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| **Mental Health at Crossroads: Challenges and Solutions from India and South Africa** | | |
| REGISTRATION LINK  <https://forms.gle/kLApRCWPbKXUs8Tb8> | **September8,2023**  (13:30- 17:20 Indian time)  10:00-14:00 (South African time) | |
| The proposational contribution of mental disorders to total disease burden in India has almost doubled since 1990. In South Africa, most a third of the population has experienced common mental disorder in their lifetime.  Research has shown that a strong focus on community mental health is critical while the national mental health programs in India and South Asia including governance structures need to be strengthened.  The event is aimed at bringing academics, researchers and practitioners working on tribal health in India and share experiences on mental health in India and South Africa. The event is being organized by the two affiliate groups of JBI from India and South Africa. JBI is a global organisation promoting and supporting evidence-based decisions that improve health and health service delivery. JBI offers a unique range of solutions to access, appraise and apply the best available evidence. The event is aimed at bringing academics, researchers and practitioners working on tribal health in India and share experiences on mental health in India and South Africa.  **Who should attend?**  Academics, practitioners, policymakers, researchers and students | **Session 1** | **Chairperson:** Dr Nontembiso Magida, JBI Ekurhuleni |
| **13:30-14:00**  **10:00-10:30** | **Welcome:** Dr Edith Madela-Mntla (University of Pretoria)  Introduction to JBI-Ekurhuleni, Dr Jayati Kusari  Introduction to JBI-CPHR, Dr. Nirmalya Mukherjee |
| **Session 2** | **Mental health in India and South Africa**  Chairpersons: Prof Jannie Hugo, University of Pretoria;Dr. Nirmalya Mukherjee, JBI-CPHR |
| **14:00-14:15**  **10:30-10:45** | **Community mental health in India**  Dr. Chitra Venkateswaran, Mehac Foundation, India |
| **14:15-14:30**  **10:45-11:00** | **Mental health in South Africa**  Dr Daniel Naicker, Specialist Psychiatrist, Department of Psychiatry, University of Pretoria |
| **14:30-14:45**  **11:00-11:15** | **Q & A led by Chairpersons** |
| **14:45-15:00**  **11:15-11:30** | **TEA BREAK** |
| **15:00-15:15**  **11:30-11:45** | **Evidence on Mental Health**  Chairpersons: Dr. Chitra Venkateswaran, Mehac Foundation; Dr K Maaroganye Psychiatrist, Ekurhuleni District, South Africa |
| **15:15-15:30**  **11:45-12:00** | **Economics of Mental Health**  Prof. Denny John, Co-Director, JBI-CPHR |
| **15:30-15:45**  **12:00-12:15** | **Mental Health and Social Stigma among healthcare providers during COVID**  Dr. Geetha Menon, Scientist-F, ICMR-NIMS |
| **15:45-16:00**  **12:15-12:30** | **Mehac case study**  Dr. Poornima Sunder, Clinical.Director and Consultant, Mehac Foundation |
| **16:00-16:15**  **12:30-12:45** | **South Africa case study: Community oriented Substance use programm**e:  Dr Urvisha Bhoora, Family Physician, University of Pretoria |
| **16:15-16:30**  **12:45-13:00** | **Yoga and mental health:** Ms Carish Bhim, Psychologist & Yoga specialist, South Africa |
| **16:30-16:45**  **13:00-13:15** | **Indian case study: Mental health status of the health professionals and managers after Balasore train accidents in the state of Odisha in India**: Dr Prasanta Roy, Institute of Psychiatry, Kolkata, India |
| **16:45-17:00**  **13:15-13:30** | **Voices from the field**  Mental Health Nurse/Volunteer/Care-giver |
| **17:00-17:15**  **13:30-13:45** | **Q &A** |
| **17:15-17:20**  **13:45-14:00** | **Vote of thanks**  Dr. Paramita Bhattacharya, JBI-CPHR |