## Tele-audiology monitoring for MDR-TB: a national programme

Dirk Koekemoer (MD)

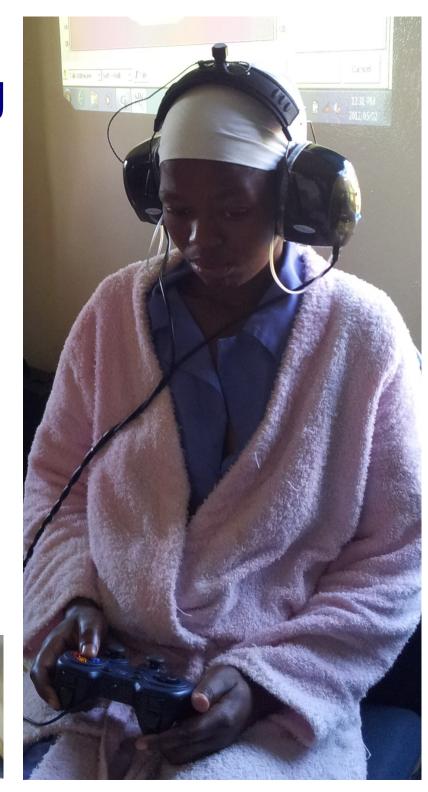
Chairman

GeoAxon Tele Health

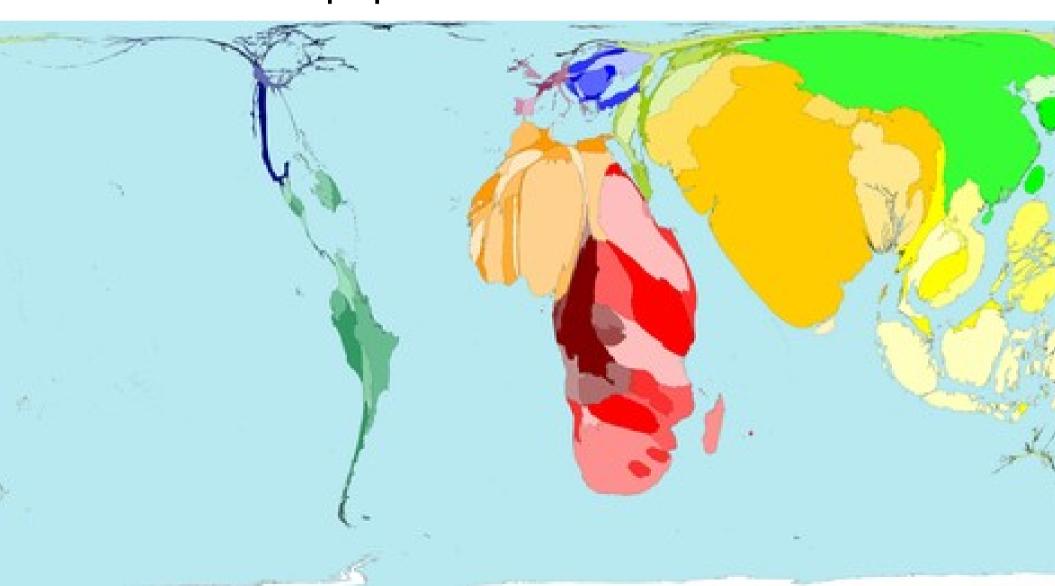
Norbert Ndjeka (MD)

Director MDR-TB

National DoH



South Africa is the third highest tuberculosis (TB) burden country in the world, lagging behind two countries, China and India, significantly larger populations than ours.



#### DR, MDR and XDR TB

- DR TB (Drug Resistant)
  - Rx Streptomycin
- MDR TB (Multi DR)
  - Rx Kanamycin (Capreomycin)
- XDR TB (Extreme DR)
  - Rx Kanamycin (Capreomycin) lengthy treatment
- Patients are on these injectables for months
- 5000 patients per month need to be monitored for ototoxicity in South Africa (Epert ↑ numbers)



#### Ototoxicity hearing loss stats

- Kanamycin: between 17% 41%
- DOTS-Plus initiative: 12%
- Global magnitude ototoxicicity for children: 3-4%
- Injectable aminoglycosides are by far the most common cause of hearing impairment due to ototoxicity
- The global resurgence of tuberculosis is leading to greater use of streptomycin (ZA is different)

- Aminoglycoside-Induced Hearing Loss in Humans. Robert E Brummetti http://www.ncbi.nlm.nih.gov/pmc/articles/PMC284232/pdf/aac00377-0013.pdf
- Vathanson E et al. Adverse events in the treatment of multidrug-resistant tuberculosis: results from the DOTS-Plus initiative. International Journal of Tuberculosis and Lung Disease, 2004, 8(11):1382-1384.
- http://www.who.int/pbd/deafness/ototoxic\_drugs.pdf

#### National guidelines

- Baseline hearing test
- Monthly screening (~ 8 times)
- Exit when injectable stopped
- (3 and 6 months after Exit)

Average ~12 tests per patient

MANAGEMENT OF DRUG-RESISTANT TUBERCULOSIS

> POLICY GUIDELINES









#### What can be done?

#### Say no to the historic perception of "Deaf or Die"

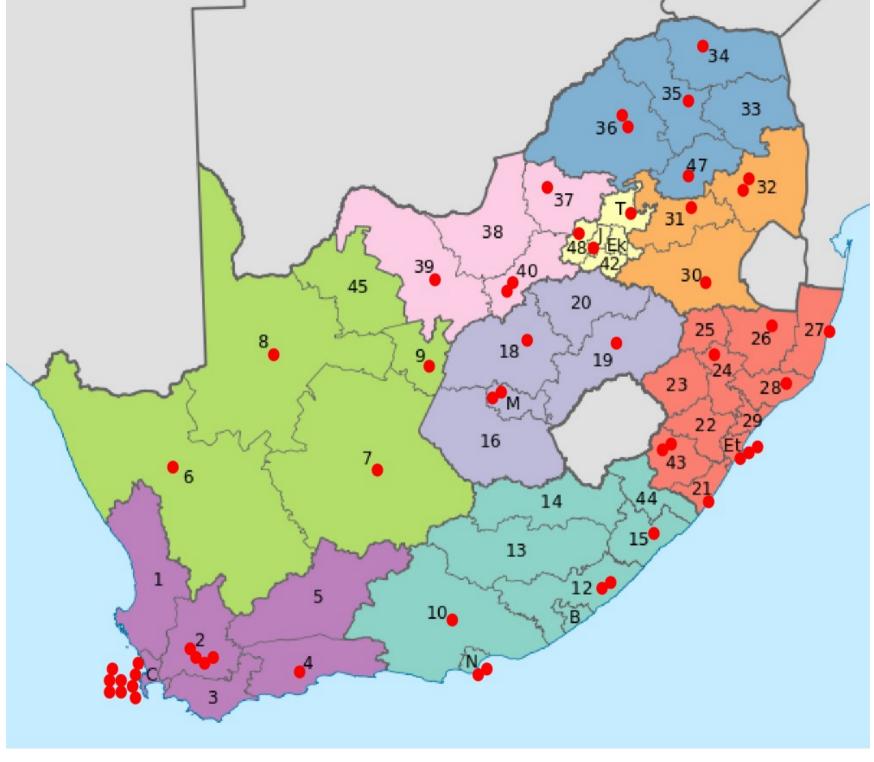
- Decrease dosage
- Inject every alternating day
- Replace the culprit drug with 2 other drugs
- Change Kanamycin to Capreomycin that is less ototoxic
- Regular monitoring
- Walk the road with the patient if he goes deaf

