



Antibiotics: How broad do you go?

Professor Jeffrey Lipman

Department of Intensive Care Medicine Royal Brisbane Hospital University of Queensland





THE UNIVERSITY OF QUEENSLAND



Burns Trauma & Critical Care Research Centre

MAJOR SPONSOR



SUPPORTING SPONSORS











EXTRA DECLARATION

Trip out to SA sponsored by

ADCOCK INGRAM





SINGLE AGENT or DBL COVER?

1 CAP: DBL COVER BETTER

2 GM NEG INFECTIONS



Double gram negative cover

Double gram negative cover for infections largely comes from 2 studies, one in neutropaenic patients (cancer), the other in Pseudomonas infections and from *in vitro* synergy

> The EORTC International Antimicrobial Therapy Cooperative Group Ceftazidime combined with a short or long course of amikacin for empirical therapy of gram-negative bacteremia in cancer patients with granulocytopenia. N Engl J Med 1987;317:1692-1698.

Hilf et al Am J Med 1989:87:5490-6.

This doesn't stand up to systematic analysis





LEVEL 1 EVIDENCE

Three meta-analyses have recently compared β-lactam monotherapy versus β-lactam-aminoglycoside combination. **All have shown no benefit of combination therapy**. In fact side effects were more with combination therapy (aminoglycoside divided doses, though) Paul M, Soares-Weiser K, Leibovici L. β-lactam monotherapy versus β-lactam-aminoglycoside combination therapy for fever with neutropenia: systematic review and meta-analysis. Br Med J

2003; 326:1111-5.

Paul M, Benuri-Silbiger I, Soares-Weiser K, Leibovici L. β -lactam monotherapy versus β -lactam-aminoglycoside combination therapy in immunocompetent patients: systematic review and meta-analysis of randomised trials. Br Med J 2004; 328: 668-81.



Safdar N, Handelsman J, Maki DG. Does combination antimicrobial therapy reduce mortality in Gram-negative bacteraemia? A meta-analysis. Lancet Infect Dis 2004; 4:519-27.





LEVEL 1 EVIDENCE

MAJOR ARTICLE

Effect of Aminoglycoside and *β*-Lactam Combination Therapy versus *β*-Lactam Monotherapy on the Emergence of Antimicrobial Resistance: A Meta-analysis of Randomized, Controlled Trials

Ioannis A. Bliziotis,¹ George Samonis,³ Konstantinos Z. Vardakas,¹ Stavroula Chrysanthopoulou,¹ and Matthew E. Falagas^{1,2,4}

Clinical Infectious Diseases 2005;41:149-158 Conclusions. Compared with ß-lactam monotherapy, the aminoglycoside/ß-lactam combination was not associated with a beneficial effect on the development of antimicrobial resistance among initially antimicrobialsusceptible isolates.

EVEN RESISTANCE







1 CAP: DBL COVER BETTER

2 GM NEG INFECTIONS a) Meta-analyses







BUT



Getting therapy right first time

There is now significant evidence that correct antibiotic choices will save more lives than virtually all other ICU therapy

