

University of Pretoria Yearbook 2025

Higher Certificate in Sports Sciences (09110004)

Department Humanities Education

Minimum duration of study 1 year

Total credits 122

NQF level 05

Programme information

This programme provides a basis for knowledge and skills development to improve athlete performance by means of physical assessment, exercise and conditioning prescription, and research. It aims to develop coaches who can function successfully in an interdisciplinary environment in order to improve athletes' and sports teams' performances using the latest techniques and research. It will therefore strive towards internationally recognised academic excellence, but with local relevance. The programme will create an ideal learning environment incorporating lectures, tutorials, practical sessions, and problem solving. Students will receive teaching and training by leaders in the field of Sports Science and coaching. Students will get the opportunity to work with various sporting codes and athletes of various skill levels. Upon completion, it will provide students wanting to further their studies with the opportunity to apply for the BEd degree in the Faculty of Education, provided that a student is in possession of an NSC and complies with the minimum requirements for admission to a bachelor's degree.

Admission requirements

Important information for all prospective students for 2025

The admission requirements below apply to all who apply for admission to the University of Pretoria with a **National Senior Certificate (NSC) and Independent Examination Board (IEB) qualifications**. [Click here for this Faculty Brochure](#).

Minimum requirements	
Achievement level	
English Home Language or English First Additional Language	APS
NSC/IEB	
4 (50-59%)	20

Life Orientation is excluded when calculating the APS.

Applicants currently in Grade 12 must apply with their final Grade 11 (or equivalent) results.

Applicants who have completed Grade 12 must apply with their final NSC or equivalent qualification results.

Please note that meeting the minimum academic requirements does not guarantee admission.

Successful candidates will be notified once admitted or conditionally admitted.

Applicants should check their application status regularly on the UP Student Portal at [click here](#).

***Admission to the Bachelor of Education with a Higher Certificate in Sports Sciences**

Applicants who obtained a Diploma Studies endorsement for the NSC or equivalent qualification, may be considered for admission to the Bachelor of Education in Senior Phase and Further Education and Training (FET) Teaching degree), with specialisation in the elective combination of Human Movement Studies and Sports Management, once they have successfully completed the Higher Certificate in Sports Sciences with a cumulative weighted average of at least 60% (excluding JRC 150 Sports Practical).

Applicants with qualifications other than the abovementioned should refer to the International undergraduate prospectus 2025: Applicants with a school leaving certificate not issued by Umalusi (South Africa), available at [click here](#).

International students: [Click here](#).

Transferring students

A transferring student is a student who, at the time of applying at the University of Pretoria (UP) is/was a registered student at another tertiary institution. A transferring student will be considered for admission based on NSC or equivalent qualification and previous academic performance. Students who have been dismissed from other institutions due to poor academic performance will not be considered for admission to UP.

Closing dates: Same as above.

Returning students

A returning student is a student who, at the time of application for a degree programme is/was a registered student at UP, and wants to transfer to another degree at UP. A returning student will be considered for admission based on NSC or equivalent qualification and previous academic performance.

Note:

- Students who have been excluded/dismissed from a faculty due to poor academic performance may be considered for admission to another programme at UP, as per faculty-specific requirements.
- Only ONE transfer between UP faculties and TWO transfers within a faculty will be allowed.
- Admission of returning students will always depend on the faculty concerned and the availability of space in the programmes for which they apply.

Closing date for applications from returning students

Same as above.



Curriculum: Final year

Minimum credits: 120

Fundamental modules

Academic orientation 109 (UPO 109) - Credits: 0.00

Core modules

Personal development and life skills training 150 (JLO 150) - Credits: 12.00

Literacies in education 150 (JLZ 150) - Credits: 6.00

Literacies in education 151 (JLZ 151) - Credits: 6.00

Sports and physical education management 114 (JMB 114) - Credits: 8.00

Human motor skills development 116 (JMB 116) - Credits: 8.00

Basic human anatomy and physiology 125 (JMB 125) - Credits: 8.00

Sports practical (basic) 150 (JRC 150) - Credits: 32.00

Foundations of recreation 111 (JRM 111) - Credits: 8.00

Sport injuries 141 (JXE 141) - Credits: 10.00

Fundamental nutrition 143 (JXE 143) - Credits: 8.00

Exercise and training principles 151 (JXE 151) - Credits: 8.00

Coaching professionalism 151 (JXP 151) - Credits: 8.00

General Academic Regulations and Student Rules

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations. The G Regulations are updated annually and may be amended after the publication of this information.

Regulations, degree requirements and information

The faculty regulations, information on and requirements for the degrees published here are subject to change and may be amended after the publication of this information.

University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQSF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.