All this will lead to better outcomes with less patients defaulting that leads to XDR-TB

#### Dilemmas of monitoring for ototoxicity

- Ototoxic hearing loss is irreversible
- Patients are spread out all over SA
- The more remote the more TB
- † decentralised management of MDR-TB
- Baselines within 72 hours after first injectable
- Only around 500 practicing audiologists in SA
- >70% of patients have HIV (ARV ototoxicity risk)

It is too late when the doctor starts speaking up so that the patient can hear



54 • MDR-TB hospitals and decentralised sites in South Africa



#### health

Department: Health REPUBLIC OF SOUTH AFRICA



## We must take health care to the peoples of our country



#### Currently

- Patient in sound booth
- Headset
- Audiometer
- On site calibrations
- Audiologist
- Site bound





- --- 047 331 0110 - 073 200 7320 THE DOOR CLOSED

WEAR MASK AT ALL TIMES

#### What can one do to solve the problems?

Open air hearing tests!
Automated test procedures
Available 8 hours 5 days a week
Trust the test done
Tele-Audiology interpretations



Technology is the only hope for a rapid widespread impact

#### 1.8 kg

Clinical audiometer (air, bone and masking) +

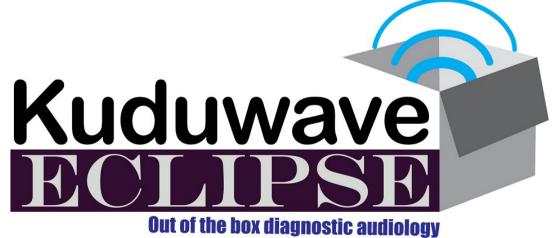
Extended HF (9-16kHz)

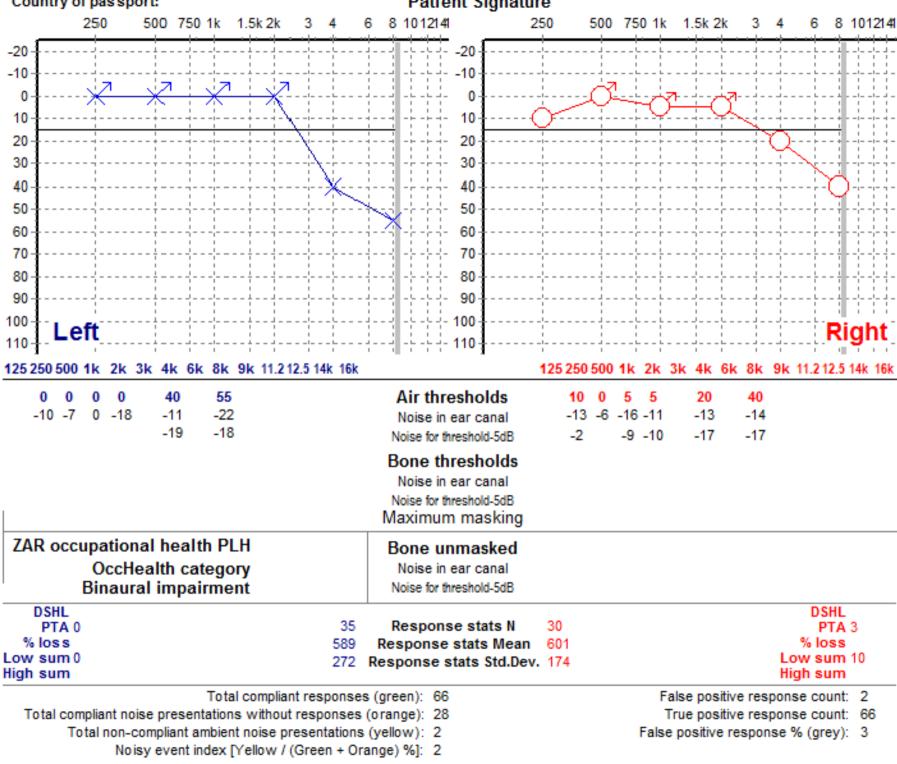
Insert ear phones

"Mobile Sound booth"

"Virtual Audiologists" (Tele-Audiology)



