**POSITIONING CHECKLIST**

⬜ Face can be seen

⬜ Head in ‘sniffing’ position

⬜ Mouth and nose not covered

⬜ Head turned to one side

⬜ Neck straight, not bent

⬜ Chest-to-chest with mother (naked)

⬜ Legs flexed

⬜ Legs not hanging out below wrapper

⬜ Mother not in flat position

⬜ Back of baby covered with a blanket

⬜ Baby has cap / hat on

⬜ Baby has socks on (optional)

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| --- | --- |
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