

# University of Pretoria Yearbook 2018

## MA Counselling, Exercise and Sports Psychology (Coursework) (01250214)

**Minimum duration of study** 2 years

**Total credits** 180

### Programme information

The programme is based on the researcher-practitioner training model and must be completed in one year.

#### • Researcher training

Researcher training entails 50% of the Counselling, Exercise and Sports Psychology programme. During the one-year period a research process is facilitated by supervisors whereby the research competencies of (i) reflective practice, (ii) contextual practice, (iii) writing a research proposal, (iv) conducting a research project and (v) reporting the research findings in an independent research project of limited scope/mini-dissertation are developed and assessed.

#### • Practitioner training

Practitioner training entails 50% of the Counselling, Exercise and Sports Psychology programme. During the one-year period a training process is facilitated by facilitators whereby the practice competencies of (i) reflective practice, (ii) contextual practice, (iii) psychological assessments, (iv) psychological conceptualisation, (v) psychological interventions and (vi) professional communication are developed and assessed.

The training is focussed on developing an integrative approach to the practice competencies as set out above, within the Department of Psychology (on-site) and at organisations as determined by the Department of Psychology (off-site).

After successfully completing the programme, students can apply for registration as an intern counselling psychologist with the Professional Board for Psychology at the Health Professions Council of South Africa (HPCSA) to do a one-year full-time internship in Counselling Psychology.

Students can opt for internship programmes that are accredited with the Professional Board of Psychology at the HPCSA, or follow a tailor-made internship approved by the Professional Board of Psychology at the HPCSA. In consultation with students, the Department of Psychology takes the final decision as to the internship placements of students.

### Examinations and pass requirements

Students need to pass all the research competencies (CES 895), as well as all the practice competencies (CES 801-CES 806), to successfully complete the programme.



## Curriculum: Year 1

### Core modules

Reflective practice 801 (CES 801) - Credits: 5.00

Professional practice 802 (CES 802) - Credits: 10.00

Psychological assessments 803 (CES 803) - Credits: 15.00

Psychological conceptualization 804 (CES 804) - Credits: 15.00

Psychological interventions 805 (CES 805) - Credits: 40.00

Professional communication 806 (CES 806) - Credits: 5.00

## Curriculum: Final year

### Core modules

Mini-dissertation: Counselling, exercise and sports psychology 895 (CES 895) - Credits: 90.00

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