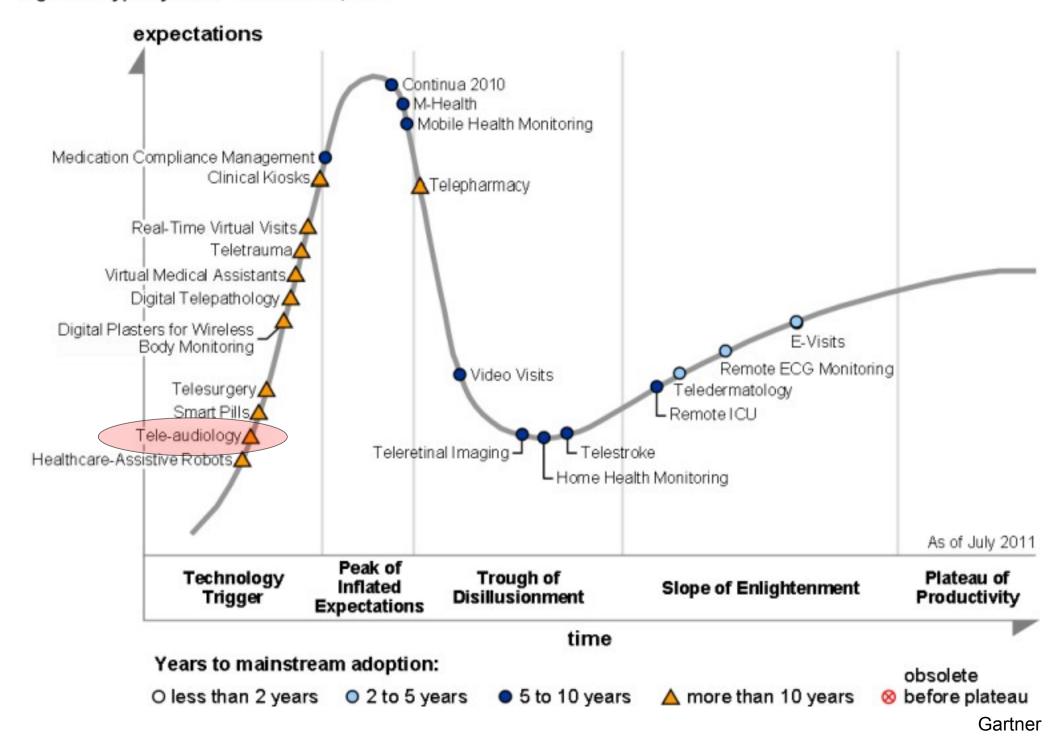


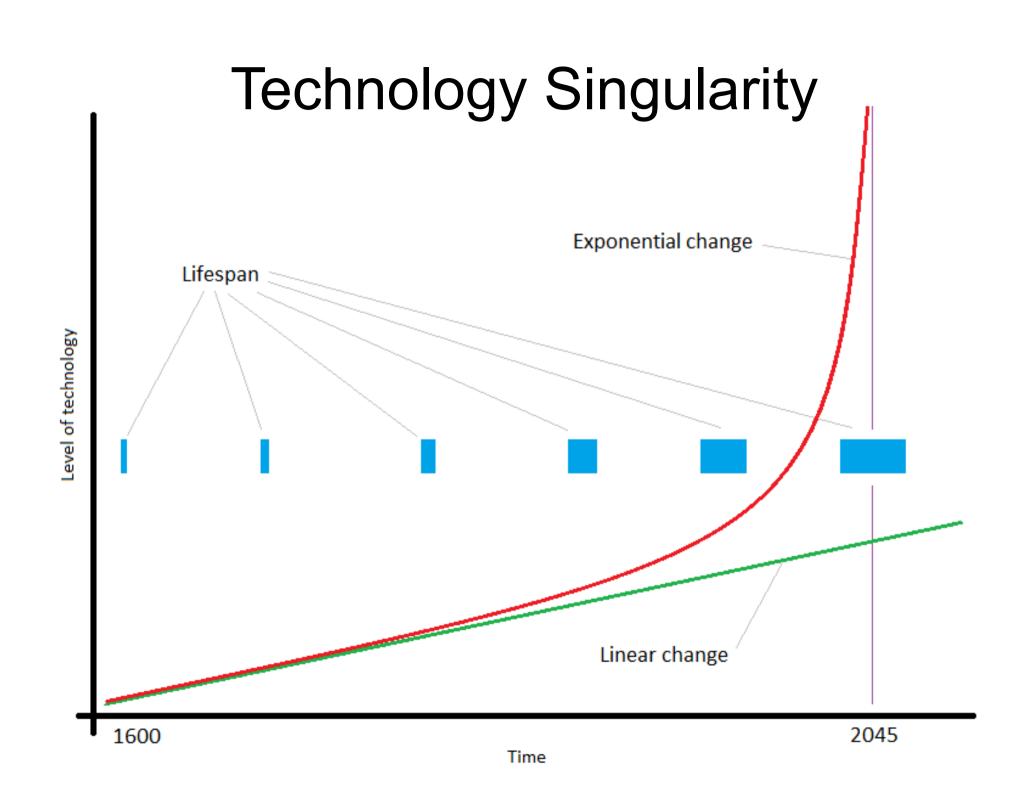


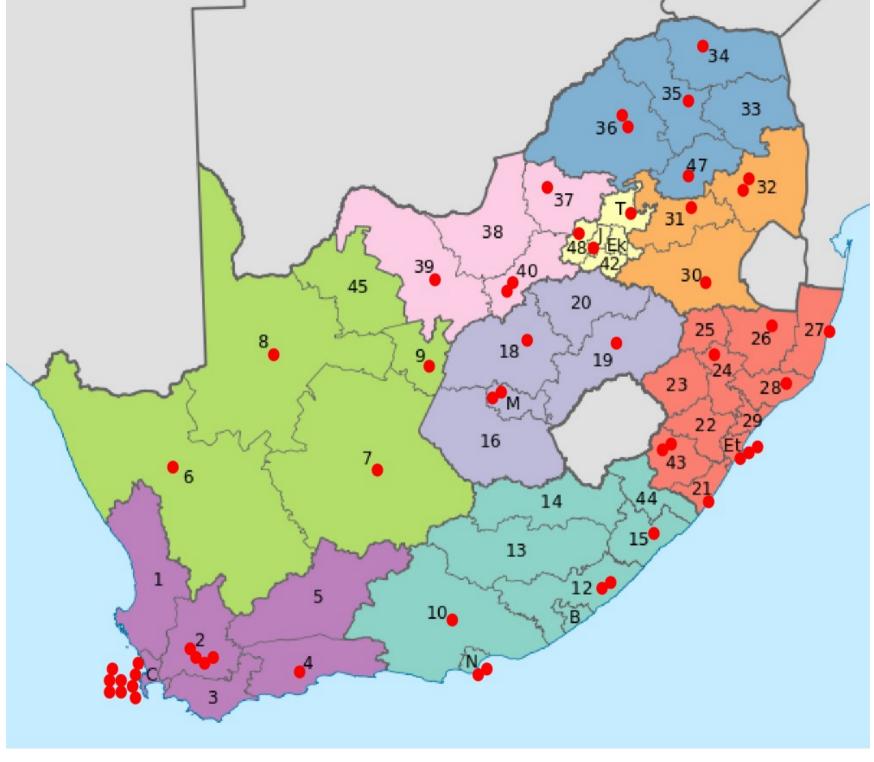
Country of passport:

Number of frequencies where the KUDUwave could not test to the softest thresholds due to noisy ambient conditions: 7 Difference in dB between the first threshold tested and the repeat threshold at the end of the test:

