The Drama Department, University of Pretoria, South Africa
in association with LIMS® hosts

LABAN/BARTENIEFF

INTRODUCTORY WORKSHOPS

want
to expand
your reach?

Learn to observe and understand human movement

Experiential Anatomy and Physiology   1 + 2 SEPTEMBER 2018
Bartenieff Fundamentals   8 + 9 SEPTEMBER 2018
Laban Movement Analysis   15 + 16 SEPTEMBER 2018

CONTACT US AT

Tarryn-Tanille Prinsloo - laban.pretoria@gmail.com
Prof Marth Munro - Marth.Munro@up.ac.za

UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA

PRETORIA WORKSHOPS

Change the way you conduct yourself during interviews, auditions, public speaking, project pitches, or in corporate, social and performance environments. Acquiring this unique skill set will develop your nonverbal expression, interaction and communication. These 16 hour workshops presented by experienced Certified Movement Analysts (CMAs) will open your mind to an entire new world of body knowledge. Here is what we offer:

Experiential Anatomy and Physiology – R 1000.00

Through functional and expressive movement, activation of the subjective body, group discussion, and hands-on work this experiential workshop explores various body systems which influences human movement.

Bartenieff Fundamentals – R 1000.00

This integrative movement workshop explores underlying movement principles through the somatic movement lens of Irmgard Bartenieff. This workshop also teaches alternative ways to observe and analyse bodies in motion and supports the development of optimal functionality in bodily movement.

Laban Movement Analysis – R 1000.00

Become a more dynamic communicator by using the LMA vocabulary to perceive, identify and embody movement patterns as well as the way meaning is perceived through movement. Learn about bodily preferences and the body's ability to adapt to different interactions and environments.

All three courses are required pre-requisites for entry into the LIMS® Certification Program in Laban Movement Studies. The drama department at UP is the only institution in Africa accredited by LIMS® to offer modules towards the CMA program.

UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA