



Do you have Type 1 diabetes?

We need your help!

We don't know how many people there are with Type 1 diabetes in South Africa, where they are, or if they're getting the care they need.

Please take part in this study so that we can build a map of Type 1 diabetes in South Africa.

All you
have to do is
answer these
questions:





Het jy Tipe-1 diabetes?

**Ons benodig
jou hulp!**

Ons weet nie hoeveel Suid-Afrikaners Tipe-1 diabetes het, waar hulle is, en of hulle die nodige sorg ontvang nie.

Neem asseblief aan hierdie studie deel sodat ons 'n kaart van Tipe-1 diabetes in Suid-Afrika kan teken.

**Al wat jy hoef
te doen is om
dié vrae te
beantwoord:**





Ingaba unesifo seswekile soluhlobo

Sidinga uncedo lwakho!

Asazi ukuba bangaphi abantu abanohlobo lokuqala lwesifo seswekile eMzantsi Afrika, apho bakhoyo, okanye ukuba bafumana inkathalo abayidingayo.

Nceda uthathe inxaxheba kolu phando ukuze sakhe imephu yohlobo lokuqala lweswekile Emzantsi Afrika.

Konke okufuneka
ukwenze
kukuphendula
le mibuzo:





O na le lefu la tsoekere la Mofuta oa pele?

Re hloka thuso ea hau!

Ha re tsebe hore na ho na le batho
ba bakae ba nang le lefu la tsoekere
la Mofuta oa pele Afrika Boroa,
hore na ba hokae, kapa hore na ba
fumana tlhokomelo eo ba e hlohang.

**Ka kopo nka karolo phuputsong
ena hore re tsebe ho aha mapa
oa lefu la tsoekere la Mofuta
wapele Afrika Boroa.**

**Seo u hlohang
ho se etsa feela
ke ho araba
lipotso tsena:**

