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# University of Pretoria Yearbook 2023

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## Nutrition 250 (VDG 250)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Natural and Agricultural Sciences</a>
<b>Module credits</b>	12.00
<b>NQF Level</b>	06
<b>Prerequisites</b>	Natural and Agricultural Sciences students: CMY 127; Health Sciences students: second year status
<b>Contact time</b>	3 lectures per week, fortnightly practicals
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Consumer and Food Sciences
<b>Period of presentation</b>	Semester 1

### Module content

Nutrition in the context of growth, development and composition of organisms. Metabolic processes and control in the body. Overview of nutritional processes. The study of the fundamental principles of nutrient metabolism (including macro- and micro-nutrients and water) and digestion physiology. Applications are made regarding man and animals.

Practical work: Experimental work and problem orientated tasks.

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