



University of Pretoria Yearbook 2021

BDietetics (10139003)

Department Human Nutrition

Minimum duration of study 4 years

Total credits 548

NQF level 08

Programme information

The programme extends over four academic years during which period a student receives practical training as a student dietician at an institution or institutions approved for this purpose by the University.

After admission to the first year of study, each student in Dietetics must register as a student in Dietetics with the Health Professions Council of South Africa.

Students are required to complete at least four weeks applicable elective training (Code DTT 380) under the supervision of a dietician at an institution approved for this purpose by the University, after the first semester of the third year of study and prior to the commencement of the fourth year of study.

Note: Students who enrolled for the BDietetics degree programme prior to 2105 will complete the degree under the old curriculum. However, students who will have third-year status in 2020 will be transferred to the new curriculum.

Admission requirements

- The following persons will be considered for admission: a candidate who is in possession of a certificate that is deemed by the University to be equivalent to the required National Senior Certificate (NSC) with university endorsement; a candidate who is a graduate from another tertiary institution or has been granted the status of a graduate of such an institution; a candidate who is a graduate of another Faculty at the University of Pretoria; and a candidate who is currently studying at a university.
- Admission to Health Sciences programmes is subject to a selection process.
- Grade 11 final examination results will be used for the conditional selection of prospective students.
- For selection purposes, the sum of the results in six subjects, including English, Mathematics and Physical Sciences, is calculated.
- Life Orientation is excluded in the calculation of the Admission Point Score (APS).
- **Candidates should note that their conditional admission will be revoked if their APS drops by more than two points in their final school examination results.**
- PLEASE NOTE that compliance with the minimum admission requirements does not guarantee admission to any programme in this Faculty.
- Selection queries may be directed to [click here](#)
- A student who is made an offer but does not accept it cannot defer the offer and must reapply to be considered in the following year.



Transferring students (university experience)

- The applications of students who are studying towards a tertiary qualification or have obtained a tertiary qualification must meet the following requirements regarding school subjects and performance levels: They must be in possession of an NSC for degree studies/full exemption certificate and must have attained a performance level of 5 (or 50% HG if completed prior to 2009) for Mathematics and Physical Sciences (or Life Sciences, if required).
- If the subjects were not passed in Grade 12, the equivalent subjects (Physics, Chemistry and Mathematics) must be completed at the tertiary level. University students do not have to submit any non-academic performance record or CV. In their case selection is based on the results attained in the qualification(s) previously completed, ie they will be considered on the basis of their results achieved in higher education.
- The completion of only a three-year diploma or certificate is not considered as university experience, but will be considered in the school-leaver category and admission will be based on the applicant's Grade 12 results.

Qualifications from countries other than South Africa

- A limited number of places are made available to citizens from countries other than South Africa, with those from SADC countries being given preference. Permanent residents of RSA are not categorised as foreign students. Applications from citizens from countries other than South Africa may also be considered if they are:
 - citizens or permanent residents of countries which have relevant government to government agreements with South Africa
 - asylum seekers or refugees

University of Pretoria website [click here](#)

Minimum requirements

Achievement level

English Home

Language or

English First

Additional

Language

		Mathematics		Physical Sciences		APS
NSC/IEB	AS Level	NSC/IEB	AS Level	NSC/IEB	AS Level	
4	D	5	C	5	C	28

* Cambridge A level candidates who obtained at least a D in the required subjects, will be considered for admission. Students in the Cambridge system must offer both Physics AND Chemistry with performance at the level specified for NSC Physical Sciences in the table above.

* International Baccalaureate (IB) HL candidates who obtained at least a 4 in the required subjects, will be considered for admission. Students in the IB system must offer both Physics AND Chemistry with performance at the level specified for NSC Physical Sciences in the table above.

Additional requirements

Also consult General Regulations.

Other programme-specific information

Exemption from the examination in (FAR) Pharmacology 381, 382

Exemption from the examination can be granted if a student who obtained a module mark of at least 60%, exercises the option to accept it as the final mark.



