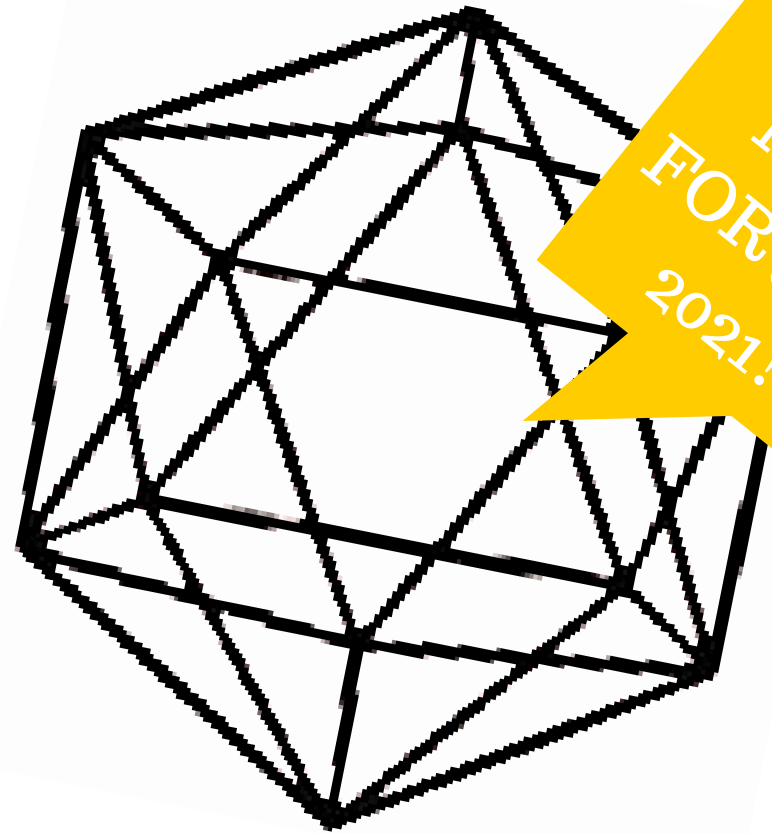


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INTRODUCTORY COURSES

PREREQUISITES FOR ACCEPTANCE INTO THE CMA PROGRAMME

Gain awareness, insight and a greater understanding of your nonverbal expression, interaction and communication. These 16 hour introductory courses presented online (asynchronously) and live by experienced Certified Movement Analysts (CMAs) will open your mind to an entire new world of body knowledge. In addition you will have completed two of the required pre-requisites for entry into the LIMS® Certification Program in Laban Movement Studies. Here is what we offer:

Bartenieff Fundamentals

16 November - 21 November 2020

Asynchronous and Live sessions

This integrative movement course explores underlying movement principles through the somatic movement lens of Irmgard Bartenieff. This course also introduces alternative ways to observe and analyse bodies in motion and supports the development of optimal functionality in bodily movement.

Laban Movement Analysis

23 November - 28 November 2020

Asynchronous and Live sessions

Become a more dynamic communicator by using the LMA vocabulary to perceive, identify and embody movement patterns as well as the way meaning is perceived through movement. Learn about bodily preferences and the body's ability to adapt to different interactions and environments.



Application deadline
is 10 November 2020

