

# University of Pretoria Yearbook 2020

## Higher Certificate Sports Science Education (09110001)

**Minimum duration of study** 1 year

**Total credits** 122

**NQF level** 05

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### Programme information

This programme provides a basis for knowledge and skills development to improve athlete performance by means of physical assessment, exercise and conditioning prescription, and research. It aims to develop coaches who can function successfully in an interdisciplinary environment in order to improve athletes' and sports teams' performances using the latest techniques and research. It will therefore strive towards internationally recognised academic excellence, but with local relevance. The programme will create an ideal learning environment incorporating lectures, tutorials, practical sessions, and problem solving. Students will receive teaching and training by leaders in the field of Sports Science and coaching. Students will get the opportunity to work with various sporting codes and athletes of various skill levels. Upon completion, it will provide students wanting to further their studies with the opportunity to apply for the BEd degree in the Faculty of Education, provided that a student is in possession of an NSC and complies with the minimum requirements for admission to a bachelor's degree.

### Admission requirements

- The following persons will be considered for admission: candidates who are in possession of a certificate that is deemed by the University to be equivalent to the required Grade 12 certificate with university or diploma endorsement; candidates who are graduates from another tertiary institution or have been granted the status of a graduate of such an institution; and candidates who are graduates of another faculty at the University of Pretoria.
- Life Orientation is excluded when calculating the APS.
- For selection purposes the sum of the results in six subjects, including English, is calculated.
- Grade 11 final examination results will be used for the conditional admission of prospective students.
- Applicants who indicate Higher Certificate in Sports Science as first or second choice will be considered.
- All applicants will be considered by the Student Administration of the Faculty based on the admission requirements.
- Applicants that meet the academic requirements, will then be further considered in collaboration with TuksSport for the different Sports Codes according to their sport achievements.



- Selection is based on Grade 11 results and Grade 12 sporting achievements. Please take note that places for the Higher Certificate in Sports Science are preferentially offered to applicants who are nominated by one of the official UP sports clubs.

### **Minimum requirements**

#### **Achievement level**

#### **English Home Language or English**

#### **First Additional Language**

#### **APS**

NSC/IEB

AS Level

4

D

**20**

\* Cambridge A level candidates who obtained at least a D in the required subjects, will be considered for admission. International Baccalaureate (IB) HL candidates who obtained at least a 4 in the required subjects, will be considered for admission.



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## Curriculum: Final year

**Minimum credits: 120**

### Fundamental modules

[Academic orientation 109](#) (UPO 109) - Credits: 0.00

### Core modules

[Life orientation 150](#) (JLO 150) - Credits: 12.00

[Literacies in education 150](#) (JLZ 150) - Credits: 6.00

[Literacies in education 151](#) (JLZ 151) - Credits: 6.00

[Human movement studies and sport management 114](#) (JMB 114) - Credits: 8.00

[Human movement studies and sport management 116](#) (JMB 116) - Credits: 8.00

[Human movement studies and sport management 125](#) (JMB 125) - Credits: 8.00

[Sports practical \(Basic\) 150](#) (JRC 150) - Credits: 32.00

[Foundations of recreation and sports management 111](#) (JRM 111) - Credits: 8.00

[Sport injuries 141](#) (JXE 141) - Credits: 10.00

[Fundamental nutrition 143](#) (JXE 143) - Credits: 8.00

[Exercise and training principles 151](#) (JXE 151) - Credits: 8.00

[Coaching professionalism 151](#) (JXP 151) - Credits: 8.00

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The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.