# The HR Tuks Newsletter

Issue 3 June/July 2013

HR Tuks has recently started making some profound changes. In recent times HR Tuks has been silently operating but this year will become a loud and proud academic student society.

We are the HR society of the University of Pretoria and we will be sending a monthly newsletter containing all relevant information regarding our recent and upcoming events. The newsletter will also provide you, our members, with additional HR knowledge.

We are here for you.

Please provide feedback on our newsletter and any suggestions will be appreciated. Contact information will be provided on the last page of the newsletter.

Enjoy!!



#### Inside this week's issue:

Page 1 → What's inside this week's issue

Page 2 → The New HR Tuks Guardian, Recent Events and Changes

Page 3 → The 1<sup>st</sup> Weskoppies trip of 2013, Upcoming Events

Page 4 → Contact information

# THE NEW HR TUKS GUARDIAN



For those of you who do not know, HR Tuks has a guardian who guides us and assists us with our endeavours. For the past few years Mrs De Beer was HR Tuks Guardian and sadly she has decided to step down from this position.

Her successor is Mr Sakkie van Greunen. He lectures for the 3<sup>rd</sup> year students in BDO 319,329, and 371.

#### His LinkedIn profile

Mr van Greunen is a highly qualified senior lecturer and an excellent mentor. In the past few weeks from his appointment as guardian, Sakkie has made an immediate positive impact.

With his guidance and continued support HR Tuks will continuously improve.

### Recent Events and changes

HR Tuks hosted their second outreach of this term at the Laerskool Generaal Beyers on 20 May 2013.

We as HR Tuks Executive Committee donated equipment to the school in order for them to do their Life Orientation lessons with the children. The teachers who accepted the equipment on behalf of the school were truly grateful for what we were able to donate to them! It was wonderful to know that we were able to make a difference for a child's future to ensure that they will develop to their full potential.



We were welcomed by the head master, and our collection was presented to the rest of the staff in the personnel room. HR Tuks bought and were donated the following assets:

2 Pairs of school shoes and a pair of tekkies, 8 Pairs of grey socks, 2 Drimacs, 8 Jumping ropes, 2 Gym balls, 2 Cricket sets, 4 Skipping ropes, 4 Sets of puzzles, 7 Soccer balls, 4 Tennis rackets, 22 Tennis balls, 4 Badminton rackets with shuttlecocks and books.



We would like to thank each and every single person who donated money and assets. The school was thrilled to get the clothing and equipment. They are not able to host the soccer tournament they've been wanting to do for very long period of time.

HR Tuks plans more outreaches in the near future ©

## Weskoppies Trip 1 of 2

On the  $24^{th}$  of May 2013, HR Tuks went on its first trip, of two, to Weskoppies as an educational excursion. The first trip was for  $3^{rd}$  year students and the second will be for  $2^{nd}$  year students.

Weskoppies is a public psychiatric hospital in Pretoria.

HR Tuks has for the past few years visited Weskoppies to provide 2<sup>nd</sup> and 3<sup>rd</sup> year students with a practical knowledge on the subject of psychopathology, the study of mental illness.

The purpose of this trip is to allow students to engage with the patients as well learn more about their various illnesses and the treatment they undergo.

"Like every other time I've gone to Weskoppies, my eyes are opened to the reality of life. Weskoppies in not a scary, haunted, dangerous place. Yes, there are people with problems bigger than them, however people are there and get proper treatment and get guidance to the path of recovery. HR students were allowed to interact with semi-open ward patients and get the feel of it. We hope to encourage many more students to attend the excursion to expose them Weskoppies, get their questions answered, and spread a good word about the hospital. We hope to help them out in the future with a possible outreach." – Aylin Yuceozkan (HR Tuks EC – Outreaches).

We only take the 2<sup>nd</sup> and 3<sup>rd</sup> year students because the BDO 229 Module deals with the subject of psychopathology and often 1<sup>st</sup> year students are not emotionally equip to deal with something like this.

HR Tuks has an ongoing relationship with Weskoppies and will look to maintain it.



## Upcoming events

On the 30<sup>th</sup> of August HR Tuks will go on its second excursion to Weskoppies. This trip is for the second year students.



## Images from this month







# CONTACT INFO

Minette Kleynhans (chairperson):

Cell: 072 665 5350

Email: minettek@hotmail.com

Zane Bosman (vice-chair) – Email: <u>zanebosman@ymail.com</u>

Aylin Yuceozkan - Email: amyuc91@gmail.com

Roelien van Vuuren - Email: roelien9@gmail.com

Miché van der Merwe – Email: michevdm@gmail.com

Majafela Mashike – Email: <u>u11172208@tuks.co.za</u>

Amelia Samuels – Email: amelia.a.samuels@hotmail.com

Andiswa Nkuna – Email: ankuna@yahoo.com

Johanna Mojela – Email: <a href="mailto:mosimamojela@yahoo.com">mosimamojela@yahoo.com</a>

Surita Swart - Email: surita2000za@mweb.co.za

Suhail Ramkilawan - Email: <a href="mailto:suhail.ram@gmail.com">suhail.ram@gmail.com</a>

Email us at HrTuksEc@gmail.com

#### Like us on Facebook

https://www.facebook.com/HrTuks2013





Email us at HrTuksEc@gmail.com



Follow us on Twitter @HrTuksEc2013



Visit our website <a href="http://hrtuksec.wix.com/studentsociety">http://hrtuksec.wix.com/studentsociety</a>

