



Universiteit van Pretoria Jaarboek 2018

MA Berading, Oefening en Sportsielkunde (Gedoseer) (01250214)

Minimum duur van studie 2 jaar

Totale krediete 180

Programinligting

Hierdie inligting is slegs in Engels beskikbaar.

The programme is based on the researcher-practitioner training model and must be completed in one year.

• **Researcher training**

Researcher training entails 50% of the Counselling, Exercise and Sports Psychology programme. During the one-year period a research process is facilitated by supervisors whereby the research competencies of (i) reflective practice, (ii) contextual practice, (iii) writing a research proposal, (iv) conducting a research project and (v) reporting the research findings in an independent research project of limited scope/mini-dissertation are developed and assessed.

• **Practitioner training**

Practitioner training entails 50% of the Counselling, Exercise and Sports Psychology programme. During the one-year period a training process is facilitated by facilitators whereby the practice competencies of (i) reflective practice, (ii) contextual practice, (iii) psychological assessments, (iv) psychological conceptualisation, (v) psychological interventions and (vi) professional communication are developed and assessed.

The training is focussed on developing an integrative approach to the practice competencies as set out above, within the Department of Psychology (on-site) and at organisations as determined by the Department of Psychology (off-site).

After successfully completing the programme, students can apply for registration as an intern counselling psychologist with the Professional Board for Psychology at the Health Professions Council of South Africa (HPCSA) to do a one-year full-time internship in Counselling Psychology.

Students can opt for internship programmes that are accredited with the Professional Board of Psychology at the HPCSA, or follow a tailor-made internship approved by the Professional Board of Psychology at the HPCSA. In consultation with students, the Department of Psychology takes the final decision as to the internship placements of students.

Eksamens en slaagvereistes

Students need to pass all the research competencies (CES 895), as well as all the practice competencies (CES 801-CES 806), to successfully complete the programme.



Kurrikulum: Jaar 1

Minimum krediete: 90

Kernmodules

Refleksie in praktyk 801 (CES 801)

Modulekrediete 5.00

Onderrigtaal Module word in Engels aangebied

Departement Sielkunde

Aanbiedingstydperk Jaar

Module-inhoud

* Hierdie module is slegs in Engels aangebied.

This module focuses on developing the competency of self-reflection, which is an integral part of constructing a professional identity as a psychologist. The self-reflection process will be done through appropriate theoretical perspectives pertaining to self-reflection.

Praktyk in konteks 802 (CES 802)

Modulekrediete 10.00

Onderrigtaal Module word in Engels aangebied

Departement Sielkunde

Aanbiedingstydperk Jaar

Module-inhoud

* Hierdie module word slegs in Engels aangebied.

This module focuses on developing the competency of professional practice with the context of the Constitution of South Africa, relevant legislative frameworks of South Africa, and the ethical codes for research and practice of the Health Professions Council of South Africa (HPCSA).

Sielkundige assessering 803 (CES 803)

Modulekrediete 15.00

Onderrigtaal Module word in Engels aangebied

Departement Sielkunde

Aanbiedingstydperk Jaar

Module-inhoud

* Hierdie module word slegs in Engels aangebied.

This module focuses on developing the competency of psychological assessments through observations, interviewing, psychometric testing and other appropriate activities that will assist in assessing the psychological functioning of people with various contexts.



Sielkundige konseptualisering 804 (CES 804)

Modulekrediete 15.00

Onderrigtaal Module word in Engels aangebied

Departement Sielkunde

Aanbiedingstydperk Jaar

Module-inhoud

* Hierdie module word slegs in Engels aangebied.

This module focuses on developing the competency of psychological conceptualization based on psychological assessments, and will be done through various psychological theoretical perspectives of people in various contexts.

Sielkundige intervensies 805 (CES 805)

Modulekrediete 40.00

Onderrigtaal Module word in Engels aangebied

Departement Sielkunde

Aanbiedingstydperk Jaar

Module-inhoud

* Hierdie module word slegs in Engels aangebied.

This module focuses on developing the competency of psychological interventions such as therapeutic counselling, career counselling, performance enhancement and sport for development. Interventions will not be limited to the “talking cure” but will include the use of physical activities (e.g., adventure, exercise and sport) as complementary interventions.

Professionele kommunikasie 806 (CES 806)

Modulekrediete 5.00

Onderrigtaal Module word in Engels aangebied

Departement Sielkunde

Aanbiedingstydperk Jaar

Module-inhoud

* Hierdie module word slegs in Engels aangebied.

This module focuses on developing the competency of professional communication, be it verbal communication within a multidisciplinary team, or written communication in the form of process notes and psychological reports.



Kurrikulum: Finale jaar

Minimum krediete: 90

Kernmodules

Mini-verhandeling: Voorligting-, oefening- en sportsielkunde 895 (CES 895)

Modulekrediete 90.00

Onderrigtaal Module word in Engels aangebied

Departement Sielkunde

Aanbiedingstydperk Jaar

Module-inhoud

* Hierdie module word slegs in Engels aangebied.

The mini-dissertation should consist of an independent research project of limited scope; the research may also culminate in an article on a topic related to the field of counselling, exercise and sports psychology selected in collaboration with the supervisor(s).

Die inligting wat hier verskyn, is onderhewig aan verandering en kan na die publikasie van hierdie inligting gewysig word.. Die [Algemene Regulasies \(G Regulasies\)](#) is op alle fakulteite van die Universiteit van Pretoria van toepassing. Dit word vereis dat elke student volkome vertrou met hierdie regulasies sowel as met die inligting vervat in die [Algemene Reëls](#) sal wees. Onkunde betreffende hierdie regulasies en reëls sal nie as 'n verskoning by oortreding daarvan aangebied kan word nie.