- Garnacho-Montero J, Garcia-Garmendia JL, Barrero-Almodovar A, Jimenez-Jimenez FJ, Perez-Paredes C, Ortiz-Leyba C. Impact of adequate antibiotic therapy on the outcome of patients admitted to the intensive care unit with sepsis. Crit Care Med 2003; 31:2742-2751.
- Kollef MH, Sherman G, Ward S, Fraser VJ. Inadequate antimicrobial treatment of infections: a risk factor for hospital mortality among critically ill patients. Chest 1999; 115:462-474.
- Rello J, Gallego M, Mariscal D, Sonora R, Valles J. The value of routine microbial investigation in ventilator-associated pneumonia. Am J Respir Crit Care Med 1997; 156:196-200.
- Iregui M, Ward S, Sherman G, Fraser VJ, Kollef MH. Clinical importance of delays in the initiation of appropriate antibiotic treatment for ventilator-associated pneumonia. Chest 2002;122:262-268.
- Luna CM, Vujacich P, Niederman MS, Vay C, Gherardi C, Matera J, Jolly EC. Impact of BAL data on the therapy and outcome of ventilatorassociated pneumonia. Chest 1997; 111:676-685.
- Leibovici L, Drucker M, Konigsberger H et al. Septic shock in bacteremic patients: risk factors, features and prognosis. Scand J Infect Dis 1997; 29:71-75.
- Valles J, Rello J, Ochagavia A, Garnacho J, Alcala MA. Community-acquired bloodstream infection in critically ill adult patients: impact of shock and inappropriate antibiotic therapy on survival. Chest 2003; 123:1615-1624.
- Ibrahim EH, Sherman G, Ward S, Fraser VJ, Kollef MH. The influence of inadequate antimicrobial treatment of bloodstream infections on patient outcomes in the ICU setting. Chest 2000; 118:146-155.
- Alvarez-Lerma F. Modification of empiric antibiotic treatment in patients with pneumonia acquired in the intensive care unit. ICU-Acquired Pneumonia Study Group. Intensive Care Med 1996; 22:387-394. MacArthur RD, Miller M, Albertson T et al. Adequacy of early empiric antibiotic treatment and survival in severe sepsis: Experience from the MONARCS Trial. Clin Infect Dis 2003; 38:284-288.
- Harbarth S, Garbino J, Pugin J et al. Inappropriate initial antimicrobial therapy and its effect on survival in a clinical trial of immunomodulating therapy for severe sepsis. Am J Med 2003; 115:529-535.
- AcArthur RD, Miller M, Albertson T et al. Adequacy of early empiric antibiotic treatment and survival in severe sepsis: Experience from the MONARCS Trial. Clin Infect Dis 2003; 38:284-288.



Inadequate antibiotic therapy: a risk factor for mortality





Vallés et al. Chest 2003 123:1615-1624

Inappropriate antibiotic treatment



Micek et al . Pharmacotherapy 2005;25:26-34



The American Journal of Medicine (2006) 119, 970-976



CLINICAL RESEARCH STUDY

THE AMERICAN JOURNAL of MEDICINE⊗



AJM Theme Issue: Infectious Disease

Benefit of Appropriate Empirical Antibiotic Treatment: Thirty-day Mortality and Duration of Hospital Stay

Abigail Fraser, MPH,^a Mical Paul, MD,^{a,b} Nadja Almanasreh, MD,^c Evelina Tacconelli, MD,^d Uwe Frank, MD,^c Roberto Cauda, MD,^d Sara Borok, MD,^a Michal Cohen, MD,^e Steen Andreassen, PhD,^f Anders D. Nielsen, MSc,^f Leonard Leibovici, MD,^{a,b} on behalf of the TREAT Study Group

920 patients from 3 countries (Israel, Germany, Italy) Inappropriate therapy in 319 All cause 30 day mortality 20% vs 11%

Adjusting for med centre + other variables Odds ratio 1.58 95%CI 0.99-2.54 p=.058 Fraser et al. Am J Med 2006;119:970-6



Getting therapy right first time





Original Research

CRITICAL CARE MEDICINE

Initiation of Inappropriate Antimicrobial Therapy Results in a Fivefold Reduction of Survival in Human Septic Shock

CHEST 2009; 136:1237–1248

Anand Kumar, MD; Paul Ellis, MD; Yaseen Arabi, MD, FCCP;

CHEST 2009;136:1237-48

Systematic Review and Meta-Analysis of the Efficacy of Appropriate Empiric Antibiotic Therapy for Sepsis[⊽]†

Mical Paul,1* Vered Shani,2 Eli Muchtar,2 Galia Kariv,2 Eyal Robenshtok,2 and Leonard Leibovici2

Assuming 34% mortality with inappropriate empirical treatment number needed to treat to prevent one fatal outcome, 10 patients

<u>Conclusion</u>: Appropriate empirical antibiotic treatment is associated with a significant reduction in all-cause mortality

Paul et al AAC 2010;54:4851-63



Regional Variations of resistances



KNOW YOUR LOCAL ORGANISMS AND SENSITIVITIES **BECAUSE THAT** DETERMINES **MUCH OF YOUR ANTIBIOTIC CHOICES**





ESBL in South Africa



Bell et al J Clin Microbiol 2007;45:1478-82

Predicting the causative organism: ICUs across continents



Rello et al. Am Journal Respir Crit Care Med 1999;160:608–613

Predicting the causative organism: ICUs within the same hospital



Susceptibility (%)

Namias et al. J Trauma 2000;49:638-645





TO COVER ALL ORGANISMS MEANS BROAD COVER UP FRONT





LEVEL 1 EVIDENCE

All meta-analyses leave caveat for double gram-negative cover... ...something like....

