

Universiteit van Pretoria Jaarboek 2018

HCert Sport Science Education (09110001)

Minimum duur van studie 1 jaar

Totale krediete 122

Kontak Dr JP Joubert jaco.joubert@up.ac.za +27 (0)124206150

Toelatingsvereistes

- The following persons will be considered for admission: a candidate who is in possession of a certificate that is deemed by the University to be equivalent to the required Grade 12 certificate with university or diploma endorsement; a candidate who is a graduate from another tertiary institution or has been granted the status of a graduate of such an institution; and a candidate who is a graduate of another faculty at the University of Pretoria.
- Life Orientation is excluded in the calculation of the APS.
- For selection purposes the sum of the results in six subjects, including English, is calculated.
- Grade 11 final examination results will be used for the provisional admission of prospective students.
- Applicants who indicate Higher Certificate in Sports Science as first or second choice will be considered.
- All applicants will be considered by the Student Administration of the Faculty based on the admission requirements.
- Applicants that meet the academic requirements, will then be further considered in collaboration with TuksSport for the different Sports Codes according to their sport achievements.
- Selection is based on Grade 11 results and Grade 12 sporting achievements. Please take note that places for the Higher Certificate in Sports Science are preferentially offered to applicants who are nominated by one of the official UP sports clubs.

Minimum requirements

Achievement level

**English Home Language or English
First Additional Language**

APS

NSC/IEB AS Level

4 D **20**

Cambridge A level candidates who obtained at least a D in the required subjects, will be considered for admission. International Baccalaureate (IB) HL candidates who obtained at least a 4 in the required subjects, will be considered for admission.

Kurrikulum: Finale jaar

Minimum krediete: 120

Fundamentele modules

Akademiese oriëntasie 109 (UPO 109)

Modulekrediete	0.00
Voorvereistes	Geen voorvereiste.
Onderrigtaal	Afrikaans en Engels word in een klas gebruik
Departement	Opvoedkunde Dekanskantoor
Aanbiedingstydperk	Jaar

Kernmodules

Life orientation 150 (JLO 150)

Modulekrediete	12.00
Voorvereistes	Admission to the relevant programme.
Kontaktyd	2 lesings per week
Onderrigtaal	Module word in Engels aangebied
Departement	Vroeë Kinderonderwys
Aanbiedingstydperk	Semester 1

Module-inhoud

The main focus of this module is on personal development and therefore the question: "Who am I?" is posed. The content is designed to focus on the student as individual and on the various factors that influence individual development. Students are guided to develop relevant knowledge, intrapersonal skills and attitudes to display resilient behaviour.

Literacies in education 150 (JLZ 150)

Modulekrediete	6.00
Voorvereistes	Admission to the relevant programme.
Kontaktyd	2 lesings per week
Onderrigtaal	Module word in Engels aangebied
Departement	Geesteswetenskaplike Opvoedkunde
Aanbiedingstydperk	Semester 2



Module-inhoud

The module focuses on producing academic texts. Students learn how to use different modes of writing, including description, discussion, cause and effect, explanation and argumentation. They learn how to plan, write and edit an academic essay using a process approach. Specific attention is paid to engaging with other authors, and referencing appropriately. The module also pays attention to formatting academic work and representing verbal information visually.

Literacies in education 151 (JLZ 151)

Modulekrediete 6.00

Voorvereistes Afrikaans Home Language 50% or English Home Language 50% OR English 1st Add Language 60% Admission to the relevant programme.

Kontaktyd 2 lesings per week

Onderrigtaal Module word in Engels aangebied

Departement Geesteswetenskaplike Opvoedkunde

Aanbiedingstydperk Semester 2

Module-inhoud

The module focuses on producing academic texts. Students learn how to use different modes of writing, including description, discussion, cause and effect, explanation and argumentation. They learn how to plan, write and edit an academic essay, using a process approach. Specific attention is paid to engaging with other authors, and referencing appropriately. The module also pays attention to formatting academic work and representing verbal information visually. Additional support is provided through practical tasks and discussions.

Menslike bewegingstudies en sportbestuur 114 (JMB 114)

Modulekrediete 8.00

Voorvereistes Geen voorvereistes.

