



University of Pretoria Yearbook 2016

Fundamentals of human movement 210 (YCS 210)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	16.00
Programmes	BA Option: Sport and Recreation Management BA Option: Sports Coaching Science BA Option: Sports Psychology
Prerequisites	YCS 120
Contact time	3 lectures per week
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

In this module basic human anatomy, physiology and kinesiology knowledge and principles related to sports coaching are identified, discussed and applied.

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