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# University of Pretoria Yearbook 2017

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## Foundations of sports coaching sciences 110 (YCS 110)

**Qualification** Undergraduate

**Faculty** [Faculty of Humanities](#)

**Module credits** 12.00

**Programmes** [BA Extended programme](#)

[BA Humanities](#)

[BA Languages](#)

[BA Sport and Leisure Studies Sport and Leisure in Society](#)

[BA Sport and Leisure Studies Sport and Recreation Management](#)

[BA Sport and Leisure Studies Sports Coaching Science](#)

[BA Sport and Leisure Studies Sports Psychology](#)

**Service modules** Faculty of Health Sciences

**Contact time** 3 lectures per week

**Language of tuition** Afrikaans and English is used in one class

**Academic organisation** Sport and Leisure Studies

**Period of presentation** Semester 1

### Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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