

Faculty of Health Sciences



Name: Prof Rachel Tsakani Lebese

Qualifications: PhD, MCur, BCUR let A, RN, RM

I want to be called: Rachel

Prof. Rachel Tsakani Lebese, a research professor in the School Health Sciences at the University of Venda. She coordinate all the research activities in the school. Prof Rachel Lebese is a professional nurse registered for the following qualification with the South African Nursing Council:

Diploma in General Nursing – 1982, Diploma in Midwifery - 1984 (Elim Hospital: BA Cur Degree (UNISA)-1989 with the following major subjects, Nursing administration and Community Health Nursing Science, Diploma in Nursing education 1992 (UNISA), BA CUR Hons in Nursing Education - 1996 (UNISA). She did her Masters degree in Nursing Science at the University of Venda and the title for her dissertation is 'Cultural health practices of South African Vatsonga people on the home care of children with measles' with one publication. She continued to do her Doctoral degree with the same University and the title for her theses is 'A model to promote dialogue about sexual health between teenagers, and parents/teachers in Vhembe District of Limpopo Province' and has published 8 articles from this work.

The supervision history is as follows:

- Supervised 21 Maters and 11 PhD students
- Published 72 articles in accredited journal

RESEARCH ACTIVITIES:

- A researcher in a collaborative project on "Assessment of knowledge, attitudes, health believes and risk factor practices related to tuberculosis in the rural communities of Limpopo Province. SANPAD project 2007-2013.
- Leader in a project on 'Breast self-examination education campaign in Vhembe District. CANSA Limpopo and University of Venda Project. Communities from different were taught how to conduct breast self examination.
- Leader in the project 'knowledge, attitudes and perception of Univen students towards teenage pregnancy' commissioned by the University of Venda.
- Leader in a project about Health and Pregnancy among secondary high school in Limpopo Province.
- A researcher in a collaborative project on "Assessment of knowledge, attitudes, health believes and risk factor practices related to epilepsy in the rural communities of Limpopo and Mpumalanga Provinces. GLAD Africa project 2020-

COMMUNITY ENGAGEMENT

Co-ordinator and supervised students during Community based education in the following villages – Musekwa, Shigalo, Nghezimani Masia and presently in Bungeni.

- Conducted the following awareness projects in these villages: Breast self-examination, TB awareness and HIV, Domestic violence and child abuse.
- Presentation to Tzaneen Diocesan Woman Conference as guest speaker- July 2012. 'Title Mother love key to youth development.'
- Presentation to EPC women (National woman's day August 09 2012 The role of a women in the community.
- Presentation to Tzaneen Diocesan woman retreat as guest speaker November 2012. 'How to become a better you.'
- Presentation to Tzaneen Diocesan woman retreat as guest speaker November 2013. 'Faith.'
- Presentation to Grade 12 learners Shigamani High School February 2014 'How to succeed academically.'
- Presentation to Giyani women inter-denomination (International payer day) 7 February 2014 'Rivers in the Dessert.