University of Pretoria Yearbook 2021

Higher Certificate in Sports Sciences (09110001)

Department	Humanities Education
Minimum duration of study	1 year
Total credits	122
NQF level	05

Programme information

This programme provides a basis for knowledge and skills development to improve athlete performance by means of physical assessment, exercise and conditioning prescription, and research. It aims to develop coaches who can function successfully in an interdisciplinary environment in order to improve athletes' and sports teams' performances using the latest techniques and research. It will therefore strive towards internationally recognised academic excellence, but with local relevance. The programme will create an ideal learning environment incorporating lectures, tutorials, practical sessions, and problem solving. Students will receive teaching and training by leaders in the field of Sports Science and coaching. Students will get the opportunity to work with various sporting codes and athletes of various skill levels. Upon completion, it will provide students wanting to further their studies with the opportunity to apply for the BEd degree in the Faculty of Education, provided that a student is in possession of an NSC and complies with the minimum requirements for admission to a bachelor's degree.

Admission requirements

- The closing date is an administrative admission guideline for non-selection programmes. Once a non-selection programme is full and has reached the institutional targets, then that programme will be closed for further admissions, irrespective of the closing date. However, if the institutional targets have not been met by the closing date, then that programme will remain open for admissions until the institutional targets are met.
- The following persons will be considered for admission: Candidates who are in possession of a certificate that is deemed by the University to be equivalent to the required National Senior Certificate with university or diploma endorsement; candidates who are graduates from another tertiary institution or have been granted the status of a graduate of such an institution; and candidates who are graduates of another faculty at the University of Pretoria.
- Life Orientation is excluded when calculating the APS.
- As soon as candidates are admitted to the programme, they will be informed that they must register at the University in January of the following year. It is in the interest of prospective students, in particular those who need financial support and/or placement in a residence, to apply as soon as possible.
- English will be the only language of teaching and learning (in lectures, tutorials and assessments) for all academic modules.

Transferring students (Candidates who were previously registered at UP or at another university or tertiary institution)

The Admissions Committee of the Faculty considers applications of candidates who have already completed the final Grade 12 examination and/or were previously registered at UP or at another university, on grounds of their Grade 12 results as well as academic merit. Applications from prospective students who have been excluded from the University of Pretoria or any other Higher Education Institution on the basis of misconduct will not be considered for admission to the University of Pretoria.

Qualifications from countries other than South Africa

- Citizens from countries other than South Africa and South African citizens with foreign qualifications must comply with all the other admission requirements and the prerequisites for subjects/modules.
- In addition to meeting the admission requirements, admission is based on the performance in the **TOEFL**, **IELTS or SAT**, if required
- Candidates must have completed the National Senior Certificate with admission to degree studies or a certificate of conditional exemption on the basis of a candidate's foreign qualifications, the so-called "Immigrant" or "Foreign Conditional Exemption". The only condition for the "Foreign Conditional Exemption" that is accepted is: 'completion of the degree course'. The exemption certificate is obtainable from Universities South Africa (USAf). Detailed information is available on the website at click here

University of Pretoria website: click here

Minimum requirements		
Achievement level		
English Home Language or English First Additional Language		**APS**
NSC/IEB	AS Level	
4	D	**20**

Applications may be closed earlier if the institutional targets are met.

Curriculum: Final year

Minimum credits: 120

Fundamental modules

Academic orientation 109 (UPO 109) - Credits: 0.00

Core modules

Life orientation 150 (JLO 150) - Credits: 12.00
Literacies in education 150 (JLZ 150) - Credits: 6.00
Literacies in education 151 (JLZ 151) - Credits: 6.00
Human movement studies and sport management 114 (JMB 114) - Credits: 8.00
Human movement studies and sport management 116 (JMB 116) - Credits: 8.00
Human movement studies and sport management 125 (JMB 125) - Credits: 8.00
Sports practical (Basic) 150 (JRC 150) - Credits: 32.00
Foundations of recreation and sports management 111 (JRM 111) - Credits: 8.00
Sport injuries 141 (JXE 141) - Credits: 10.00
Fundamental nutrition 143 (JXE 143) - Credits: 8.00
Exercise and training principles 151 (JXE 151) - Credits: 8.00
Coaching professionalism 151 (JXP 151) - Credits: 8.00

The information published here is subject to change and may be amended after the publication of this information. The General Regulations (G Regulations) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the General Rules section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.