Dbl Gm -ve

Caveat "MAYBE" for *Pseudomonas* <u>and</u> difficult-to-treat infections, with worry of resistance developing.





TRANSLATION OF EVIDENCE

Caveat MAYBE for *Psuedomonas* and difficult-to-treat infections, with worry of resistance developing.

With data of inadequate initial therapy causing morbidity – this translates into

BROAD THERAPY INITIALLY

even possibly dbl gm -ve cover **TAILOR AFTER 48 HOURS OR WHEN CULTURES BACK**





SINGLE AGENT OF DBL COVER?

1 CAP: DBL COVER BETTER

2 GM NEG INFECTIONS a) Meta-analyses b) Ps Infections c) Empiric cover



DOUBLE GM NEG COVER



August Critical Care Medicine

A survival benefit of combination antibiotic therapy for serious infections associated with sepsis and septic shock is contingent on the risk of death: A meta-analytic/meta-regression study

Anand Kumar, MD; Nasia Safdar, MD; Shravan Kethireddy, MD; Dan Chateau, PhD

Crit Care Med 2010;38:1651-64



ANTIMICROBIAL AGENTS AND CHEMOTHERAPY, May 2010, p. 1742–1748 0066-4804/10/\$12.00 doi:10.1128/AAC.01365-09 Copyright © 2010, American Society for Microbiology. All Rights Reserved.

Empiric Combination Antibiotic Therapy Is Associated with Improved Outcome against Sepsis Due to Gram-Negative Bacteria: a Retrospective Analysis^v

Scott T. Micek,¹ Emily C. Welch,¹ Junaid Khan,² Mubashir Pervez,² Joshua A. Doherty,³ Richard M. Reichley,³ and Marin H. Kollef^{2*}



FIG. 2. Hospital mortality and inappropriate initial antimicrobial therapy (IIAT) according to classification of infection source. (P < 0.001 for differences in hospital mortality and IIAT).

Micek et al

Antimicrob Agents Chemother

May 2010



DOUBLE GM NEG COVER

Vol. 54, No. 9

ANTIMICROBIAL AGENTS AND CHEMOTHERAPY, Sept. 2010, p. 3590–3596 0066-4804/10/\$12.00 doi:10.1128/AAC.00115-10 Copyright © 2010, American Society for Microbiology. All Rights Reserved.

Influence of Empiric Therapy with a β-Lactam Alone or Combined with an Aminoglycoside on Prognosis of Bacteremia Due to Gram-Negative Microorganisms[⊽]

J. A. Martínez,¹* N. Cobos-Trigueros,¹ A. Soriano,¹ M. Almela,² M. Ortega,¹ F. Marco,² C. Pitart,² H. Sterzik,¹ J. Lopez,¹ and J. Mensa¹

"..A total of 4,863 episodes were assessed, of which 678 (14%) received combination therapy and 467 (10%) were fatal....." "..Combination therapy improved the appropriateness of empirical therapy in episodes due to ESBL- or AmpC-producing *Enterobacteriaceae* and *Pseudomonas aeruginosa....*"

Combination therapy also should be considered for patients at risk of being infected with resistant organisms, if only to increase the appropriateness of empirical therapy

Sept Antimicrob Agents Chemother. 2010;54:3590-6



Broad spectrum Dbl gm neg cover = Problem









De-escalation

De-escalation involves the practice of: Starting with a broad-spectrum empiric therapy regimen designed to avoid inappropriate therapy, combined with a commitment to: Change from broad- to narrow-spectrum therapy Reduce the duration of therapy Stop therapy in selected patients, as dictated by the patient's clinical response and by culture results Culture data are used to narrow, focus or even stop therapy

Does De-Escalation of Antibiotic Therapy for Ventilator-Associated Pneumonia Affect the Likelihood of Recurrent Pneumonia or Mortality in Critically III Surgical Patients?