Examinations and pass requirements

- i. Each paper (Paper 1 and 2) of the written examination for Medical nutrition therapy 323, 411 and 480 (MNX 323, 411, 480) as well as the practical examination for MNX 411 must be passed individually with a subminimum of 40%.
 - ii. Each paper written for the second examination opportunity in Medical nutrition therapy 323, 411 and 480 (MNX 323, 411, 480) as well as the practical examination for MNX 411 (second examination opportunity) must be passed individually with a subminimum of 50%.
- In accordance with the stipulations of the General Regulations, no minimum year or semester mark is needed for admission to the examination, and all registered students are admitted to the examination automatically.
 - The final mark for a specific module in Nursing Science, Physiotherapy, Radiography, Occupational Therapy and Human Nutrition (at least 50% is required to pass) is calculated from the examination mark as well as the mark compiled from the evaluation of a student during continuous, objective and controlled assessment opportunities during the course of the quarter/semester/year. At least one formal assessment per module is set as the minimum norm, and students will be exposed on a continuous and regular basis to self-directed assignments in order to promote reflective learning.
 - In the case of modules with practical components, students are required to also comply with the applicable attendance requirements with regard to acquiring practical skills before a pass mark can be obtained for the module.
 - There are two main examination opportunities per annum, the first and second examination. In respect of first-semester modules, the first examination opportunity is in May/June and the second examination opportunity in July. In respect of second-semester modules, the first examination opportunity is in October/ November and the second examination opportunity in November/December of the same year. Where students need to work additional clinical hours to be allowed to do a second examination, the relevant head of department will determine the second examination opportunity.
 - Only two examination opportunities per module are allowed. If a student fails a module at the second examination opportunity, the module must be repeated.
 - A second examination opportunity in a module is granted to students in the following cases:
 - If a student obtains a final mark of less than 50% in the relevant module at the first examination opportunity and thus fails.
 - If a student does not obtain the subminimum in the examination, as required for a specific module.
 - If a student does not sit the examination in a module at the first examination opportunity due to illness or extraordinary circumstances.
 - Students intending to sit the second examination due to the reasons mentioned above, must register for the second examination opportunity 24 hours after the results have been made public.
 - If a student fails a module at the first examination opportunity, the examination mark obtained in the relevant module at the second examination opportunity will be calculated as the final mark. The marks obtained with continuous evaluation during the course of the quarter/semester/year will not be taken into calculation. If the student passes the module at the second examination opportunity, a maximum of 50% is awarded as a pass mark to the module in question.
 - If a student could not sit the examination in a module at the first examination opportunity due to illness or extraordinary circumstances, the continuous evaluation mark, together with the examination mark obtained in



the module in question at the second examination opportunity, will be calculated as the final mark obtained in the module.

- The School of Healthcare Sciences applies the General Regulations, according to which a student requiring a limited number of modules to complete his or her degree, may in terms of faculty regulations, be admitted to a special examination in the modules in question.

Promotion to next study year

- A student must pass in all the prescribed core modules of a specific year of study to be promoted to a subsequent year of study. A student can only be promoted to a subsequent year of study if the student has not failed more than two fundamental modules of seven weeks each per semester or one module of 14 weeks per semester. A non-negotiable prerequisite for admission to the final year of study is pass marks in all the core and fundamental modules of the preceding years of study. Refer to the programmes for fundamental modules in each discipline.
- A pass mark refers to a final mark of at least 50%.
- Modules with practical and clinical training credits cannot be passed unless all the prescribed clinical hours and practical activities have been completed to the satisfaction of the relevant head of department.
- The Chairperson of the examination moderating meeting may, after assessing the student's total profile, grant special approval to be promoted to the next year of study.
- The exception is the Department of Human Nutrition, where the regulations as applicable in the Faculty of Natural and Agricultural Sciences regarding the modules presented by that Faculty, are relevant.
- Modules can only be taken in advance or repeated if it can be accommodated in the existing examination timetable.
- A student who must repeat a year of study may, with the approval of the Chairperson of the examination moderating meeting and the relevant head of department, be allowed to take fundamental modules of the subsequent year, if he/she complies with all the prerequisites for the relevant modules. No adjustment to existing timetables will be allowed.

