

Department of Communication Pathology

PROGRAMME

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Saturday 14th May 2011 Presenter: Ursula Zsilavecz R200

4 CPD points (3 general and 1 ethics)

CHALLENGES IN STUTTERING THERAPY: ARE WE ON THE RIGHT TRACK?

- 7.30 8.00 Registration
- 8.00 8.15 Welcome and Opening
- 8.15 8.45 Ethics and stuttering therapy
- 8.45 10.00 Assessing dysfluency: What should we know?
- 10.00 10.30 TEA
- 10.30 11.30 Current trends in therapy and proven approaches to intervention
- 11.30 12.00 Questions and Closure

Please RSVP by Friday 6th May 2011 to <u>ursula.zsilavecz@up.ac.za</u>



Challenges in Stuttering Therapy: Are we on the right track?

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Brief description

The seminar is aimed at providing therapists with updated information on intervention trends. This seminar aims to offer more hands on experience for those practitioners who wish to improve their skills.

The pertinent question that we all ask is: Does current research help to better understand the individual who stutters? It is important that the practitioner considers what is best for the client and his family. In order to do so one needs to consider the client within his family and social constructs. In order to introduce change the client and his family need to understand what changes in the individual and the environment need to be brought about and how these should be implemented. Guitar (2010) offers some new insights into these clinical questions.

In treatment planning all involved in the therapy process should have common goals. The therapist needs to learn skills in order to bring about change which is much more than decreasing frequency and the severity of the stuttering. Treatment planning requires the therapist to enhance her interactive skills to ensure effective collaboration with the family, significant others, teachers and/or the workplace.

Outcomes

In order to enhance the assessment and intervention skills the course will aim to:

- Define and describe research trends in order to obtain better understanding of stuttering
- To understand the importance of best practice
- Compile intervention goals and design an intervention plan
- Application of skills and techniques

