



University of Pretoria Yearbook 2022

Exercise science practice 301 (PRC 301)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	20.00
NQF Level	07
Programmes	BSportSci
Contact time	2 practicals per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Year

Module content

*Closed – requires departmental selection

This module serves as the platform for supervised practical training and application in exercise testing and interpretation for sport-related physical fitness components, exercise programme design and implementation for sport-related physical fitness, and sport science work experience. This module requires the student to have accumulated 45 hours of Sport First aid.

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