populations. This module requires the student to meet the expected requirements stipulated by the Health Professions Council of South Africa and have accumulated 65 hours of Sport First aid.

Clinical exercise physiology 719 (MBK 719)

Module credits	25.00
NQF Level	08
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Year

Module content

The module examines exercise physiology from a biokinetics perspective and includes the normal and pathophysiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue.

(1 hour contact time per week with work assignments for the following week).

Biokinetics 721 (MBK 721)

Module credits	25.00
NQF Level	08
Contact time	2 lectures per week, 1 practical per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Year

Module content

This module serves as the theoretical platform for students to acquire the knowledge and understanding of the role of the biokineticist in health promotion, the maintenance of physical abilities and final phase rehabilitation. This will be achieved by means of acquiring the knowledge and understanding of scientifically based assessment and physical activity programme prescription in healthy and special populations.

Research III 702 (NMR 702)

Module credits 30.00

NQF Level 08

Prerequisites None

Contact time 1 lecture per week

Language of tuition Module is presented in English

Department Biokinetics and Sports Science

Period of presentation Year

Module content

In this module the focus will be on the execution of a research proposal and writing a research manuscript on the study executed, and the presentation of the research project which includes an introduction, literature survey, methodology, results and discussion, and conclusion and recommendations.

General Academic Regulations and Student Rules

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations. The G Regulations are updated annually and may be amended after the publication of this information.

Regulations, degree requirements and information

The faculty regulations, information on and requirements for the degrees published here are subject to change and may be amended after the publication of this information.

University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQSF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications

and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.