



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

Office of the Executive Director:
Human Capital and Transformation

18 May 2012

Professor C de la Rey
Vice Chancellor

Dear Professor De la Rey

Fitness Friday Shirts

The Section Sports Medicine in collaboration with the Institute for Sports Research, has launched a campus-wide drive called Fitness Friday. The initiative is meant to educate people about the importance of regular physical activity as a means of preventing and managing diseases of chronic lifestyle. Their idea is that every Friday becomes an exercise awareness day.

In order to further enhance the concept, they are asking for permission for all UP staff to wear Fitness Friday T-shirts on the last Friday of every month. According to them, this will coincide with a monthly event hosted on campus and will become a visual reminder of the movement. Staff will then be encouraged to wear the T-shirt and join in a monthly campus exercise activity.

They have requested, through my office, to obtain your permission for them to go ahead with their plan to get the Wannabee clothing store to design, manufacture and stock UP branded Fitness Friday golf shirts and t-shirts. The funding and logistics pertaining to this process will be entirely handled by them.

A full presentation to the Executive on this initiative will be arranged shortly.

Yours Sincerely



Ms Patience Mushungwa
Executive Director: Human Capital and Transformation

Approved

C. de la Rey

18/5/2012