University of Pretoria Yearbook 2016

BA Option: Sports Coaching Science (01130126)

Duration of study	3 years
Total credits	386
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Programme information

This three-year full-time programme is aimed at those interested in careers in the sport and leisure industries. A broad knowledge base provides graduates with understanding and skill sets to interrogate, create, promote, lead and manage the potential, promise, possibilities and power of contemporary globalised sport and leisure. Students are guided toward specialisation in the areas of sports management, sports psychology, sport and leisure in society, or sports coaching sciences. This will prepare graduates for employment in public or private sectors in contexts of commercialised and professional sport, sports development, community development and mass participation, sports coaching and facilitating psycho-social wellness through sport and leisure.

On completion of this specialisation area, a graduate will have the knowledge and skill sets to facilitate learning within both the recreation and competitive sports contexts. Graduates may find employment in private and public sectors as sports coaches, sports movement developers, franchise holders in movement development and sports development managers.

Closing date: 30 September annually.

Admission requirements

- Candidates who achieved an APS of 30 in Grade 11 and comply with the minimum subject requirements and achievement levels of these study programmes will automatically be granted placement in the study programmes, subject to the availability of space.
- The above-mentioned is not applicable to selection programmes.
- To retain admission, learners will be expected to obtain an APS of at least 28 in Grade 12.
- Prospective students who have already been granted provisional admission in these study programmes, but obtained at least an APS of 27 in Grade 12, will be considered by the Admission Committee should space be available.
- The Admission Committee of the Faculty of Humanities will consider these students once the results of the National Benchmark Test (NBT) are available and depending on the availability of space.
- The Faculty will assess satisfactory performance in the NBT in the light of its commitment to ensure that an appropriate proportion of the applicants will be drawn from the historically disadvantaged category of the population.
- Applicants with an APS of 30 but who do not comply with the subject requirements must write the NBT.
- Life Orientation is excluded when calculating the APS.

Minimum requirements for 2016

Achievement Level				APS
Afrikaans or English				
NSC/IEB	HIGCSE	AS-Level	A-Level	
5	3	C	C	30

Other programme-specific information

A student may, in consulation with the programme manager, replace SLK with a recognised school subject from the belowmentioned list.

The following school-aligned elective modules are available for the programme:

Afrikaans:

AFR 110,114,120 [12 each]

African Languages:

For speakers of isiNdebele as home language or first or second additional language:

AFT 121, NDE 110 [12 each]

Sepedi for beginners:

SEP 110, SEP 120 [12 each]

For speakers of Sepedi as home language or first or second additional language:

AFT 121, SEP 111 [12 each]

IsiZulu for beginners:

ZUL 110, ZUL 120 [12 each]

For speakers of isiZulu as home language or first or second additional language:

AFT 121, ZUL 111 [12 each]

English:

ENG 110,120 [12 each]

Historical and Heritage Studies:

GES 110,120 [12 each]

Modern European Languages:

DTS 104 [24] 113,123 [12 each]

FRN 104 [24] 113,123 [12 each]

Faculty of Natural and Agricultural Sciences:

Geography, Geoinformatics and Meteorology: ENV 101,301 GGY 156,166, WKD 164.

Mathematics: WTW 114, 126, 128

Faculty of Economic and Management Sciences:

Economics: EKN 110, 120

Please note: Consult the yearbook of the relevant faculty that offers these disciplines regarding the credit values, presentation modes and possible prerequisites

Students who are deemed to be at risk of their level of academic literacy are compelled to take ALL 110 and ALL 125.
Students who are deemed NOT to be at risk of their level of academic literacy are compelled to take language modules to the value of 12 credits from the list of language modules (see Academic literacy).

Notes:

a. Students will be required to obtain an accredited Level 0/1 Coaching Certificate in one sport of choice in YCS 120 at their own cost as part of the degree requirements. A sports coaching certificate can be obtained from any recognised National Sport Federation (NSF) in South Africa. Practical demonstration and application of sports coaching skills could be done on and off campus.
b. Students will be required to obtain a Community Recreation Leader Certificate in YSL 110 at their own cost as part of the degree requirements. The department will make arrangements in this regard.