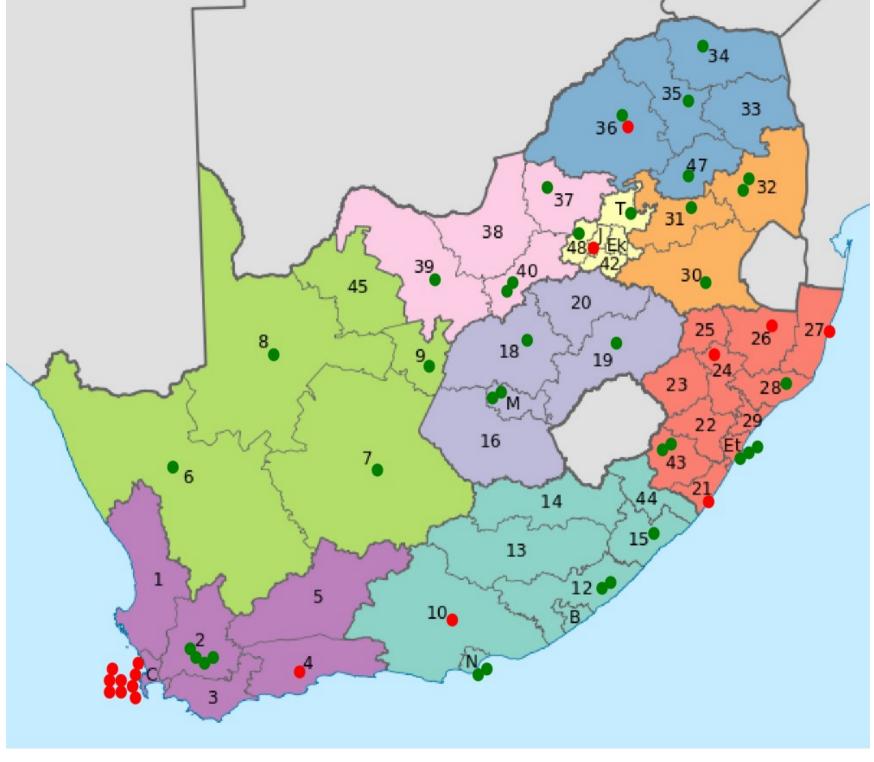
Figure 1. Hype Cycle for Telemedicine, 2011







54 • MDR-TB hospitals and decentralised sites in South Africa

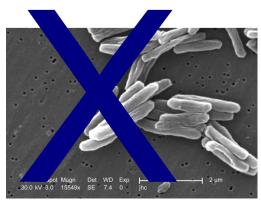


38 • MDR-TB hospitals and decentralised sites with Kuduwaves

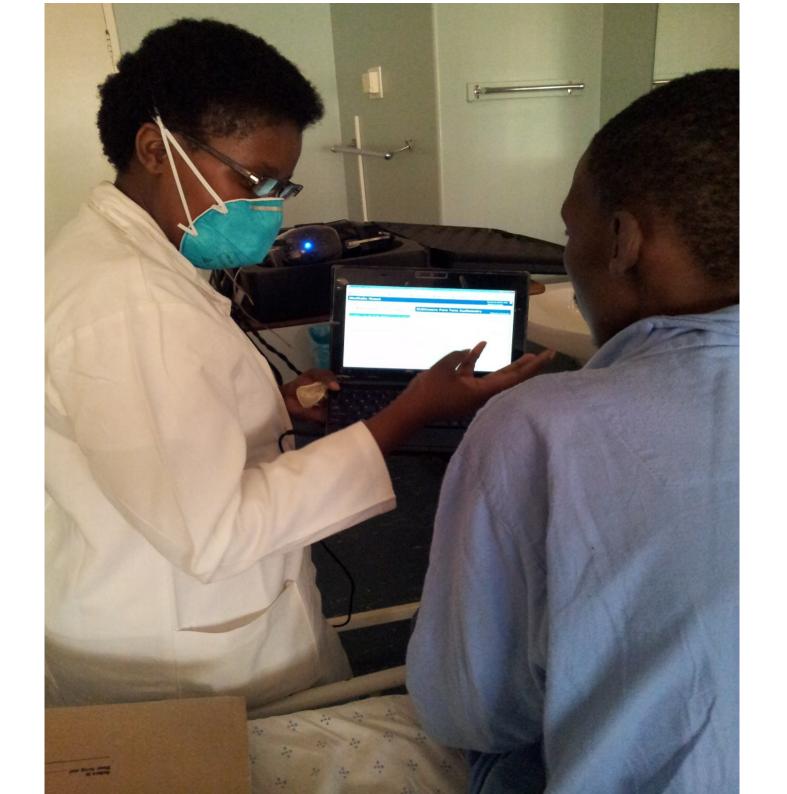
#### Can test virtually anywhere

- Hospital bed testing
- Take with you to decentralised clinics
- ↓ risk of cross infection and ↓ claustrophobia
- Test patient with oxygen mask on his face
- Wheel chair not needed







