

# University of Pretoria Yearbook 2023

## Higher Certificate in Sports Sciences (09110001)

**Department** Humanities Education

**Minimum duration of study** 1 year

**Total credits** 122

**NQF level** 05

### Programme information

This programme provides a basis for knowledge and skills development to improve athlete performance by means of physical assessment, exercise and conditioning prescription, and research. It aims to develop coaches who can function successfully in an interdisciplinary environment in order to improve athletes' and sports teams' performances using the latest techniques and research. It will therefore strive towards internationally recognised academic excellence, but with local relevance. The programme will create an ideal learning environment incorporating lectures, tutorials, practical sessions, and problem solving. Students will receive teaching and training by leaders in the field of Sports Science and coaching. Students will get the opportunity to work with various sporting codes and athletes of various skill levels. Upon completion, it will provide students wanting to further their studies with the opportunity to apply for the BEd degree in the Faculty of Education, provided that a student is in possession of an NSC and complies with the minimum requirements for admission to a bachelor's degree.

### Admission requirements

#### Important information for all prospective students for 2023

The admission requirements below apply to all who apply for admission to the University of Pretoria with a **National Senior Certificate (NSC) and Independent Examination Board (IEB) qualifications**. [Click here for this Faculty Brochure](#).

#### Minimum requirements Achievement level

#### English Home Language or English First Additional Language

**APS**

NSC/IEB  
4

**20**

You will be considered for final admission if space allows, and if you have a National Senior Certificate (NSC) or equivalent qualification with admission to bachelor's degree or diploma studies, and comply with the minimum subject requirements as well as the APS requirements of this programme.

Life Orientation is excluded when calculating the APS.

**\*Admission to BEd with a Higher Certificate in Sports Sciences**

Applicants who obtained Diploma Studies endorsement for the NSC or equivalent qualification, may be considered for admission to the BEd Senior Phase and FET Teaching degree (09133031), with specialisation in the elective combination of Human Movement Studies and Sport Management, if they successfully complete the Higher Certificate in Sports Sciences with a minimum cumulative weighted average of 60% (excluding JRC 150 (Sports Practical 150)).

**Applicants with qualifications other than the abovementioned** should refer to the Brochure: Undergraduate Programme Information 2023: Qualifications other than the NSC and IEB, available at [click here](#).

International students: [Click here](#).

### **Transferring students**

A transferring student is a student who, at the time of applying at the University of Pretoria (UP) is/was a registered student at another tertiary institution. A transferring student will be considered for admission based on NSC or equivalent qualification and previous academic performance. Students who have been dismissed from other institutions due to poor academic performance will not be considered for admission to UP.

**Closing dates:** Same as above.

### **Returning students**

A returning student is a student who, at the time of application for a degree programme is/was a registered student at UP, and wants to transfer to another degree at UP. A returning student will be considered for admission based on NSC or equivalent qualification and previous academic performance.

#### **Note:**

- Students who have been excluded/dismissed from a faculty due to poor academic performance may be considered for admission to another programme at UP, as per faculty-specific requirements.
- Only ONE transfer between UP faculties and TWO transfers within a faculty will be allowed.
- Admission of returning students will always depend on the faculty concerned and the availability of space in the programmes for which they apply.

### **Closing date for applications from returning students**

Same as above.

## **General information**

### **University of Pretoria Programme Qualification Mix (PQM) verification project**

*The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.*

## Curriculum: Final year

**Minimum credits: 120**

### Fundamental modules

[Academic orientation 109](#) (UPO 109) - Credits: 0.00

### Core modules

[Personal development and life skills training 150](#) (JLO 150) - Credits: 12.00

[Literacies in education 150](#) (JLZ 150) - Credits: 6.00

[Literacies in education 151](#) (JLZ 151) - Credits: 6.00

[Sports and physical education management 114](#) (JMB 114) - Credits: 8.00

[Human motor skills development 116](#) (JMB 116) - Credits: 8.00

[Basic human anatomy and physiology 125](#) (JMB 125) - Credits: 8.00

[Sports practical \(basic\) 150](#) (JRC 150) - Credits: 32.00

[Foundations of recreation 111](#) (JRM 111) - Credits: 8.00

[Sport injuries 141](#) (JXE 141) - Credits: 10.00

[Fundamental nutrition 143](#) (JXE 143) - Credits: 8.00

[Exercise and training principles 151](#) (JXE 151) - Credits: 8.00

[Coaching professionalism 151](#) (JXP 151) - Credits: 8.00

### Regulations and rules

The regulations and rules for the degrees published here are subject to change and may be amended after the publication of this information.

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations.

### University of Pretoria Programme Qualification Mix (PQM) verification project

The higher education sector has undergone an extensive alignment to the Higher Education Qualification Sub-Framework (HEQF) across all institutions in South Africa. In order to comply with the HEQSF, all institutions are legally required to participate in a national initiative led by regulatory bodies such as the Department of Higher Education and Training (DHET), the Council on Higher Education (CHE), and the South African Qualifications Authority (SAQA). The University of Pretoria is presently engaged in an ongoing effort to align its qualifications and programmes with the HEQSF criteria. Current and prospective students should take note that changes to UP qualification and programme names, may occur as a result of the HEQSF initiative. Students are advised to contact their faculties if they have any questions.