The following fundamental modules are relevant:

- Department of Nursing Science: SLK 110, 120; FSG 251,252
- Department of Physiotherapy: SOH 254; FSG 251, 252, 261, 262; SLK 210, ANP 210; GMB 252, 253, 254; FAR 381, 382
- Department of Occupational Therapy: ZUL 110; SEP 110; SLK 210, 220; FSG 251, 252, 261, 262; ANP 210; RPD 481, GNK 286
- Department of Human Nutrition: BCM 251, 252, 261, 262; FAR 381, 382, VDS 322; VDB 321
- Department of Radiography: FSG 251, 252, 262; GNK 286; ANP 210.

Practical/clinical/internship information

Internship training (second semester of the final year of study)

The four compulsory semester modules (CNT 480, DTT 480, MNX 480 and FSS 480) jointly form the internship training and must be taken simultaneously.

Pass with distinction

The degree is conferred with distinction on a student who has obtained at least 75% in the following modules: CNT 411, 480 jointly, as well as MNX 411, 480 jointly, and FSS 480.



Curriculum: Year 1

Minimum credits: 100

Fundamental modules

Academic information management 111 (AIM 111)

Module credits 4.00

NQF Level 05

Service modules Faculty of Engineering, Built Environment and Information Technology
Faculty of Education
Faculty of Economic and Management Sciences
Faculty of Humanities
Faculty of Law
Faculty of Health Sciences
Faculty of Natural and Agricultural Sciences
Faculty of Theology and Religion

Prerequisites No prerequisites.

Contact time 2 lectures per week

Language of tuition Module is presented in English

Department Information Science

Period of presentation Semester 1

Module content

Find, evaluate, process, manage and present information resources for academic purposes using appropriate technology.

Academic information management 121 (AIM 121)

Module credits 4.00

NQF Level 05

Service modules Faculty of Engineering, Built Environment and Information Technology
Faculty of Education
Faculty of Economic and Management Sciences
Faculty of Humanities
Faculty of Law
Faculty of Health Sciences
Faculty of Natural and Agricultural Sciences
Faculty of Theology and Religion
Faculty of Veterinary Science

Prerequisites No prerequisites.

Contact time 2 lectures per week

Language of tuition Module is presented in English

Department Informatics



Period of presentation Semester 2

Module content

Apply effective search strategies in different technological environments. Demonstrate the ethical and fair use of information resources. Integrate 21st-century communications into the management of academic information.

General chemistry 117 (CMY 117)

Module credits 16.00

NQF Level 05

Service modules Faculty of Engineering, Built Environment and Information Technology
Faculty of Education
Faculty of Health Sciences
Faculty of Veterinary Science

Prerequisites A candidate must have Mathematics for at least 60% and 60% for Physical Sciences.

Contact time 1 practical per week, 4 lectures per week

Language of tuition Module is presented in English

Department Chemistry

Period of presentation Semester 1

Module content

General introduction to inorganic, analytical and physical chemistry. Atomic structure and periodicity. Molecular structure and chemical bonding using the VSEOR model. Nomenclature of inorganic ions and compounds. Classification of reactions: precipitation, acid-base, redox reactions and gas-forming reactions. Mole concept and stoichiometric calculations concerning chemical formulas and chemical reactions. Principles of reactivity: energy and chemical reactions. Physical behaviour gases, liquids, solids and solutions and the role of intermolecular forces. Rate of reactions: Introduction to chemical kinetics.

General chemistry 127 (CMY 127)

Module credits 16.00

NQF Level 05

Service modules Faculty of Engineering, Built Environment and Information Technology
Faculty of Education
Faculty of Health Sciences
Faculty of Veterinary Science

Prerequisites Natural and Agricultural Sciences students: CMY 117 GS or CMY 154 GS
Health Sciences students: none

Contact time 1 practical per week, 4 lectures per week

Language of tuition Module is presented in English

Department Chemistry

Period of presentation Semester 2



Module content

Theory: General physical-analytical chemistry: Chemical equilibrium, acids and bases, buffers, solubility equilibrium, entropy and free energy, electrochemistry. Organic chemistry: Structure (bonding), nomenclature, isomerism, introductory stereochemistry, introduction to chemical reactions and chemical properties of organic compounds and biological compounds, i.e. carbohydrates and aminoacids. Practical: Molecular structure (model building), synthesis and properties of simple organic compounds.

