

University of Pretoria Yearbook 2021

Socio-emotional health and wellbeing 730 (KGG 730)

Qualification	Postgraduate
Faculty	Faculty of Education
Module credits	16.00
NQF Level	08
Programmes	BEdHons Educational Psychology
Prerequisites	No prerequisites.
Contact time	1 lecture per week
Language of tuition	Module is presented in English
Department	Educational Psychology
Period of presentation	Semester 1 or Semester 2

Module content

The Socio-emotional health and wellbeing module is aimed at educating students in the proactive promotion of wellbeing through socio-emotional learning and socio-emotional competence. It lays the theoretical foundation for informing stakeholders how students, teachers, parents and significant caregivers can help, guide and support (young) people in order to understand how they act in the family system and society context. The module explores systemic support strategies in contexts of high need. The module furthermore aims to assist students in developing the socio-emotional skills of people (especially younger people).

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