



University of Pretoria Yearbook 2019

Dynamics of nursing practice 151 (DNP 151)

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| Qualification | Undergraduate |
| Faculty | Faculty of Health Sciences |
| Module credits | 13.00 |
| Programmes | BNurs |
| Prerequisites | No prerequisites. |
| Contact time | 2 practicals per week, 4 lectures per week |
| Language of tuition | Module is presented in English |
| Department | Nursing Science |
| Period of presentation | Quarter 1 |

Module content

Intra and interpersonal dimensions of the nurse.

Self-discovery, self-disclosure and self-awareness, professional socialisation and self-development. Self-evaluation and own journal assessment. Compilation of a personal portfolio. Interpersonal communication and contact: from the self to relationships. Therapeutic use of the self. The therapeutic milieu. Contemporary dilemmas of identity. The multiple self and multiple realities. Communication skills: a communication model for nursing. Management of conflict. Day planning and time management. Development of a personal philosophy. Problem-solving and critical thinking skills.

NB: Only for selected BCur students.

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