



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

MMus MUSIC THERAPY



Music Therapy

Music Therapy is an established, evidenced-based health profession. Music therapists use music within a therapeutic relationship to address physical, emotional, cognitive, and social needs with individuals, groups and communities. After assessing strengths and needs, music therapists use techniques such as improvisation, song writing, movement, and music listening in their work with clients to enhance wellbeing.

TRAINING IN MUSIC THERAPY

MMUS (Music Therapy)

INFORMATION FOR
PROSPECTIVE STUDENTS

THE COURSE AT UP

The Department of Music launched its MMus (Music Therapy) programme in February 1999. This is the first music therapy training course in South Africa to be approved by the Health Professionals Council of South Africa.

The Music Therapy Training Programme was co-founded by Prof Mercedes Pavlicevic and Mrs Kobie Swart (nee Temmingh). Prof Pavlicevic is a graduate of the University of Edinburgh and the Nordoff-Robbins Music Therapy Centre in London. Apart from her continued involvement in the Music Therapy Training Programme, she is also Co- Director of Research at the Nordoff-Robbins Music Therapy Centre. Mrs Kobie Swart is a graduate of Potchefstroom University and the Southern Methodist University, Dallas, USA, and continues her involvement as lecturer in the Music Therapy Training programme. Dr Carol Lotter and Dr Andeline Dos Santos, both graduates of the University of Pretoria co-direct the Music Therapy training programme. Other lecturers on the programme include Mrs Karen de Kock and Mrs Sunelle Fouche.

PROFESSIONAL REGISTRATION

On successful completion of the MMus (Music Therapy) training, graduates register with the Health Professionals Council of South Africa (HPCSA). This licenses them to practice as music therapists in South Africa and requires them to participate in the Continuing Professional Development (CPD) scheme for the Arts Therapies as set out by the HPCSA. Registration with the HPCSA is mandatory for anyone in South Africa calling themselves a music therapist, or calling what they do music therapy.

On completing the training, graduates are invited to become members of the South African National Arts Therapies Association (SANATA) which is involved in professional development in the Arts Therapies, and which profiles the Arts Therapies professions for the general public.

PLEASE NOTE

Since 2010, The MMus (Music Therapy) program has been offered in modular format. This is in order to accommodate students who wish to do the course, but cannot relocate to Pretoria from various parts of South Africa. This enables students to complete their clinical internship, course work and dissertation from their home base. Three compulsory intensive 9 day block sessions are held each year for the two year period. Students are also required to travel to the University for examinations at the conclusion of each year of study. The modular programme does NOT equate to part- time study. It is a two year FULL-TIME academic program.

ENTRY REQUIREMENTS

Prospective M.Mus (Music Therapy) students need to have completed a four-year bachelor's degree in music or in a related field (e.g. psychology, speech therapy, occupational therapy, social work or education) and need to demonstrate strong musical skills. Applicants need to demonstrate proficiency on a keyboard instrument, guitar playing and in the use of the voice. Personal experience of counselling and psychotherapy is also recommended.

In addition, psychology to third year level is required. Although this requirement may be completed during the course, it is strongly recommended that students have already obtained psychology III before applying. This is due to the workload of the course, especially during the second year of training.

Undergraduate Students

Prospective candidates who are currently registered for Bachelor's degrees in music or in allied fields at South African Universities are advised to include Psychology modules and Ethnomusicology I and II as part of their degree programme. In addition, candidates registered for non-music degrees need to show a sound theoretical and practical base in music. Undergraduate students at the University of Pretoria should also enrol for the Music Therapy subject currently on offer at 4th year BMus level. If you currently hold a three-year degree, you may wish to consider applying for the BMus (Hons) subjects *Music Communication theory* and *Music Communication practice* (or an Honours in psychology if you hold a three-year degree having majored in psychology). These qualifications will qualify you for application to the MMus (Music Therapy) programme.

Mature applicants

Mature applicants with life / teaching / other professional experience are especially encouraged to apply. Where possible, flexibility regarding academic requirements is exercised, subject to entrance examinations as directed by Faculty requirements, especially where professional and life experience are deemed to substitute

CURRICULUM

MUZ 886

This comprises:

Research methodology and dissertation
Music Therapy Theory I and II
Clinical Studies I and II

The training includes 1000 hours of supervised clinical internships at designated placements in various medical, psychiatric, neurologic, developmental and community settings. This must be passed in addition to the above.

SELECTION PROCEDURE

The selection procedure for the MMus (Music Therapy) programme comprises two stages:

Stage 1: Pre-screening through a written application to be submitted by the end of July in the year prior to the commencement of the next programme. Acceptance of this application leads to stage 2.

Stage 2: Audition and interview in August/September of the year prior to the commencement of the next programme.

WRITTEN APPLICATION

Please note that there are no application Forms. You are required to compile a dossier with the information requested below, for Stage 1, of the selection procedure.

1. Full name and surname plus a recent ID type photograph.
2. Age & ID Number, marital status, children, etc.
3. Contact address, telephone, and e-mail
4. Qualifications, name of institution, date of graduation, plus official copy of transcript from institution with courses completed and grades earned.
5. Names and contact information of 2 referees.
6. Working and professional experience. List institutions and duration starting with most recent experience.
7. Police clearance
8. Personal Information: include how you deal with circumstances of extreme stress (please give an example); family history of mental health problems - whether diagnosed or not, whether treated or not; any other personal information you think is relevant
9. A short motivation on why you are interested in training as a music therapist.
10. A short explanation of your idea of what music therapy entails.

ALL APPLICATIONS ARE TREATED AS CONFIDENTIAL.

Applications may be submitted by email to Dr Carol Lotter at carol.lotter@up.ac.za

AUDITION AND INTERVIEW

Candidates are selected for the audition/interview on the basis of their written applications. Auditions take place at the Music Therapy Unit, Building 6, South Campus, University of Pretoria. In some instances a second interview may be necessary, which should be taken into account when travelling from another part of the country.

The audition/interview focusses on the following:

1. Assessing musical abilities: level of musicianship on key boards and guitar, aural skills (sight-singing, intervals), use of voice (sight-singing, vocal improvisation) and a free improvisation on a suggested theme. In addition, basic keyboard skills and ability to improvise with / accompany another person on at least one instrument will be assessed.
2. Exploring the candidate's personal issues and insights in terms of working with handicapped and disordered persons, and assessing psychological and emotional stamina for undertaking training course.
3. General life experience and maturity. Here, some experience of personal therapy is highly recommended; and mature applicants are also encouraged to apply.

FEES

Course fees vary from year to year, and a supplementary levy is implemented over and above the MMus registration fees for extra music therapy costs. Consult client services for more information.

Enrolled students need to own a guitar and need to equip themselves with a good quality video and audio recording equipment or, and a good microphone, as well as hand percussion instruments within the first six months of training. Advice is given during the first six months of the programme as to what equipment to purchase. Students need to have computing skills and also need to have access to the internet and email during their enrolment.

For further information please contact: Dr Carol Lotter

Email: carol.lotter@up.ac.za

Tel: (012) 420 5372/4