Academic English for Health Sciences (BNurs, BDietetics, BOH, BOccTher, BRad and BPhysio) 121 (ELH 121)

Module credits 6.00

NQF Level 05

Service modules Faculty of Health Sciences

Prerequisites No prerequisites.

Contact time 1 discussion class per week, 2 lectures per week

Language of tuition Module is presented in English

Department Unit for Academic Literacy

Period of presentation Semester 1

Module content

Academic reading as well as academic writing and presentation skills, based on the approach followed in the healthcare sciences. **Presented to students in Health Sciences only.*

Academic English for Health Sciences 122 (ELH 122)

Module credits 6.00

NQF Level 05

Service modules Faculty of Health Sciences

Prerequisites No prerequisites.

Contact time 1 discussion class per week, 2 lectures per week

Language of tuition Module is presented in English

Department Unit for Academic Literacy

Period of presentation Semester 2

Module content

Study of specific language skills required in the Health Care Sciences, including interviewing and report-writing skills. **Presented to students in Health Sciences only.* (BCur, BDietetics, BOH, BOT, Brad, BPhysT)*

Molecular and cell biology 111 (MLB 111)

Module credits 16.00

NQF Level 05



Service modules Faculty of Engineering, Built Environment and Information Technology
Faculty of Education
Faculty of Health Sciences
Faculty of Veterinary Science

Prerequisites A candidate who has passed Mathematics with at least 60% in the Grade 12 examination

Contact time 1 practical/tutorial per week, 4 lectures per week

Language of tuition Module is presented in English

Department Biochemistry, Genetics and Microbiology

Period of presentation Semester 1

Module content

Introduction to the molecular structure and function of the cell. Basic chemistry of the cell. Structure and composition of prokaryotic and eukaryotic cells. Ultrastructure and function of cellular organelles, membranes and the cytoskeleton. General principles of energy, enzymes and cell metabolism. Selected processes, e.g. glycolysis, respiration and/or photosynthesis. Introduction to molecular genetics: DNA structure and replication, transcription, translation. Cell growth and cell division.

Academic orientation 110 (UPO 110)

Module credits 0.00

NQF Level 00

Language of tuition Module is presented in English

Department Health Sciences Deans Office

Period of presentation Year

Core modules

Dietetic profession 110 (DTT 110)

Module credits 6.00

NQF Level 05

Prerequisites No prerequisites.

Contact time 1 discussion class per week, 1 lecture per week

Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 1

Module content

Philosophy, development and challenges of the dietetic profession in a South African context.

Cultural eating patterns 122 (DTT 122)



Module credits	6.00
NQF Level	05
Prerequisites	No prerequisites.
Contact time	1 discussion class per week, 1 lecture per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

Cultural eating patterns of various ethnic and religious groups in South Africa.

Physiology 161 (FSG 161)

Module credits	6.00
NQF Level	05
Prerequisites	No prerequisites.
Contact time	1 practical per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Physiology
Period of presentation	Quarter 3

Module content

Introduction to physiological principles; neurophysiology, and muscle physiology.

Physiology 162 (FSG 162)

Module credits	6.00
NQF Level	05
Prerequisites	No prerequisites.
Contact time	1 practical per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Physiology
Period of presentation	Quarter 4

Module content

Body fluids; haematology; cardiovascular physiology, lymphatic system, and body defence mechanisms.

Integrated healthcare leadership 120 (IHL 120)

Module credits	8.00
NQF Level	05



Service modules	Faculty of Humanities
Contact time	2 lectures per week
Language of tuition	Module is presented in English
Department	Nursing Science
Period of presentation	Semester 2

Module content

Leadership and multidisciplinary team work. Healthcare systems and legislation. Determinants of health. Introduction to healthcare models (e.g. community-based care, family-centred care, etc.). Professionalism, Ethical principles. Management of diversity. NB: Only for School of Healthcare Sciences and Department of Speech-Language Pathology and Audiology students.



Curriculum: Year 2

Minimum credits: 132

Fundamental modules

Introduction to proteins and enzymes 251 (BCM 251)

Module credits	12.00
NQF Level	06
Service modules	Faculty of Health Sciences
Prerequisites	CMY 117 GS and CMY 127 GS and MLB 111 GS
Contact time	1 tutorial per week, 2 lectures per week
Language of tuition	Module is presented in English
Department	Biochemistry, Genetics and Microbiology
Period of presentation	Semester 1

Module content

Structural and ionic properties of amino acids. Peptides, the peptide bond, primary, secondary, tertiary and quaternary structure of proteins. Interactions that stabilise protein structure, denaturation and renaturation of proteins. Introduction to methods for the purification of proteins, amino acid composition, and sequence determinations. Enzyme kinetics and enzyme inhibition. Allosteric enzymes, regulation of enzyme activity, active centres and mechanisms of enzyme catalysis. Examples of industrial applications of enzymes and in clinical pathology as biomarkers of diseases. Online activities include introduction to practical laboratory techniques and Good Laboratory Practice; techniques for the quantitative and qualitative analysis of biological molecules; enzyme activity measurements; processing and presentation of scientific data.

Carbohydrate metabolism 252 (BCM 252)

Module credits	12.00
NQF Level	06
Service modules	Faculty of Education Faculty of Health Sciences
Prerequisites	BCM 251 GS and BCM 257 GS.
Contact time	1 tutorial per week, 2 lectures per week
Language of tuition	Module is presented in English
Department	Biochemistry, Genetics and Microbiology
Period of presentation	Semester 2



Module content

Carbohydrate structure and function. Blood glucose measurement in the diagnosis and treatment of diabetes. Bioenergetics and biochemical reaction types. Glycolysis, gluconeogenesis, glycogen metabolism, pentose phosphate pathway, citric acid cycle and electron transport. Total ATP yield from the complete oxidation of glucose. A comparison of cellular respiration and photosynthesis. Online activities include techniques for the study and analysis of metabolic pathways and enzymes; PO ratio of mitochondria, electrophoresis, extraction, solubility and gel permeation techniques; scientific method and design.

Introductory biochemistry 257 (BCM 257)

Module credits	12.00
NQF Level	06
Prerequisites	CMY 117 GS and CMY 127 GS and MLB 111 GS
Contact time	1 tutorial per week, 2 lectures per week
Language of tuition	Module is presented in English
Department	Biochemistry, Genetics and Microbiology
Period of presentation	Semester 1

Module content

Chemical foundations. Weak interactions in aqueous systems. Ionisation of water, weak acids and weak bases. Buffering against pH changes in biological systems. Water as a reactant and function of water. Carbohydrate structure and function. Biochemistry of lipids and membrane structure. Nucleotides and nucleic acids. Other functions of nucleotides: energy carriers, components of enzyme cofactors and chemical messengers. Introduction to metabolism. Bioenergetics and biochemical reaction types. Online activities include introduction to laboratory safety and Good Laboratory Practice; basic biochemical calculations; experimental method design and scientific controls, processing and presentation of scientific data.

Physiology 251 (FSG 251)

Module credits	6.00
NQF Level	06
Prerequisites	RAN 100, RFI 110, FSG 161, FSG 162, MTL 180, RAW 180, RAW 182
Contact time	1 practical per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Physiology
Period of presentation	Quarter 1

Module content

Structure, gas exchange and secretory functions of the lungs; structure, excretory and non-urinary functions of the kidneys, acid-base balance, and skin and body temperature control. Practical work to complement the theory.



Physiology 252 (FSG 252)

Module credits	6.00
NQF Level	06
Prerequisites	RAN 100,RFI 110,FSG 161,FSG 162,RAW 180,RAW 182,MTL 180,
Contact time	1 practical per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Physiology
Period of presentation	Quarter 2

Module content

Nutrition, digestion and metabolism, hormonal control of body functions, and the reproductive systems. Practical work to complement the theory.

Core modules

Nutrition education 223 (DTT 223)

Module credits	12.00
NQF Level	06
Prerequisites	No prerequisites.
Contact time	1 discussion class per week, 1 lecture per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

A total diet approach to communicating food and nutrition messages using theoretical frameworks, including planning and evaluation of content as well as presentation skills.

Human nutrition 210 (HNT 210)

Module credits	20.00
NQF Level	06
Service modules	Faculty of Natural and Agricultural Sciences
Prerequisites	2nd-year status
Contact time	1 discussion class per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1



Module content

Application of scientific principles in human nutrition.
Standards, guidelines and food composition tables.

Human nutrition 220 (HNT 220)

Module credits	20.00
NQF Level	06
Service modules	Faculty of Natural and Agricultural Sciences
Prerequisites	FLG 211 GS FLG 212 GS BCM 253 BCM 254 BCM 255 BCM 256 VDG 250 HNT 210
Contact time	1 discussion class per week, 3 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

Human nutrition in the life cycle: Nutritional screening, nutritional needs, nutrition problems and prevention thereof, growth monitoring and meal/menu planning.

Integrated healthcare leadership 210 (IHL 210)

Module credits	8.00
NQF Level	06
Service modules	Faculty of Humanities
Prerequisites	IHL 112/2/3, IHL 120 (For Audiology and Speech-Language Pathology students only IHL 120 is applicable)
Contact time	2 lectures per week
Language of tuition	Module is presented in English
Department	Nursing Science
Period of presentation	Semester 1

Module content

Principles of project management. Communication principles. Leadership. Health promotion and education, advocacy and literacy. Counselling for health behaviour change. NB: Only for School of Healthcare Sciences and Speech- Language Pathology and Audiology students.

Basic food preparation and food preparation techniques 231 (VDS 231)

Module credits	12.00
NQF Level	06
Prerequisites	No prerequisites.
Contact time	1 discussion class per week, 1 lecture per week, 1 practical per week



Language of tuition Module is presented in English

Department Consumer and Food Sciences

Period of presentation Semester 1

Module content

Basic food preparation and food preparation techniques.

Food commodities and preparation 232 (VDS 232)

Module credits 12.00

NQF Level 06

Prerequisites No prerequisites.

Contact time 1 discussion class per week, 1 lecture per week, 1 practical per week

Language of tuition Module is presented in English

Department Consumer and Food Sciences

Period of presentation Semester 2

Module content

Food commodities and preparation.



Curriculum: Year 3

Minimum credits: 195

Fundamental modules

Pharmacology 381 (FAR 381)

Module credits	18.00
NQF Level	07
Service modules	Faculty of Natural and Agricultural Sciences
Prerequisites	FLG 211, FLG 212, FLG 221, FLG 222 GS
Contact time	1 lecture per week, 2 lectures per week
Language of tuition	Module is presented in English
Department	Pharmacology
Period of presentation	Semester 1

Module content

The undergraduate pharmacology module introduces students to general pharmacological principles, routes of administration, pharmacokinetics and pharmacodynamics. Furthermore, disease treatment with relation to disorders of the cardiovascular, inflammatory and autonomic nervous system is discussed, as well as anaesthesia, asthma, diabetes, diuresis, obesity and pain.

Core modules

Community nutrition 321 (CNT 321)

Module credits	10.00
NQF Level	07
Service modules	Faculty of Natural and Agricultural Sciences
Prerequisites	3rd-year status
Contact time	2 lectures per week, Community Engagement
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

Community nutrition practice within the larger public health realm. Nutrition within primary healthcare. Nutrition and community development as well as project planning and management.

Dietetic counselling 310 (DTT 310)

Module credits	20.00
NQF Level	07



Prerequisites	3rd-year status
Contact time	1 discussion class per week, 2 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Module content

Theory of counselling. Interviewing: Interview; the consultation process; verbal, written and non-verbal communication to clients, patients, employees as individuals or groups in different stages of the life cycle in health and disease in homogenic and trans/multi-cultural situations by means of applicable theoretical frameworks.

