



University of Pretoria Yearbook 2020

Foundations of sports coaching sciences 110 (YCS 110)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
Service modules	Faculty of Health Sciences
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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