



University of Pretoria Yearbook 2021

Human movement studies 124 (JMB 124)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	6.00
NQF Level	05
Programmes	BEd Foundation Phase Teaching
Prerequisites	No prerequisites.
Contact time	1 lecture per week
Language of tuition	Module is presented in English
Department	Early Childhood Education
Period of presentation	Semester 1

Module content

The module equips the student to understand and participate in activities that promote movement and physical development. Creative movement on music to promote rhythm and dance patterns is part of the different ways that a learner use to explore different parts of the body. Different motor development is looked at- motor control, body awareness and perceptual motor abilities. Movement skills in early childhood development- use a combination of body parts, to loco mote, rotate, evaluate and balance, with or without equipment. The focus is on spatial perception, kinaesthetic perception, strength and stamina. It includes throwing and striking and rolling, bouncing and moving with a ball or similar equipment. Movement activities include games play to promote running, chasing and dodging are playing a part.

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