



University of Pretoria Yearbook 2017

Foundations of sports coaching sciences 110 (YCS 110)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
Programmes	BA Extended programme BA Humanities BA Languages BA Sport and Leisure Studies Sport and Leisure in Society BA Sport and Leisure Studies Sport and Recreation Management BA Sport and Leisure Studies Sports Coaching Science BA Sport and Leisure Studies Sports Psychology
Service modules	Faculty of Health Sciences
Contact time	3 lectures per week
Language of tuition	Afrikaans and English is used in one class
Academic organisation	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.