SCIENTIFICALLY INFORMED PRACTICE

- uses and does science to inform health care practice
- challenges habits or old ways of doing things
- discovers new things and creates new practices
- tests if new discoveries and practices are effective

INTER-DISCIPLINARY AND MULTI-PROFESSIONAL PRACTICE

- keeping people healthy and treating diseases in primary care is complex
- primary care needs the knowledge and skills of different professions because each approaches health care in different ways (inter-disciplinary)
- primary health care requires team work (inter-professional) because it is complex and dynamic and constantly changing
- the two goals of team work in health care are i) to improve cooperation and increase coordination of services; and 2) provide greater clinical expertise than any single professional can.