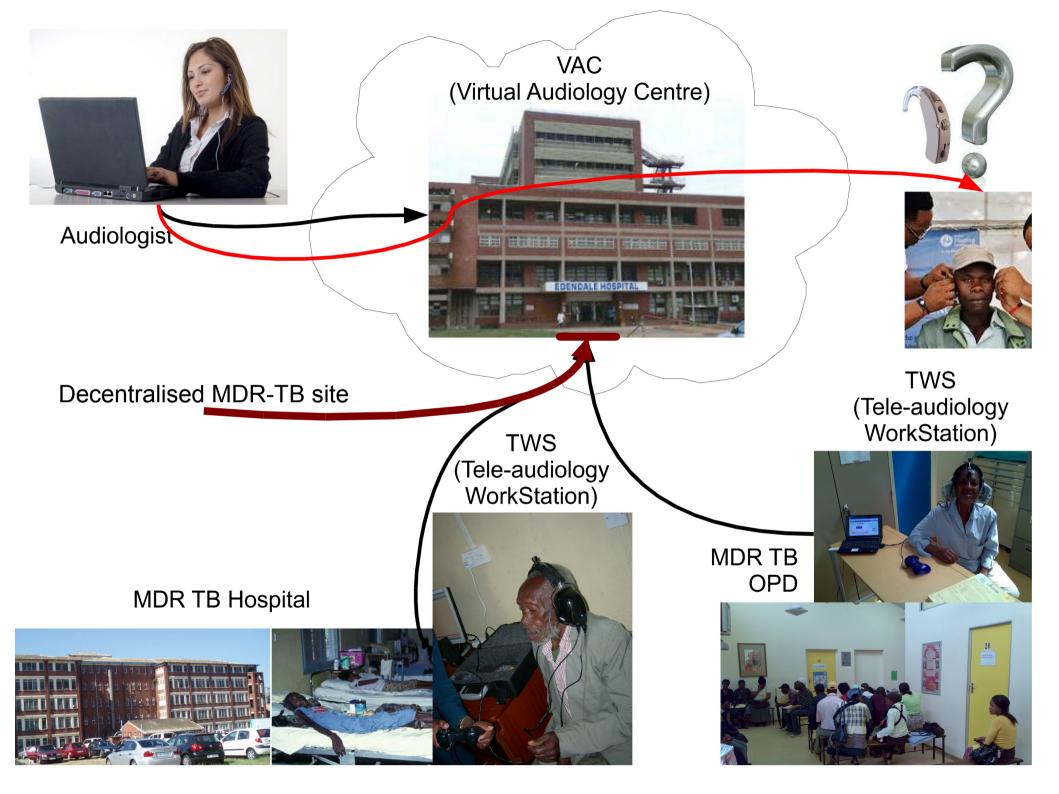


#### Virtually anybody can "do" the test

- Windows software
- Easy to use
- Automatic
- Facilitator
  - Nurses / doctor
  - Admin staff

Interpretations centralised





#### Roll-out update

- 38 sites in total roll out started in August 2012
- 28 training sessions to train all 38 sites
  - ~30 people attended each session
  - 2 facilitators practical trained per site
  - All audiologists who attended were trained
- 24 sites are already functional
- 14 sites are still being rolled out re-training needed
- 15 sites audiologists are using the equipment themselves
- 3 sites Drs and Srs are doing the tests and interpretations
- 10 sites centralised Asynchronous testing and interpretations
- 7 sites provincial audiologists does Asynchronous interpretations
- 3 sites GeoAxon interprets (561 interpretations to date)

#### Next phase coming up

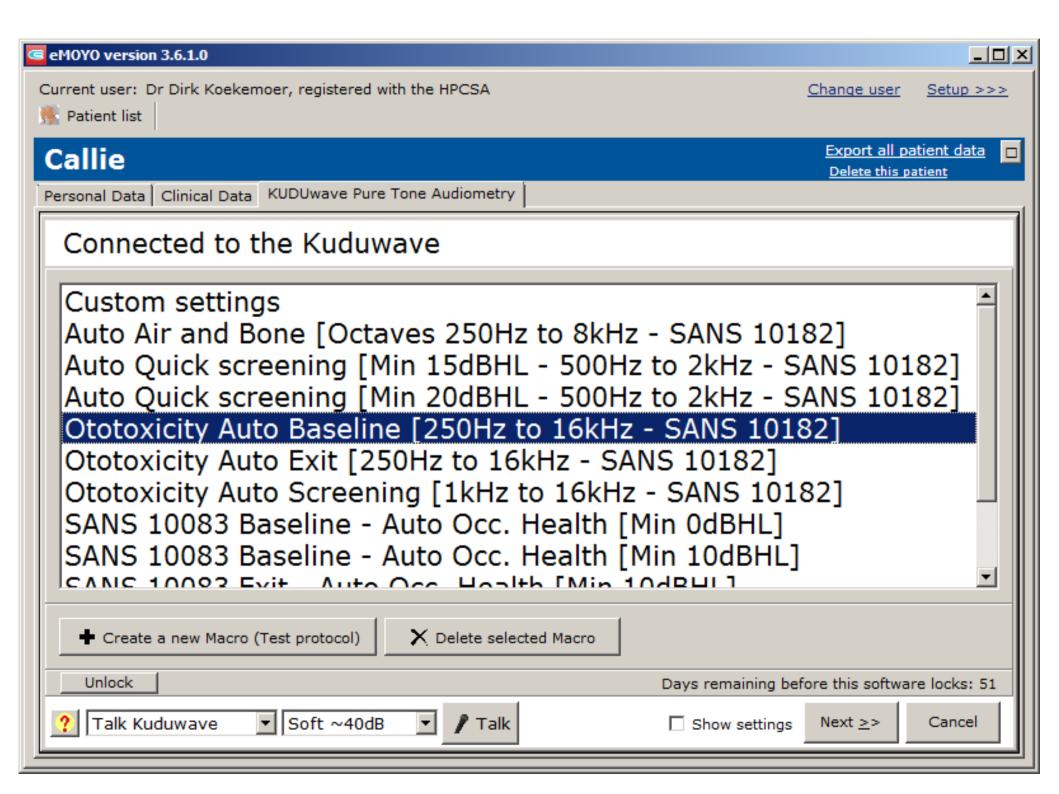
Connectivity – pay as you go is virtually impossible to project manage

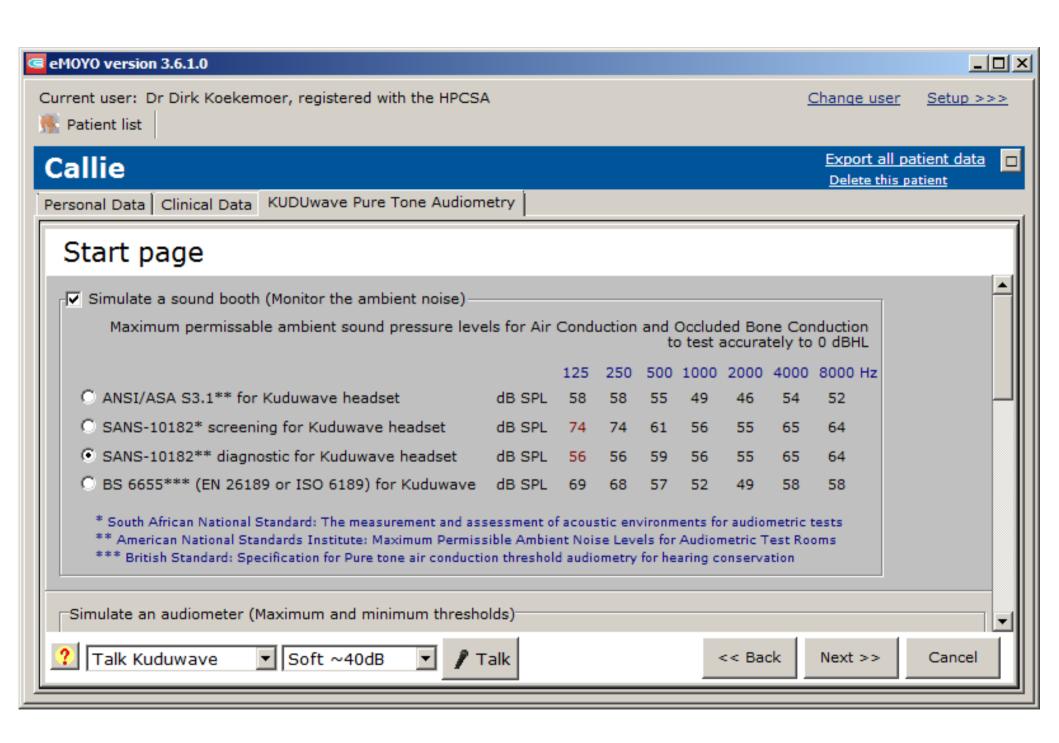
We are in the process of converting all to our APN

