

# SCHOOL HEALTH CARE AND GERIATRICS CARE

Department of Nursing Science (NPE 261-262, DNP)

## Opportunity description

We do school health nursing by visiting five schools three times a year, where we assess the health needs of primary school children. We obtain parental consent to do physical assessments/examinations of Grade R and Grade 1 children during our first visit, after which we plan health care interventions based on the needs identified. Where necessary, we refer the children for further medical attention.

On our second visit we do school situational analyses, survey the school and surrounding area, interview students and identify learners' needs, after which we plan the interventions. On our third visit we implement the planned interventions based on the identified needs. We also give health education to the students based on adolescent and contemporary youth issues.

We also assess the health needs of senior citizens/geriatrics at retirement homes, plan and implement interventions based on the health needs identified, render health care services and entertainment activities. We play games with them and share life stories.

## Impact

Identify health problems at an early age. Educate on contemporary

issues. Prevention and promotion of health. We get clinical exposure and the opportunity to practise nursing so as to become competent in nursing procedures and management.

## Community partners

Westelige Primary School, Booyens Primary School, Mmekwa Primary School, Thipe Primary School, Onderstepoort Primary School, Huis Herfsblaar Retirement Home and Ons Tuis.