Soumitra R. Eachempati, MD, FACS, Lynn J. Hydo, MBA, Jian Shou, MD, FACS, and Philip S. Barie, MD, MBA, FACS, FC J Trauma Injury Infect Crit Care MAY 2009

Conclusion: De-escalation therapy did not lead to RP or increased mortality in critically ill surgical patients with VAP. De-escalation therapy was also shown to be safe in patients with septic shock. Because of its acknowledged benefits and lack of demonstrable risks, de-escalation therapy should be used whenever possible in critically II patients with VAP.





DURATION OF ANTIBIOTIC THERAPY



BOWEL BACTERIAL LOAD

MORE BACTERIA IN/ON OUR BODY THAN CELLS

10 quadrillion cells 100 quadrillion bacterial cells





ANTIBIOTICS KILL BACTERIA, BUT NOT ALL

Comparison of 8 vs 15 Days of Antibiotic Therapy for Ventilator-Associated Pneumonia in Adults A Randomized Trial

Jean Chastre, MD

Prospective, randomised, multicentre trial Comparing the outcome of therapy with a 'short' (8-day) or 'long' (15-day) course of antibiotics patients with microbiologically proven VAP (bronchoscopic bronchoalveolar lavage protected specimen brush or Combicath) receiving appropriate initial empiric treatment double-blind until Day 8 Major endpoints (Day 28): mortality recurrence of pulmonary infection antibiotic use





Short-course Empiric Antibiotic Therapy for Patients with Pulmonary Infiltrates in the Intensive Care Unit

A Proposed Solution for Indiscriminate Antibiotic Prescription AJRCCM 2000:162: 505-11

NINA SINGH, PAUL ROGERS, CHARLES W. ATWOOD, MARILYN M. WAGENER, and VICTOR L. YU

CPIS≤ 6 : "std" vs 3 days cipro MAIN RESULTS: ICU Mortality – same, <u>BUT:</u> ICU LOS LESS, 30 DAY MORTALITY LESS Resistance 15% vs 35%,

COMMENTS: Small study, low risk pts, a start





Contents lists available at ScienceDirect

International Journal of Antimicrobial Agents

journal homepage: http://www.elsevier.com/locate/ijantimicag

Multidrug-resistant Gram-negative bacteria: how to treat and for how long Helen Giamarellou*

CONCLUSION : "..... the strict application of infection control measures is the cornerstone of nosocomial infection prevention, and antibiotic stewardship, exemplified by appropriate duration of therapy and de-escalation policies, should not be overlooked."

Antimicrobial







THERE IS AN INTERNATIONAL TREND TO USE SHORTER COURSES OF ANTIBIOTICS

Ps VAP probably needs 7-10 days

In my Unit we seldom use greater than a 7 day course – more often a 5 day course PROVIDED THERE IS SOURCE CONTROL



ANTIMICROBIAL AGENTS AND CHEMOTHERAPY, Aug. 2009, p. 3430–3436 0066-4804/09/\$08.00+0 doi:10.1128/AAC.01361-08 Copyright © 2009, American Society for Microbiology. All Rights Reserved.



Population Pharmacokinetic Analysis of Colistin Methanesulfonate and Colistin after Intravenous Administration in Critically Ill Patients with Infections Caused by Gram-Negative Bacteria[⊽]†

D. Plachouras,^{1*} M. Karvanen,² L. E. Friberg,³ E. Papadomichelakis,⁴ A. Antoniadou,¹ I. Tsangaris,⁴ I. Karaiskos,¹ G. Poulakou,¹ F. Kontopidou,¹ A. Armaganidis,⁴ O. Cars,² and H. Giamarellou¹

PK analysis of 18 pts given colistin methanesulfonate (CMS) 240mg Q8H (3million units CMS) Measured both CMS as well as active colistin Showed plasma colistin concentrations insufficient Plachouras et al Antimicrob Agents Chemother 2009;53:3420-6

STANDARD DOSE INSUFFICIENT



Plachouras et al Antimicrob Agents Chemother 2009;53:3420-6

STANDARD DOSE INSUFFICIENT



Suggest

Loading dose 9MU (720mg !)