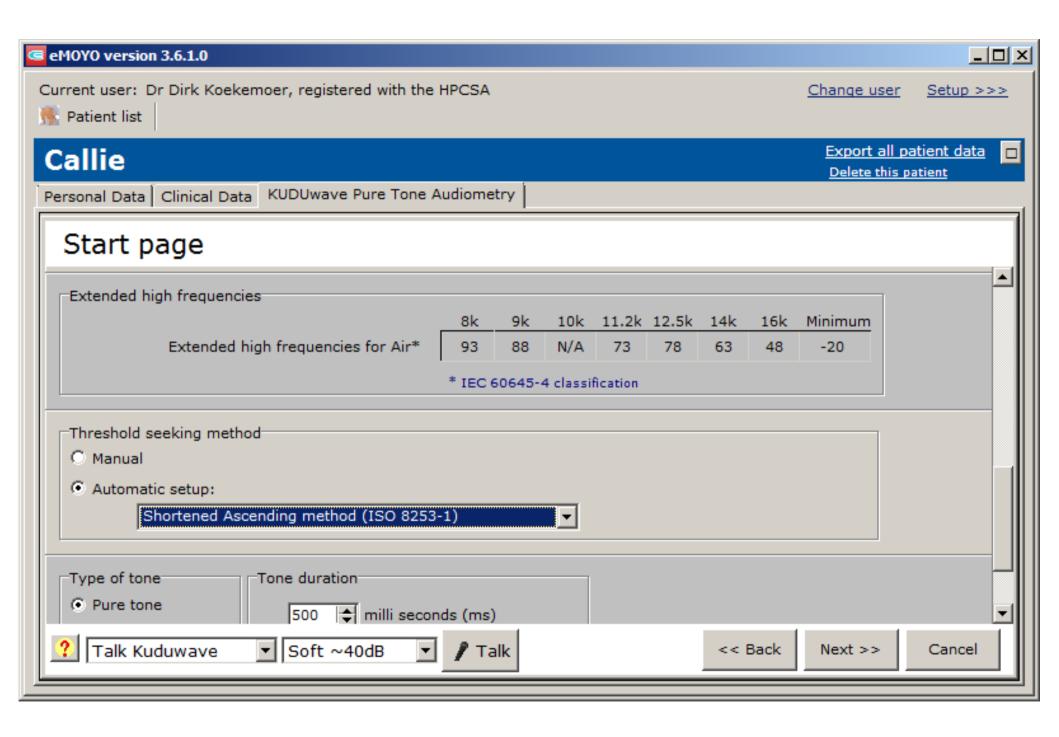
- Re-training of the users of the equipment (facilitators) at 15 sites
- GeoAxon is hoping that the University of Pretoria can do some interpretations for the DoH instead of ourselves
- In a few months there will be in total ~23 functional Asynchronous Tele-Audiology sites

