



---

# University of Pretoria Yearbook 2018

---

## PGDip Family Medicine (10220008)

**Minimum duration of study** 1 year

**Total credits** 120

**Contact** Dr RPG Botha [gerhard.botha@up.ac.za](mailto:gerhard.botha@up.ac.za)

### Admission requirements

Prospective students must be in possession of a MBChB degree or equivalent qualification. South African candidates must be registered as a medical doctor with the Health Professions Council of South Africa and non-South Africans as a medical doctor with the Licensing authority in their country of origin and present acceptable documentary proof to this effect.

The doctor should be:

- Consulting ambulatory patients;
- Providing first contact medical care; and
- Working as a medical generalist.

### Other programme-specific information

Two academic years part-time study with a modularised curriculum by means of distance education. A blended approach which will involve campus-based teaching, web-based teaching and workplace-based learning will be followed.

### Examinations and pass requirements

- i. Assignments as prescribed by the head of department, must be submitted for each of the eight modules. If a student does not achieve at least 50%, one resubmission is permitted for each module.
- ii. Workplace-based learning and assessment.

Learning in the workplace will be driven by peer learning and documented by means of a portfolio of learning. The portfolio of learning would need to include:

- Evidence of self-directed learning by means of six (6) monthly learning plans and reflection. The assignments will form part of the portfolio;
- Evidence of learning by means of ten (10) observations per year; and
- Evidence of learning skills by use of a logbook.

- iii. Final assessment

An annual assessment of the learning documented in the portfolio by the Department of Family Medicine.

A minimum final mark of 50% is required as a pass mark for each module.



### **National exit examination**

There will be one national exit examination for the country offered by the College of Family Physicians. The portfolio should be part of the assessment and the portfolio will give the student access to the national exit examination. Successful candidates will receive a Higher Diploma from the College as well as a Postgraduate Diploma from the University.

### **Pass with distinction**

An average of at least 75% in the for the modules and the portfolio is required to obtain the diploma with distinction.



## Curriculum: Year 1

**Minimum credits: 120**

### Core modules

#### Family-oriented patient care 700 (FFM 700)

**Module content:**

Study of the family as the object of care; family systems theory; tools for family-oriented care; family life-cycle; ethics of treating families; family conference; the family and chronic illness; family violence and alcohol abuse in the family.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

#### Chronic diseases 700 (FMD 700)

**Module content:**

Study of diabetes mellitus, asthma, epilepsy, hypertension, cardiac failure, obesity and chronic pain.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

#### Psychiatry 700 (FMF 700)

**Module content:**

Psychiatry in family practice

Study of depression, anxiety; suicide; the difficult adolescent; substance use and abuse; schizophrenia; dementia and delirium.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

#### Infectious diseases 700 (FMI 700)

**Module content:**



Introduction; study of contagious disease important to the traveller; contagious diseases in the tropical regions; viral illnesses in children; fever of unknown origin; sexually transmitted diseases; haemorrhagic fever; infective diarrhoea; meningitis; leprosy; HIV/Aids; tuberculosis; rabies; school attendance and infectious diseases; community-acquired pneumonia (CAP); acute virus hepatitis; rational use of antibiotics and other exogenous infections.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### Practice management 700 (FMX 700)

#### Module content:

Study of human resource management; financial management; auditing of management and services management. The study of leadership and clinical governance for clinical primary care. The study of learning in primary care teams.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### Philosophy and principles of family medicine 700 (HAK 700)

#### Module content:

Study of the origins and emergence of Family Medicine. Study of the principles of Family Medicine. Study of the consultation. Study of patient-centred medicine, communication and the doctor-patient relationship. Study of medical ethics.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### Clinical primary care 700 (PCC 700)

#### Module content:

Study of primary care over the whole quadruple burden of disease (HIV/AIDS, TB, maternal and child care, non-communicable diseases, trauma and violence) and in terms of the morbidity profile of primary care in South Africa. This include acute (emergency) care, chronic care and in some cases care provided in the midwife obstetric unit. Up-skilling to ensure that primary care doctors are familiar with the latest national guidelines across the whole burden of disease, and refreshed of all the clinical skills required.



---

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### **Community-orientated primary care 700 (PCP 700)**

#### **Module content:**

Study of the concept of community-orientated primary care. Study of the five principles of community-orientated primary care; Local health and institutional analysis, comprehensive care, equity, practice with science and service integration around users. A practical guide to doing community-orientated primary care.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |



## Curriculum: Final year

**Minimum credits: 120**

### Core modules

#### Family-oriented patient care 700 (FFM 700)

**Module content:**

Study of the family as the object of care; family systems theory; tools for family-oriented care; family life-cycle; ethics of treating families; family conference; the family and chronic illness; family violence and alcohol abuse in the family.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

#### Chronic diseases 700 (FMD 700)

**Module content:**

Study of diabetes mellitus, asthma, epilepsy, hypertension, cardiac failure, obesity and chronic pain.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

#### Psychiatry 700 (FMF 700)

**Module content:**

Psychiatry in family practice

Study of depression, anxiety; suicide; the difficult adolescent; substance use and abuse; schizophrenia; dementia and delirium.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

#### Infectious diseases 700 (FMI 700)

**Module content:**



Introduction; study of contagious disease important to the traveller; contagious diseases in the tropical regions; viral illnesses in children; fever of unknown origin; sexually transmitted diseases; haemorrhagic fever; infective diarrhoea; meningitis; leprosy; HIV/Aids; tuberculosis; rabies; school attendance and infectious diseases; community-acquired pneumonia (CAP); acute virus hepatitis; rational use of antibiotics and other exogenous infections.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### Practice management 700 (FMX 700)

#### Module content:

Study of human resource management; financial management; auditing of management and services management. The study of leadership and clinical governance for clinical primary care. The study of learning in primary care teams.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### Philosophy and principles of family medicine 700 (HAK 700)

#### Module content:

Study of the origins and emergence of Family Medicine. Study of the principles of Family Medicine. Study of the consultation. Study of patient-centred medicine, communication and the doctor-patient relationship. Study of medical ethics.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### Clinical primary care 700 (PCC 700)

#### Module content:

Study of primary care over the whole quadruple burden of disease (HIV/AIDS, TB, maternal and child care, non-communicable diseases, trauma and violence) and in terms of the morbidity profile of primary care in South Africa. This include acute (emergency) care, chronic care and in some cases care provided in the midwife obstetric unit. Up-skilling to ensure that primary care doctors are familiar with the latest national guidelines across the whole burden of disease, and refreshed of all the clinical skills required.



---

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

### Community-orientated primary care 700 (PCP 700)

#### Module content:

Study of the concept of community-orientated primary care. Study of the five principles of community-orientated primary care; Local health and institutional analysis, comprehensive care, equity, practice with science and service integration around users. A practical guide to doing community-orientated primary care.

|                               |                                |
|-------------------------------|--------------------------------|
| <b>Module credits</b>         | 15.00                          |
| <b>Language of tuition</b>    | Module is presented in English |
| <b>Department</b>             | Family Medicine                |
| <b>Period of presentation</b> | Year                           |

---

The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of each student to familiarise himself or herself well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.