Kontaktyd 2 lesings per week

Onderrigtaal Afrikaans en Engels word in een klas gebruik

Departement Geesteswetenskaplike Opvoedkunde

Aanbiedingstydperk Semester 1

Module-inhoud

Die doel van fisieke aktiwiteite asook teorieë en filosofieë van beweging word bestudeer. Daar word ook gefokus op afrigting van die jong atleet en verbandhoudende uitdagings wat aan die onderwyser as afrigter gestel word. Die belangrikheid van beplanning as eerste fase van sportbestuur word beklemtoon.

Human movement studies and sport management 116 (JMB 116)

Modulekrediete 8.00

Voorvereistes No prerequisites.

Kontaktyd Sportkode afhanklik



Onderrigtaal	Module word in Engels aangebied
Departement	Geesteswetenskaplike Opvoedkunde
Aanbiedingstydperk	Semester 1

Module-inhoud

In this module the student is required to master and apply own sport code techniques. Attention is also paid to motor skill development and games in the school context.

Menslike bewegingstudies en sportbestuur 125 (JMB 125)

Modulekrediete	8.00
Voorvereistes	Geen voorvereistes.
Kontaktyd	2 lesings per week
Onderrigtaal	Afrikaans en Engels word in een klas gebruik
Departement	Geesteswetenskaplike Opvoedkunde
Aanbiedingstydperk	Semester 2

Module-inhoud

In die module maak die student kennis met die bou en werking van stelsels in die menslike liggaam. Klem word gelê op die skeletstelsel asook die spierstelsel. Studente verwerf ook kennis en vaardigheid in aspekte van bestuur, veral organisasie in sport.

Sports practical (Basic) 150 (JRC 150)

Modulekrediete	32.00
Kontaktyd	5 praktiese sessies per week
Onderrigtaal	Module word in Engels aangebied
Departement	Geesteswetenskaplike Opvoedkunde
Aanbiedingstydperk	Jaar

Module-inhoud

*Closed – requires departmental selection

Sport-specific skills, team situation; rules and regulations, refereeing; game analysis; coaching.

Foundations of recreation and sports management 111 (JRM 111)

Modulekrediete	8.00
Voorvereistes	No prerequisites.
Kontaktyd	3 lesings per week, Hibriede aanlyn bystand
Onderrigtaal	Module word in Engels aangebied
Departement	Geesteswetenskaplike Opvoedkunde
Aanbiedingstydperk	Semester 1



Module-inhoud

This module is a broad introduction to sport and recreation as products in the market. Students discover the nature of sport and recreation, the difference between the concepts and policies, plans, strategies and structures of sport and recreation in South Africa and Zone VI in Africa. The dynamic scope and nature of recreation and sports management are introduced and discussed. Emphasis is placed on basic management tasks and functions in sport and recreation contexts, interpersonal skills, leadership and control systems and techniques in sport and recreation. The module establishes a foundation of management knowledge and skills on which subsequent sport and recreation management modules are built.

Sport injuries 141 (JXE 141)

Modulekrediete 10.00

Voorvereistes No prerequisites.

Onderrigtaal Module word in Engels aangebied

Departement Geesteswetenskaplike Opvoedkunde

Aanbiedingstydperk Jaar

Module-inhoud

Bio-mechanic factors, causes of injuries, soft-tissue injuries, podiatry, first aid, massage, strapping and CPR. Supervised practice of 20 hours.

Fundamental nutrition 143 (JXE 143)

Modulekrediete 8.00

Voorvereistes No prerequisites.

Kontaktyd Hibriede aanlyn bystand, 3 lesings per week

Onderrigtaal Module word in Engels aangebied

Departement Geesteswetenskaplike Opvoedkunde

Aanbiedingstydperk Kwartaal 2

Module-inhoud

Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

Die inligting wat hier verskyn, is onderhewig aan verandering en kan na die publikasie van hierdie inligting gewysig word.. Die [Algemene Regulasies \(G Regulasies\)](#) is op alle fakulteite van die Universiteit van Pretoria van toepassing. Dit word vereis dat elke student volkome vertrou met hierdie regulasies sowel as met die inligting vervat in die [Algemene Reëls](#) sal wees. Onkunde betreffende hierdie regulasies en reëls sal nie as 'n verskoning by oortreding daarvan aangebied kan word nie.