



University of Pretoria Yearbook 2018

Sports practical 100 (PRC 100)

Qualification Undergraduate

Faculty [Faculty of Health Sciences](#)

Module content *Closed – requires departmental selection.
This module will serve as the foundation for swimming, netball, athletics and gymnasium movement skill acquisition. The module serves as exposure to and experience in the movement skills practiced in swimming, netball, athletics and gymnasium. This will aid the Sport Scientist and Biokineticist to better understand and condition clients and patients practicing these sports. Sports-specific skills, team situation; rules and regulations, refereeing; game analysis; coaching.

Module credits 12.00

Programmes [BSportSci](#)

Contact time 2 practicals per week

Language of tuition Module is presented in English

Department Biokinetics and Sports Science

Period of presentation Year

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