FOLLOWED BY

4.5MU (360mg) every12 hours

Plachouras et al Antimicrob Agents Chemother 2009;53:3420-6

Nephrotoxicity associated with the use of intravenous colistin



CECILIA SANTAMARÍA, ANALIA MYKIETIUK, ELENA TEMPORITI, MARTIN E. STRYJEWSKI, FABIAN HERRERA & PABLO BONVEHI

Scand J Infect Dis 2009 Aug 14:1-3

Fifty-four patients with multidrugresistant Acinetobacter infections were included 6/54 patients (11%) suffered renal impairment Renal impairment associated with the use of colistin is less frequent than

initially reported

Santamaria C et al Scand J Infect Dis 2009 Aug 14:1-3





Time-kill assay (mean colony counts of all isolates)

Pankey GA and Ashcraft DS *Diagn Microb Inf Dis* 2009;63:228-32.



In Vitro Antimicrobial Activity and Mutant Prevention Concentration of Colistin against Acinetobacter baumannii⁷

Yun Cai, Ran Li, Beibei Liang, Nan Bai, Youning Liu, and Rui Wang*

Antimicrob Agents Chemother. 2010;54:3998-9

"....combination therapy for colistin treatment of *A. baumannii* would be prudent to slow the emergence of resistance...."

Sept Antimicrob Agents Chemother. 2010;54:3998-9



LOW EXPOSURE TO ANTIBIOTICS ENABLES DEVELOPMENT OF RESISTANCE

Antibiotic resistance—What's dosing got to do with it?

Jason A. Roberts, B Pharm (Hons); Peter Kruger, MBBS, FJFICM; David L. Paterson, MBBS, FRACP, PhD; Jeffrey Lipman, MBBCh, FJFICM, MD Critical Care Medicine August 2008;36:2433-40

IF YOU DON'T LOOK PROPERLY YOU WON'T SEE IT.







KILL CHARACTERISTICS



CONC. DEPENDENT

ß-lactams:
Time>MICVancomycin
?Time>MIC

Aminoglycosides: Dose dependent Fluoroquinolones: Peak/MIC AUC/MIC



1st dose

Day 3-6

1. Cefpirome levels lower 2. No difference between D1 vs later dose



Creatinine clearance







Creatinine clearance







Glomerular hyperfiltration and albuminuria in critically ill patients Anaesth Intensive Care 2008; 36: 674-680

O. FUSTER-LLUCH*, M. GERÓNIMO-PARDO†, R. PEYRÓ-GARCÍA‡, M. LIZÁN-GARCÍA§

Departments of Clinical Analysis, Anesthesiology and Reanimation and Preventive Medicine, Complejo Universitario of Albacete, Albacete, Spain

On admission 17% of patients had high Creatinine Clearances rising up to 30% during 1st week of ICU.

UP TO 30% of ICU pts had high creatinine clearances!!

Glomerular hyperfiltration and albuminuria in critically ill patients Anaesth Intensive Care 2008; 36: 674-680

O. FUSTER-LLUCH*, M. GERÓNIMO-PARDO†, R. PEYRÓ-GARCÍA‡, M. LIZÁN-GARCÍA§

Departments of Clinical Analysis, Anesthesiology and Reanimation and Preventive Medicine, Complejo Universitario of Albacete, Albacete, Spain





AUGMENTED RENAL CLEARANCE

Editorial

Anaesth Intensive Care 2009; 37: 11-13

You only find what you look for: the importance of high creatinine clearance in the critically ill Udy A, et a

REVIEW ARTICLE

Clin Pharmacokinet 2010; 49:1-16

Augmented Renal Clearance

Implications for Antibacterial Dosing in the Critically Ill

Andrew A. Udy,^{1,2} Jason A. Roberts,^{1,2,3} Robert J. Boots,^{1,2} David L. Paterson^{4,5} and Jeffrey Lipman^{1,2}



Contents lists available at ScienceDirect

International Journal of Antimicrobial Agents



journal homepage: http://www.elsevier.com/locate/ijantimicag

Short communication

Augmented renal clearance in the Intensive Care Unit: an illustrative case series

Andrew A. Udy^{a,b}, Michael T. Putt^{a,b}, Sulochana Shanmugathasan^a, Jason A. Roberts^{a,b,c}, Jeffrey Lipman^{a,b,*} June 2010

WATCH THIS SPACE!







