



University of Pretoria Yearbook 2016

Foundations of leisure and recreation 110 (YSL 110)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
Programmes	BA Extended Programme BA Humanities BA Languages Languages BA Law BA Option: Sport and Leisure in Society BA Option: Sport and Recreation Management BA Option: Sports Coaching Science BA Option: Sports Psychology
Contact time	3 lectures per week
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

This module provides a strong underpinning to the theoretical concepts of recreation and leisure in societies. Foundations of recreation and leisure, the multifaceted delivery systems and diverse service areas of recreation are identified, characterised and discussed in contemporary contexts. The power, promise, potential and possibilities of recreation and leisure in society are explained and illustrated practically. In this module students obtain an accredited community recreation leadership certificate to provide a foundation for subsequent community engagement and academic service learning components.

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