Clinic and discussion class 320 (DTT 320)

Module credits	5.00
NQF Level	07
Prerequisites	DTT 310
Contact time	1 discussion class per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

Practice training: Management of a dietetics clinic. Practising the consultation process and practice management in a dietetics clinic.

Integrated healthcare leadership 310 (IHL 310)

Module credits	8.00
NQF Level	07
Service modules	Faculty of Humanities
Prerequisites	IHL 111/2/3, IHL 120, IHL 210, IHL 221/2/3/4 (For Audiology and Speech-Language Pathology students only IHL 210 is applicable)
Contact time	2 lectures per week
Language of tuition	Module is presented in English
Department	Nursing Science
Period of presentation	Semester 1

Module content

Community needs assessment. Leadership in community development. Planning and implementation of collaborative community-based interventions. Application of principles of monitoring and evaluation. NB: Only for School of Healthcare Sciences and Department of Speech - Language Pathology and Audiology students.



Medical nutrition therapy 310 (MNX 310)

Module credits	9.00
NQF Level	07
Prerequisites	3rd-year status
Contact time	1 discussion class per week, 2 lectures per week for 7 weeks
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Module content

Introduction to the origin of diseases as a consequence of programmed changes that occur during impaired intrauterine growth and development. Aetiology and clinical manifestations of under-nutrition/PEM; principles and practices of medical nutrition therapy in under-nutrition/PEM; impact and influence of worm infestation. Congenital heart disease and special problems related to children with congenital heart disease. Relationship between malnutrition and Aids; role of nutrition in immunity within the context of HIV/Aids; clinical signs, symptoms and problems associated with Aids and guidelines for the alleviation of these symptoms; nutritional related problems of medication used by Aids patients. Appropriate practical assignments and case studies.

Medical nutrition therapy 323 (MNX 323)

Module credits	28.00
NQF Level	07
Prerequisites	3rd-year status
Contact time	2 discussion classes per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

Relationships between obesity, hypertension, cardiovascular disease, insulin resistance and concomitant health risks. Aetiology, pathophysiology and manifestation(s) of type 1 and type 2 Diabetes Mellitus, gestational diabetes and impaired glucose tolerance; principles and practices of medical nutrition therapy of diabetes mellitus integrated with medical/pharmacological treatment; dietary treatment/prevention of complications; dietary adaptations when exercising and life style/behaviour modification. Aetiology and clinical manifestations of cardiovascular; principles and practices of medical nutrition therapy in CVD. Aetiology and clinical manifestation(s) of renal disease conditions; principles and practices of medical nutrition therapy in renal conditions (nephritic syndrome, nephrotic syndrome, acute and chronic renal failure, nephrolithiasis). Nutrient-drug interactions. Metabolic response to acute and chronic stress. Principles of special nutritional care, special feeding methods and products required for injured/critically ill patients. Appropriate practical assignments and case studies



Nutritional assessment 313 (NTA 313)

Module credits	30.00
NQF Level	07
Service modules	Faculty of Natural and Agricultural Sciences
Prerequisites	3rd-year status
Contact time	1 discussion class per week, 1 practical per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Module content

Evaluation of nutritional status.

Nutrition care process, overview of evaluation of nutrition status. Scientific principles of evaluation of nutrition status; nutrition screening; clinical, anthropometric, biochemical and dietary evaluation of nutrition status. Practice training: practising of theoretical principles of nutrition status evaluation in hospital/clinic and/or skills laboratory.

Research methodology for healthcare sciences 300 (RHC 300)

Module credits	30.00
NQF Level	07
Service modules	Faculty of Humanities
Prerequisites	IHL 110, IHL 121/2/3/4; (ELH 121 and 122); AIM 111 or 101 (These prerequisites are not applicable to Audiology and Speech-Language Pathology students)
Contact time	2 lectures per week, 2 practicals per week
Language of tuition	Module is presented in English
Department	Nursing Science
Period of presentation	Year

Module content

Concepts of research; research process; research studies appraisal; planning and developing literature review; developing research idea and research question; research principles in designing research proposal; research proposal writing.