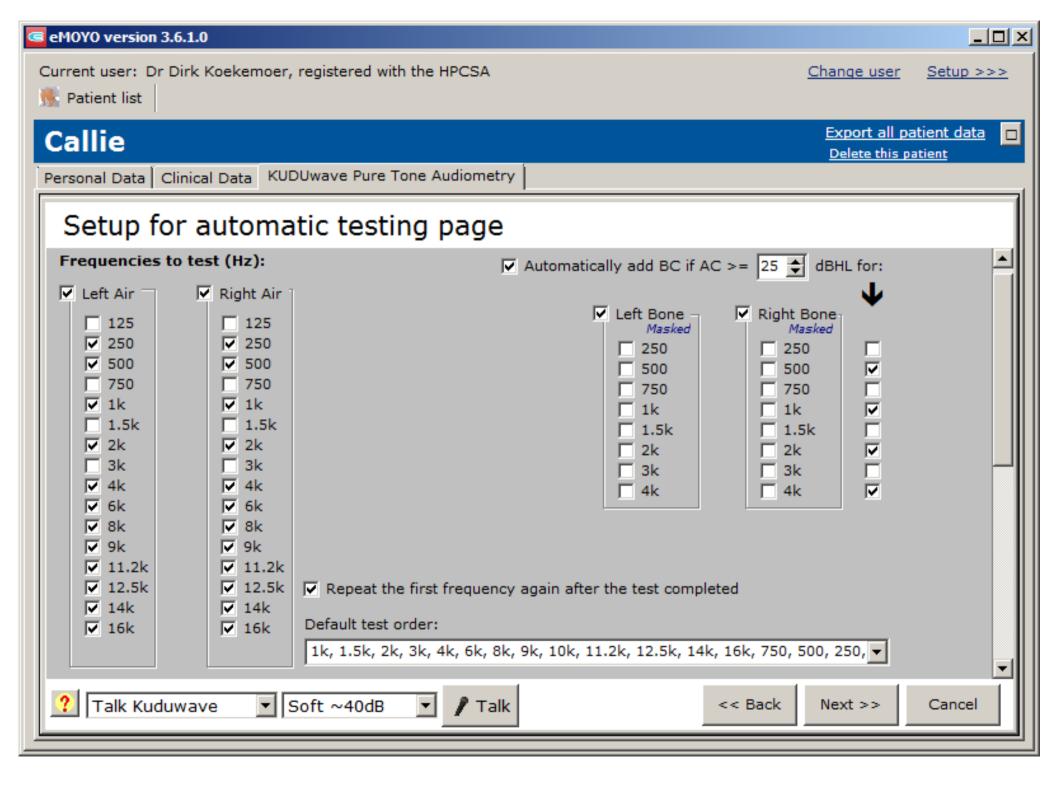
# St. Margarets Hospital

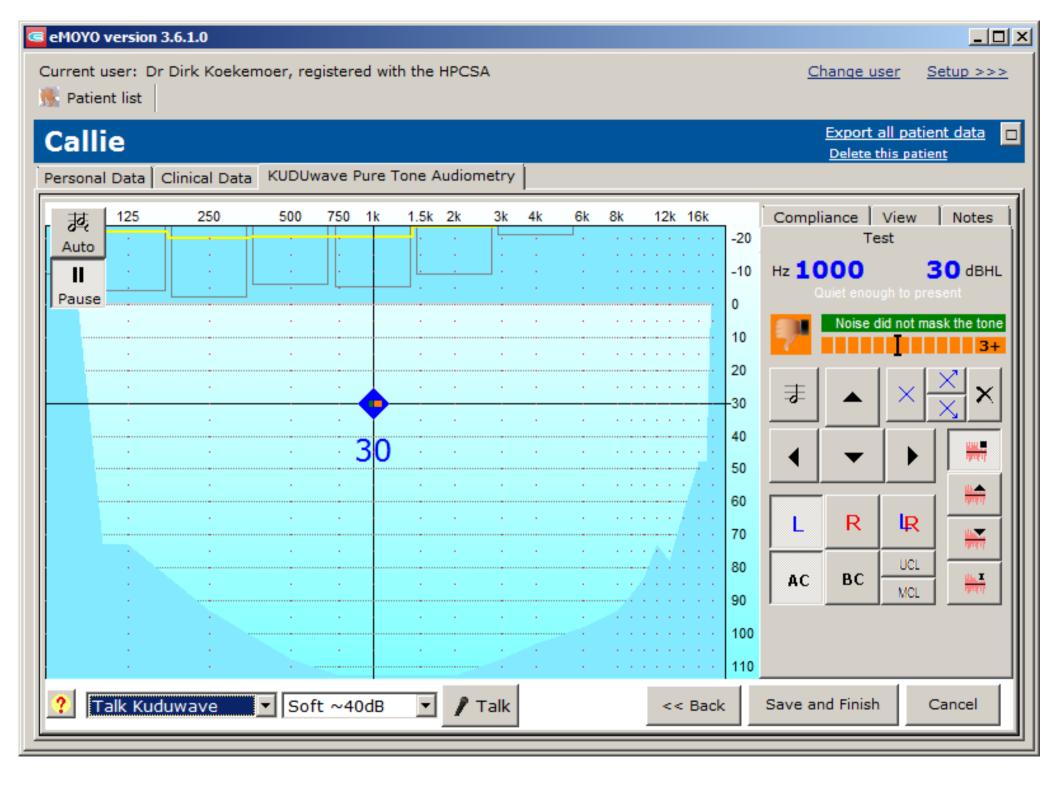


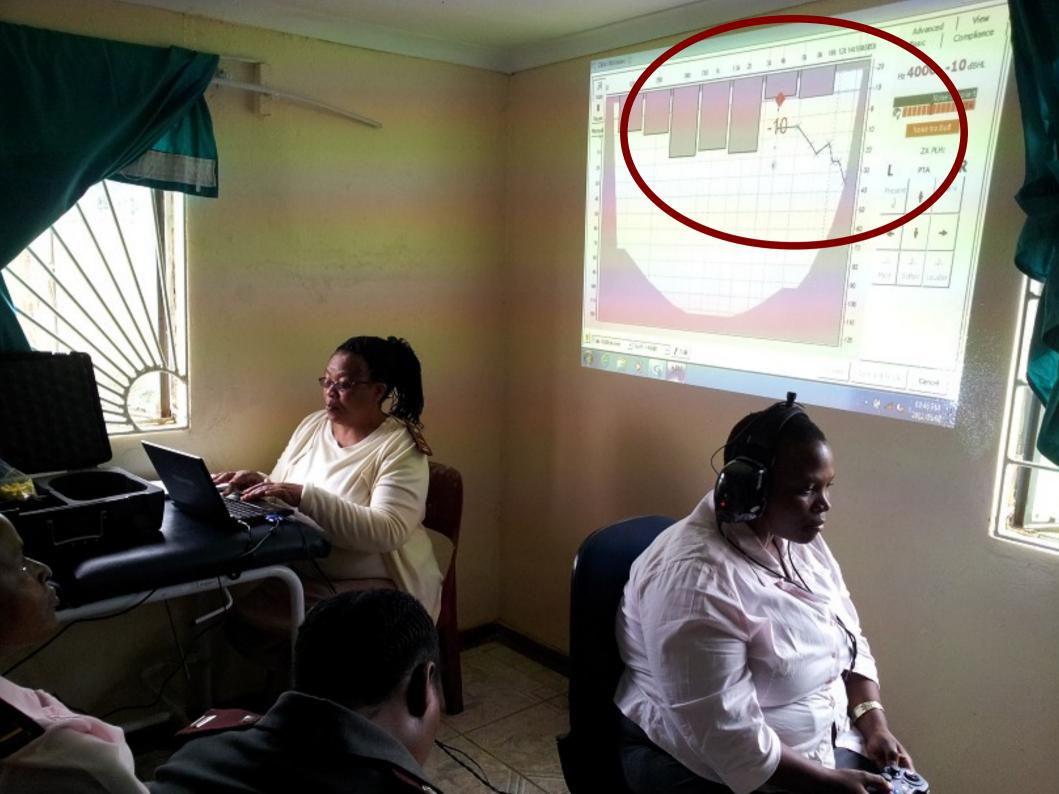


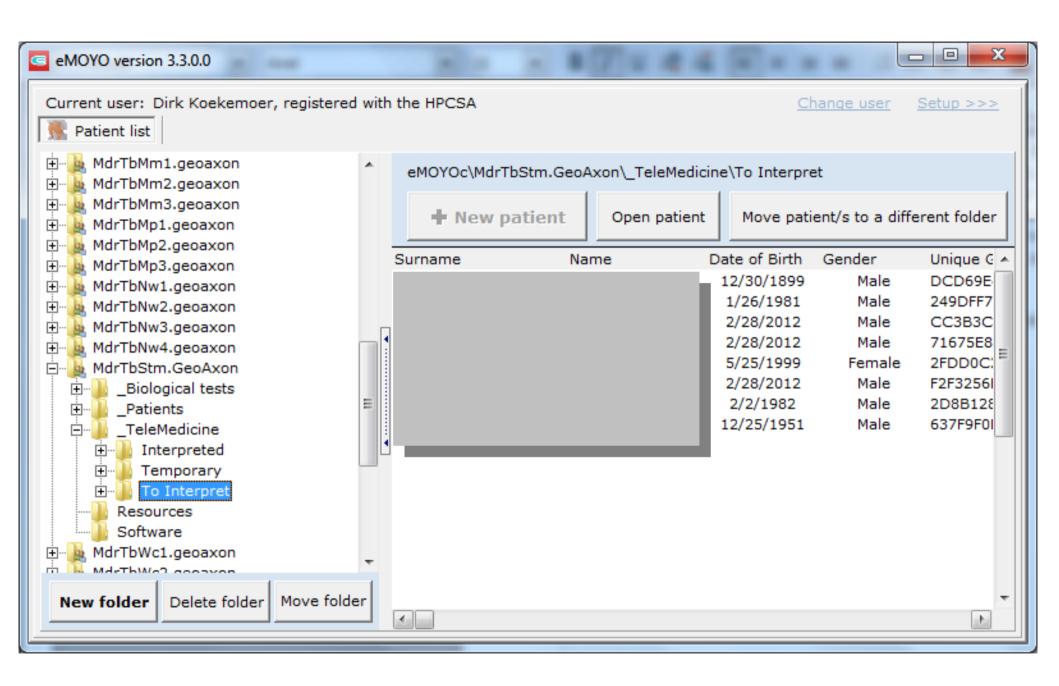














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| Account Information   |            |
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#### Reporting



PLH Report



Ototoxicity Report



Hearing Loss Report



Admin Report



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Welcome dirk! [ Log Out ] Home eMoyo About Admin Pages View/Interpret Test Results Test Count: 69 Back VTC VC Folder MDR TB TeleMedicine\To Interpret ▼ St Margarets Run Showing results for: MDR TB TeleMedicine\To Interpret St Margarets 12345 ... Last View VTC Clinic **Test Date** Interpreted Care Giver Patient MDR TB St Margarets 2013/01/30 03:14:32 PM Bonginkosi Sandile Ndlovu MDR TB St Margarets 2013/01/30 03:02:07 PM Bonginkosi Sandile Ndlovu MDR TB St Margarets 2013/01/30 02:48:24 PM Bonginkosi Sandile Ndlovu MDR TB St Margarets 2013/01/30 02:32:11 PM Bonginkosi Sandile Ndlovu MDR TB St Margarets 2013/01/28 03:14:27 PM Bonginkosi Sandile Ndlovu

Bonginkosi Sandile Ndlovu

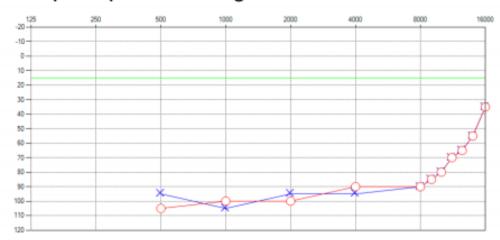
MDR TB St Margarets 2013/01/28 02:51:45 PM

#### Superimposed Audiogram: Baseline / Latest

# 20 250 500 1000 2000 4000 6000 16000

Baseline - 2012-09-19 Latest - 2013-01-28

#### Superimposed Audiogram: Previous / Latest



Latest - 2013-01-28

#### Air Thresholds - Left

| 1                      | 250 |     |     |     | Air i nresnoids - Lett |    |    |    |     |     |      |      |     |           |        |       |     |     |     |    |     |    |     |    |    |      |      |     |                |
|------------------------|-----|-----|-----|-----|------------------------|----|----|----|-----|-----|------|------|-----|-----------|--------|-------|-----|-----|-----|----|-----|----|-----|----|----|------|------|-----|----------------|
|                        | 200 | υ : | 500 | 1k  | 2k                     | 3k | 4k | 6k | 8k  | 9k  | 11.2 | 12.5 | 14k | 16k       |        | 125 2 | 250 | 500 | 1k  | 2k | 3k  | 4k | 6k  | 8k | 9k | 11.2 | 12.5 | 14k | 16k            |
|                        |     |     | 5   | 15  | 25                     |    | 10 |    | -20 | -20 | 15   | 15   | 10  | -5 Base   | Prev   |       |     |     |     |    |     |    |     |    |    |      |      |     |                |