INFLAMMATORY RESPONSE WITH CAPILLARY LEAK 1. HUGE FLUID SHIFTS 2. DEFEND BLOOD PRESSURE OFTEN WITH INOTROPES



Roberts and Lipman Critical Care Medicine 2009;37:840-851







Mr SJ 33 M SEVERE CLOSED HEAD INJURY

3rd week into ICU - CoNS from Bld + EVD Off inotropes, MAP 80, P 110, T 38, Na 140 Cr 41 U/O 1-1.5ml/kg/hr.

Vancomycin

1gm BD -> trough 6 1.5gm BD -> trough 11 3gm infusion->15 4gm infusion->steady state 21 8 hr Creat Clearance 200ml/min USCOM Cardiac output 8 l/m



CASE TWO



Mr IF 29 M 40% BURNS + INHALATIONAL INJURY

3rd week into ICU - Cipro sensitive CRAB On norad 5µ/min, MAP 70, P 80, T 38⁵, Na 139 Cr 60 U/O <1.5ml/kg/hr.

<u>CIPROFLOXACIN</u>

400mg tds level at 4hrs level 1.2mg/l Lipman et al – should be about 2mg/l USCOM Cardiac Output 10l/m







Mr RJ 29 M 28% BURNS + INHALATIONAL INJURY

2nd week into ICU - Amikacin sensitive CRAB Off inotropes, MAP 80, P 100, T 38, Na 140 Cr 55, U/O <1.5ml/kg/hr.

AMIKACIN

20mg/kg/day 14hrs 1.2 30mg/kg/day 14hrs 2.4 30mg/kg/18hourly trough <1



CASE FOUR



Mr CS 19 M MULTI-TRUAMA - SEVERE CLOSED HEAD INJURY->DECOMPRESSIVE CRANIECTOMY

3rd week into ICU - 5th day VAP Off inotropes, MAP 100, P 116, T 38⁶, Na 148 Cr 56, U/O 1-1.5ml/kg/hr.

<u>MEROPENEM</u>

2gm 8 hourly Trough - undetectable Creatinine Clearance 224ml/min USCOM Cardiac Output 10l/min



KILL CHARACTERISTICS



CONC. DEPENDENT

ß-lactams:
Time>MICVancomycin
?Time>MIC

Aminoglycosides: Dose dependent Fluoroquinolones: Peak/MIC AUC/MIC



Serum antibiotic levels over a dosing interval





EXTENDED INFUSIONS

Journal of Antimicrobial Chemotherapy doi:10.1093/jac/dkn543

MARCH 2009;63: 560-563

AC

Comparison of the pharmacodynamics of imipenem in patients with ventilator-associated pneumonia following administration by 2 or 0.5 h infusion



Figure 1. Mean plasma imipenem concentration-time data for nine patients with VAP following administration of: 0.5 g, 0.5 h infusion (filled triangles); 0.5 g, 2 h infusion (filled diamonds); and 1 g, 2 h infusion (filled squares).







Start with penicillin Cost efficient low dose Low doses=less side eff Long courses≥2 weeks



Get it right 1st time Hit hard up front

Low dose \rightarrow resistance

Seldom longer than 7d

Lipman and Boots Crit Care Resusc December 2009



RATIONAL USE OF ANTIBIOTICS



Use only when necessary Start as quickly as possible (once decided) Start broad spectrum – to cover all likely organisms, send cultures and deescalate Seldom need longer than a 1 week course **HIGHEST DOSE (USING PK/PD PRINCIPLES)** WITHOUT SIDE-EFFECTS

BROAD COVER DOES NOT INCLUDE

Antibiotics for SIRS/viral infections Weneed staft cover

- Cover all options doctor ("just in case")
 - Inappropriate prophylaxis of long duration with broad spectrum A/Bs Is it Pseudomonas

"just in case" Doctor