Academic literacy
The academic literacy of all students who enrol at the University of Pretoria for the first time and all new students enrolling with the Faculty of Humanities for the first time will be assessed at the start of the academic year by means of their NSC marks.

1. Students following a degree programme in English: The NSC Grade 12 English mark will be used to determine whether students in the Faculty of Humanities should register for the academic literacy modules (ALL 110 and ALL 125 in English):

- Home Language: Students with a 4 or lower register for ALL 110 and ALL 125.
- First Additional Language: Students with a 5 or lower register for ALL 110 and ALL 125.

2. Students following a degree programme in Afrikaans: The NSC Grade 12 Afrikaans mark will be used to determine whether students in the Faculty of Humanities should register for the academic literacy modules (VAG 110 and VAG 125 in Afrikaans):

- Home Language: Students with a 4 or lower register for VAG 110 and VAG 125.

All students in the Faculty of Humanities who are identified as being at risk in terms of their level of academic literacy, are compelled to obtain at least 12 credits in the academic literacy modules ALL 110 or VAG 110 and ALL 125 or VAG 125.
All students in the Faculty of Humanities who are not at risk in terms of their level of academic literacy, are compelled to obtain at least 12 credits in language modules:

Department of English
ENG 110 Introduction to literature in English (I)
ENG 120 Introduction to literature in English (II)
ENG 118 English for specific purposes

Departement Afrikaans
AFR 110 Afrikaanse taalkunde en letterkunde
AFR 120 Afrikaanse taalkunde en letterkunde
AFR 114 Afrikaans vir sprekers van ander tale (I)

Department of African Languages
NDE 110 Introduction to isiNdebele grammar – Capita selecta
* Students who want to take isiNdebele in the second semester, should also register for AFT 121 (African languages literature: Capita selecta)
ZUL 110 IsiZulu for beginners
ZUL 111 Introduction to isiZulu grammar – Capita selecta
* Students want to take isiZulu in the second semester, should also register for AFT 121 (African languages literature: Capita selecta)
SEP 110 Sepedi for beginners
SEP 111 Introduction to Sepedi Grammar – Capita selecta
* Students who want to take Sepedi in the second semester, should also register for AFT 121 (African languages literature: Capita selecta)
STW 110 Setswana for beginners
STW 111 Introduction to Setswana Grammar – Capita selecta
*Students who want to take Setswana in the second semester, should also register for AFT 121 (African languages literature: Capita selecta)

Department of Modern European Languages
DTS 104 German for beginners
DTS 113 German: Cultural-professional (1) *Prerequisite: Grade 12 German
FRN 104 French for beginners
FRN 113 French: Cultural-professional (1) *Prerequisite: Grade 12 French
SPN 101 Spanish for beginners
SPN 102 Spanish for beginners
PTG 101 Portuguese for beginners

Department of Ancient Languages and Cultures
HEB 110 Hebrew
LAT 110 Latin
GRK 110 Greek

Curriculum: Year 1

Minimum credits: 138

Fundamental modules

Academic information management 101 (AIM 101) - Credits: 6.00
Academic information management 111 (AIM 111) - Credits: 4.00
Academic information management 121 (AIM 121) - Credits: 4.00
Academic literacy 110 (ALL 110) - Credits: 6.00
Academic literacy for Humanities 125 (ALL 125) - Credits: 6.00
Academic orientation 101 (UPO 101) - Credits: 0.00

Core modules

Foundations of recreation and sports management 110 (SRM 110) - Credits: 12.00
Leadership in sport and recreation 120 (SRM 120) - Credits: 12.00
Foundations of sports coaching sciences 110 (YCS 110) - Credits: 12.00
Teaching and learning in sport 120 (YCS 120) - Credits: 12.00
Foundations of leisure and recreation 110 (YSL 110) - Credits: 12.00
Sport in society 120 (YSL 120) - Credits: 12.00
Foundations of sport, exercise and performance psychology 110 (YSP 110) - Credits: 12.00
Psychology of sport coaching 120 (YSP 120) - Credits: 12.00

