



University of Pretoria Yearbook 2022

Methodology of Life Orientation and Physical Education 461 (JML 461)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	6.00
NQF Level	07
Programmes	BEd (Intermediate Phase Teaching) BEd (Senior Phase and Further Education and Training Teaching)
Prerequisites	Available to final year students only.
Contact time	2 lectures per week, 2 practicals per week
Language of tuition	Module is presented in English
Department	Humanities Education
Period of presentation	Quarter 1

Module content

This module addresses the practical application of teaching skills, planning and presenting of Physical Education lessons as topic of Life Orientation (presentation of micro-lessons).

Themes include:

- Exploring a meta-cognitive approach in teaching and learning
- The LO teacher as educator (including overcoming challenges innovatively)
- The LO teacher as counsellor (including eco-systemic approaches)
- Development of the self in society
- Health, social and environmental responsibility
- Constitutional rights and responsibilities
- Physical education
- Study skills

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