Food service management 321 (VDB 321)

Module credits	18.00
NQF Level	07
Service modules	Faculty of Health Sciences
Prerequisites	Natural and Agricultural Sciences students: VDS 322 #



Contact time 1 practical per week, 3 lectures per week

Language of tuition Module is presented in English

Department Consumer and Food Sciences

Period of presentation Semester 2

Module content

Planning and layout of food service units for different food service systems. Equipment for food services. Factors influencing the choice and purchasing of equipment for different food service units. Hygiene and safety in food services. management in food service systems. Financial management in food services.

Large-scale food production 323 (VDS 323)

Module credits 19.00

NQF Level 07

Prerequisites VDS 231

Contact time 1 practical per week, 3 lectures per week

Language of tuition Module is presented in English

Department Consumer and Food Sciences

Period of presentation Semester 2

Module content

Large-scale production.



Curriculum: Final year

Minimum credits: 121

Core modules

Community nutrition 411 (CNT 411)

Module credits	22.00
NQF Level	08
Service modules	Faculty of Natural and Agricultural Sciences
Prerequisites	4th-year status
Contact time	1 discussion class per week, 4 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Module content

Global nutrition challenges e.g. food security, protein-energy and micronutrient malnutrition, non communicable diseases of lifestyle, etc. Public health approaches and general nutrition interventions to address these challenges. Nutrition program development including assessment, analysis and interventions in the South African context as well as Nutrition Policy formulation

Internship training in community nutrition 480 (CNT 480)

Module credits	14.00
NQF Level	08
Prerequisites	CNT 411
Contact time	Five times 8hrs per day for 7 weeks
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Module content

Academic service learning project in community-based programme development (i.e. planning, implementation and evaluation). Facility-based primary healthcare service delivery.

Dietetic profession 411 (DTT 411)

Module credits	3.00
NQF Level	08
Prerequisites	4th-year status
Contact time	1 discussion class per week



Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 1

Module content

Dietetic profession

Integration in dietetics 480 (DTT 480)

Module credits 5.00

NQF Level 08

Prerequisites 4th-year status

Contact time 1 seminar per week

Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 2

Module content

*Attendance module only

Internship training in food service system management 480 (FSS 480)

Module credits 14.00

NQF Level 08

Prerequisites No prerequisites.

Contact time 5 discussion classes per week

Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 2

Advanced human nutrition 411 (HNT 411)

Module credits 10.00

NQF Level 08

Service modules Faculty of Natural and Agricultural Sciences

Prerequisites 4th-year status

Contact time 1 discussion class per week, 3 lectures per week

Language of tuition Module is presented in English

Department Human Nutrition

Period of presentation Semester 1



Module content

Seminars and case studies (theory and practical application): Eating behaviour, eating disorders, nutrient/nutrition supplementation, sports nutrition, vegetarianism, food safety, nutrition of the disabled, prevention of non-communicable disease of lifestyle; nutrition and immunity; nutrition and genetics.

Medical nutrition therapy 411 (MNX 411)

Module credits	25.00
NQF Level	08
Prerequisites	4th-year status
Contact time	3 discussion classes per week, 6 lectures per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 1

Module content

The role of diet and nutrition in the aetiology and treatment of diseases of the gastrointestinal tract and related organs, metabolic disorders and gout, diseases of neurological origin, prematurity and paediatric disease conditions. Nutritional care of physiological trauma and cancer. Nutrient-drug interactions. Appropriate practical assignments and case studies (practising the nutrition care process).

Internship training in medical nutrition therapy 480 (MNX 480)

Module credits	18.00
NQF Level	08
Prerequisites	MNX 411
Contact time	5 discussion classes per week
Language of tuition	Module is presented in English
Department	Human Nutrition
Period of presentation	Semester 2

Research in healthcare sciences 400 (RHC 400)

Module credits	10.00
NQF Level	08
Prerequisites	RHC 300
Contact time	1 lecture per week, 1 practical per week
Language of tuition	Module is presented in English
Department	Nursing Science
Period of presentation	Year



Module content

Conducting process of obtaining ethics clearance, data collection, data analysis, research report writing.

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