Elective modules

Afrikaans 110 (AFR 110) - Credits: 12.00
Afrikaans 114 (AFR 114) - Credits: 12.00
Afrikaans 120 (AFR 120) - Credits: 12.00
German for beginners 104 (DTS 104) - Credits: 24.00
German: Cultural-professional (1) 113 (DTS 113) - Credits: 12.00
German: Cultural-professional (2) 123 (DTS 123) - Credits: 12.00
English 110 (ENG 110) - Credits: 12.00
English 120 (ENG 120) - Credits: 12.00
French for beginners 104 (FRN 104) - Credits: 24.00
French: Cultural-professional (1) 113 (FRN 113) - Credits: 12.00
French: Cultural-professional (2) 123 (FRN 123) - Credits: 12.00
History 110 (GES 110) - Credits: 12.00
History 120 (GES 120) - Credits: 12.00
Aspects of human geography 156 (GGY 156) - Credits: 8.00
Southern African geomorphology 166 (GGY 166) - Credits: 8.00
Introduction to isiNdebele Grammar – Capita selecta 110 (NDE 110) - Credits: 12.00
Sepedi for beginners 110 (SEP 110) - Credits: 12.00
Sepedi 120 (SEP 120) - Credits: 12.00
Setswana for beginners 110 (STW 110) - Credits: 12.00
Setswana 120 (STW 120) - Credits: 12.00
Climate and weather of Southern Africa 164 (WKD 164) - Credits: 8.00
isiZulu for beginners 110 (ZUL 110) - Credits: 12.00
isiZulu 120 (ZUL 120) - Credits: 12.00
Introduction to environmental sciences 101 (ENV 101) - Credits: 8.00

African languages literature: Capita selecta 121 (AFT 121) - Credits: 12.00
Introduction to Sepedi grammar - Capita Selecta 111 (SEP 111) - Credits: 12.00
Introduction to isiZulu grammar – Capita selecta 111 (ZUL 111) - Credits: 12.00
Introduction to Setswana grammar – capita selecta 111 (STW 111) - Credits: 12.00
Psychology 110 (SLK 110) - Credits: 12.00
Psychology 120 (SLK 120) - Credits: 12.00

Curriculum: Year 2

Minimum credits: 128

Core modules

Sports facility and event management 210 (SRM 210) - Credits: 16.00
Business and governance of sport 220 (SRM 220) - Credits: 16.00
Fundamentals of human movement 210 (YCS 210) - Credits: 16.00
Motor behaviour 220 (YCS 220) - Credits: 16.00
Sport tourism 210 (YSL 210) - Credits: 16.00
Sport development 220 (YSL 220) - Credits: 16.00
Applied sport psychology 210 (YSP 210) - Credits: 16.00
Psychology of well-being in sport 220 (YSP 220) - Credits: 16.00

Curriculum: Final year

Minimum credits: 120

Core modules

Economics of sport and leisure 310 (SRM 310) - Credits: 30.00
Value-based decision-making in sport and recreation 320 (SRM 320) - Credits: 30.00
Theoretical frameworks in sport and exercise psychology 320 (YSP 320) - Credits: 30.00
Biomechanics of sport 310 (YCS 310) - Credits: 30.00
Strength and conditioning in sport 320 (YCS 320) - Credits: 30.00
Psycho-social issues in sport 310 (YSP 310) - Credits: 30.00
Sport and leisure in community development 310 (YSL 310) - Credits: 30.00
Sport, recreation and social change 320 (YSL 320) - Credits: 30.00

The information published here is subject to change and may be amended after the publication of this information. The General Regulations (G Regulations) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the General Rules section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.