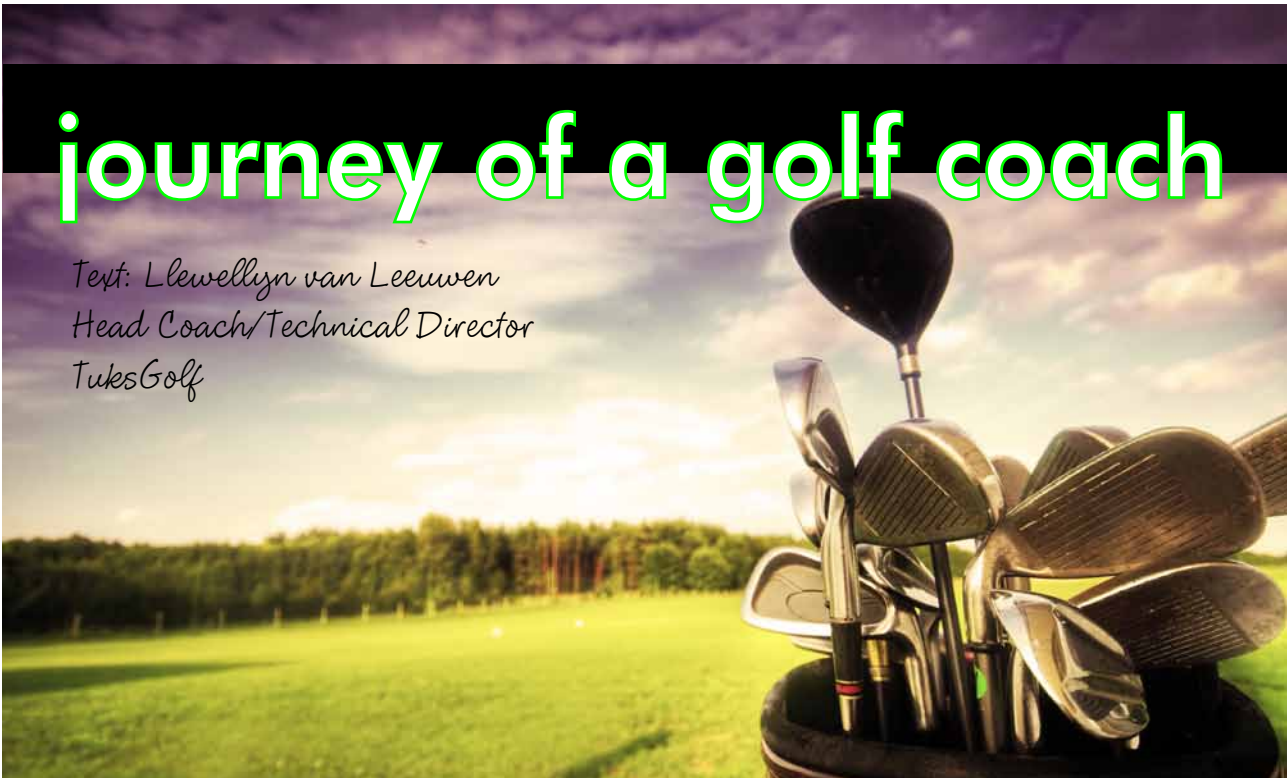


journey of a golf coach

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By March 2014 TuksGolf under the hpc/TuksSport have had huge successes not just in South Africa, but on Europe and American soil too. Professional Order of Merit winners, to European Tour Winners, to dominating the local Amateur Ranks and US College Wins have become part of the usual achievements.

I have now been part of this company since January 2008 and I'd like to take you through the journey that I've had thus far.

When I arrived at the hpc, all of our Golfers/clients were in either the Tuks Sport High School or studying a Sport Science degree - option Golf. We were three PGA Professionals working for the Golf programme at that time. I was only working part time and still looked after my own business in Centurion.

Our first challenge was to establish programmes that cover every aspect of the LTAD. This was very important, as this would ensure that our young Golfers have been developed correctly by the time they reach the Train

to Win stage. Today we have programmes that covers each facet of the LTAD: Advanced Young Golfer (age4-11), Young Super Squad (age11-14) Super squad (age14-16), Champion Elite Golfer (age 16-24) and Professionals on Sunshine Tour as well as European Tour.

Our second challenge was to have our own state of the art facility and equipment. Today our facilities include our Tuks Campus facility which boasts with 100 bay Driving range, Chipping Green, Putting Green and five Coaching studios. Our partner Centurion Golf Estate facility has a 20 bay Driving Range and the Estate also boasts with a Chipping Green, Putting Green, 4 Hole Mashie Course and 18 hole Championship Golf Course.

Our third challenge was to appoint Specialists in each field of expertise, crucial to Golf development. We appointed two Golf Psychologists who predominantly work with Golf only, lead by renowned Golf Psychologist: Theo Bezuidenhout A team of strength

and fitness experts, led by Bio Kinetics, level 3 TPI certified and PGA Professional: Gavin Groves. We also share hpc Nutritionist: Nikki de Villiers and the SSMU team at the hpc. Today we 12 PGA Professionals working for TuksGolf full time, each of these Professionals focussing on different Specialities and aspects within Golf LTAD and lead by myself.

Our vision for the future is to ensure that our Equipment Technology compares to World Leaders, with Flight Scope and Bio Mechanics lab and any further technological advances taking place in Golf.

We will also spend every spare penny on staff Knowledge Development and we hope to have all our current staff Level 3 certified in their various fields by 2020.

These last six and a bit years have been a fantastic experience and learning curve and I look forward to making as much progress over the next six years.