



University of Pretoria Yearbook 2019

Exercise physiology III 320 (SMC 320)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	20.00
Programmes	BSportSci
Prerequisites	SMC 221
Contact time	2 lectures per week, 1 tutorial per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

*Closed – requires departmental selection.

Allostasis, energy dynamics, fatigue, immune system considerations, muscle hypertrophy, DOMS, NSAIDs, environmental physiology.

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