



University of Pretoria Yearbook 2022

Socio-emotional health and wellbeing 730 (KGG 730)

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| Qualification | Postgraduate |
| Faculty | Faculty of Education |
| Module credits | 16.00 |
| NQF Level | 08 |
| Programmes | BEdHons Educational Psychology |
| Prerequisites | No prerequisites. |
| Contact time | 1 lecture per week |
| Language of tuition | Module is presented in English |
| Department | Educational Psychology |
| Period of presentation | Semester 1 or Semester 2 |

Module content

The Socio-emotional health and wellbeing module is aimed at educating students in the proactive promotion of wellbeing through socio-emotional learning and socio-emotional competence. It lays the theoretical foundation for informing stakeholders how students, teachers, parents and significant caregivers can help, guide and support (young) people in order to understand how they act in the family system and society context. The module explores systemic support strategies in contexts of high need. The module furthermore aims to assist students in developing the socio-emotional skills of people (especially younger people).

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