



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

2*Day Vestibular Workshop

Assessment & Management

BALANCE YOUR PRACTICE

**For Audiologists, Speech-Language Therapists, Physiotherapists
& Ear-Nose-Throat Specialists**



Thursday 7 November 2013

Friday 8 November 2013

**Presented by the Department of Speech-Language Pathology
and Audiology**





PROGRAMME 7 November

07:30 - 08:00	Registration
08:00 - 08:05	Welcome <i>Prof Dr Bart Vinck, HoD Communication Pathology, UP</i>
08:05 - 09:00	Anatomy and Physiology of the Vestibular System <i>Prof Dr Bart Vinck, Head of Department Communication Pathology, UP & Dr Leen Maes, ENT Department, Ghent University, Belgium</i>
09:00 – 10:00	What the Case History can tell you... <i>Mariet du Plooy, Audiologist</i>
10:00 – 10:30	Tea/Coffee Break
10:30 – 12:00	Screening and Bedside Tests for the Adult with Dizziness: Indications of Normal and Abnormal Results – Case Studies <i>Mrs Christine Rogers, Department of Communication Sciences&Disorders, University of Cape Town</i>
12:00 – 12:30	Clinical Signs of Vestibular Disorders – Case Presentations <i>Mrs Barbara Heinze, Department of Communication Pathology, UP</i>
12:30 – 13:15	Lunch
13:15 – 14:15	Clinical Usefulness of Laboratory Testing <i>Dr Leen Maes, ENT Department, Ghent University, Belgium & Mrs Barbara Heinze, Department of Communication Pathology, UP</i>
14:15 - 15:00	Rotatory Chair Testing <i>Dr Leen Maes, ENT Department, Ghent University, Belgium</i>
15:00 – 16.00	Ethics: The Litigating Dizzy Patient <i>Mrs Christine Rogers, Department of Communication Sciences&Disorders, UCT</i>
16:00 – 16:30	Panel Discussion <i>Prof Dr Bart Vinck, HOD Department of Communication Pathology, UP Dr Leen Maes, ENT Department, Ghent University, Belgium Mrs Christine Rogers, Department of Communication Sciences&Disorders, UCT Mrs Barbara Heinze, Department of Communication Pathology Mrs Mariet du Plooy, Audiologist</i>
16:30	Closure



PROGRAMME 8 November

08:00 - 09:00	Vestibular and Motor Testing in Children <i>Dr Leen Maes, ENT Department, Ghent University, Belgium</i>
09:00 - 10:00	BPPV Repositioning Manoeuvres: Canalithiasis and Cupulolithiasis <i>Mrs Christine Rogers, Department of Communication Sciences&Disorders, UCT</i>
10:00 - 10:30	The What and Why of Vestibular Rehabilitation Therapy <i>Mrs Christine Rogers, Department of Communication Sciences&Disorders, UCT</i>
10.30 – 11.00	Refreshments
11:00 - 12:30	Management of Unilateral and Bilateral Vestibular Hypo-function <i>Mrs Willemien Martin, Physiotherapist</i>
12:30 – 13:00	Risk of Falls Assessment <i>Mrs Willemien Martin, Physiotherapist</i>
13:00	Closure





COURSE BROCHURE

Course Contents

This is a one and a half day workshop that will show attendees how to follow a "low-tech" approach in the assessment and rehabilitation of patients with dizziness and imbalance. This is relevant in the South African context, where many hospitals, clinics and other settings do not have "high-tech" equipment such as ENG/VNG, rotary chair or posturography, yet the professional is expected to assess and manage the dizzy patient. The focus of the first day will be on bedside assessments and the interpretation of the findings, as well as when and why to refer the patient for laboratory testing. There will be an overview of the anatomy and physiology of the vestibular system, and a discussion on the signs of common vestibular disorders. There will also be a talk on ethics surrounding the dizzy patient. The focus of the second day will be on vestibular and balance rehabilitation therapy for BPPV, unilateral and bilateral vestibular hypo-function and assessment of risk of falls. There will also be a talk on children with vestibular disorders. Some children are labelled as being clumsy or slow in reaching their motor milestones, where in reality a vestibular problem could be the cause of this.

Course Structure and Venue

This is a **one and half day course** presented at the **Department of Speech-Language Pathology and Audiology, University of Pretoria Main Campus.**

Assessment and Accreditation

A certificate of attendance with 12 CPD points (10 General CEUs + 2 Ethics CEUs) will be issued to all delegates.

Course Fee

The course fee is **R1200** per delegate and includes all course notes, tea and refreshments. The course fee for **early registration** - before **15 October** - is **R1000**.

Registration and Enquiries

Course Coordinator:

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