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# University of Pretoria Yearbook 2016

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## Sports injuries (upper and lower quarter) 310 (EXE 310)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Health Sciences</a>
<b>Module credits</b>	15.00
<b>Programmes</b>	<a href="#">BSportSci</a> <a href="#">BSportSci</a>
<b>Prerequisites</b>	EXE 210
<b>Contact time</b>	3 lectures per week
<b>Language of tuition</b>	English
<b>Academic organisation</b>	Biokinetics and Sports Science
<b>Period of presentation</b>	Semester 1

### Module content

\*Closed - requires departmental selection This module focuses primarily on preparing the student for specialisation in biokinetics at postgraduate level. The focus is primarily on the anatomical position, symptoms and identification of the most important soft tissue injuries in sport and the use of exercise as a rehabilitation modality in the final phase of rehabilitation.

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