|                        |     |     | 95  | 105 | 95                     |    | 95 |    | 90  | 85  | 70   | 65   | 55  | 35 Latest | Latest |       |     | 95  | 105 | 95 |     | 95 |     | 90 | 85 | 70   | 65   | 55  | 35             |
|                        |     |     | 90  | 90  | 70                     |    | 85 |    | 110 | 105 | 55   | 50   | 45  | 40 Shift  | Shift  |       |     |     |     |    |     |    |     |    |    |      |      |     |                |
| Air Thresholds - Right |     |     |     |     |                        |    |    |    |     |     |      |      |     |           |        |       |     |     |     |    |     |    |     |    |    |      |      |     |                |
| ,                      | 250 |     | 90  | 90  | 70                     | 21 | 85 |    | 110 | 105 | 55   | 50   | 45  | 40 Shift  | Shift  | Right |     |     |     |    | 21- |    | er. |    |    |      |      |     | 90 85 70 65 55 |

| 125 250 500 | 1k  | 2k  | 3k | 4k | 6k 8 | 3k | 9k | 11.2 | 12.5 | 14k | 16k  |        |        | 125 | 250 | 500 | 1k  | 2k  | 3k | 4k | 6k | 8k | 9k | 11.2 | 12.5 | 14k | 16k |
|-------------|-----|-----|----|----|------|----|----|------|------|-----|------|--------|--------|-----|-----|-----|-----|-----|----|----|----|----|----|------|------|-----|-----|
| 25          | 15  | 5   |    | 30 | 3    | 0  | 15 | 35   | 25   | 45  | 35 E | Base   | Prev   |     |     |     |     |     |    |    |    |    |    |      |      |     |     |
| 105         | 100 | 100 |    | 90 | 9    | 0  | 85 | 70   | 65   | 55  | 35 L | _atest | Latest |     |     | 105 | 100 | 100 |    | 90 |    | 90 | 85 | 70   | 65   | 55  | 35  |
| 80          | 85  | 95  |    | 60 | 6    | 0  | 70 | 35   | 40   | 10  | 0.5  | Shift  | Shift  |     |     |     |     |     |    |    |    |    |    |      |      |     |     |



### Secret to successful Tele-Audiology implementations to eradicate disparities

- You need a champion!
- You need to be bold and implement



- You need patience and a lot of perseverance
- You need brass balls to travel this road less traveled
- You need to ask for forgiveness if you stepped on toes
- Multiply your roll-out budget and time to roll out with π and be sure to have an excellent project manager

