

# New areas of research using functional imaging in cancer

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### Introduction

- Review areas of current research beyond PET in molecular imaging of cancer
- PET-MR
- Hyperpolorised MR
- Optical imaging
- Photoacoustic imaging
- Ramen imaging
- Cerenkov radiation

# PET/MR

- The latest thing
- Is this the best thing
- Is this the future of Nuclear Medicine
- Should I get a PET/MR
- What will I use it for

# Looking for the killer indication

- Maybe look for ever
- However, some areas where MRI better than CT
- Pelvic tumours
- The liver
- The brain
- Also children to reduce radiation dose

### Getting a PET MR



Buy an Apple computer

**Download Osiris** 

Upload PET

Upload MR

# A real PET/MR

- Number 1 problem
- PMT tubes are very sensitive to magnetic fields
- The PET detector would need to be RF shielded
- Different engineering solutions

### The GE solution 1



### The Philips solution



### The Siemens solution



## The new PET detectors

- Uses Avalanche Photo Detectors
- Not affected by magnetic fields
- Slower so no TOF yet
- However must be kept at about 40c
- Variation of 10c stops them working but APDs produce a lot of heat



### GE solution 2



### **GE** detectors



### In PET-MR its about compromise

From outside to inside

MRI

PET ring

MRI coil

Patient



# Any other problems

- Just how do you do attenuation correction
- Use attenuation maps bent around body contour on MR
- However MR cannot see bone
- Also MR needs coils all which attenuate
- Good quality MR takes time eg Eyes to thighs PET 20 mins a decent MR about 90mins
- Can we afford that time

## PET/MR attenuation correction

- MR based Attenuation Correction is sub-optimal
  - DIXON: Doesn't distinguish bone Make as soft tissue
  - UTE: Does see some bone still struggles
- Really problematic for Neurological PET/MR
  - Brain surrounded by bone

DIXON AC Map





UTE AC Map

#### Comparison of CT > DIXON and UTE AC (SUV)















SPMresults:./nifty/CTvsUTEPaired Height threshold T = 1.782288 {p<0.05 (unc.)}





#### CT vs UTE

### CONCLUSIONS

- Current MR based attenuation maps produce artificially reduced uptake in cortical grey matter
- UTE corrections are an improvement over DIXON corrections although there are still problems with complex bone/sinus anatomy.
- SUVR data have similar findings although with the addition of areas of increased PET uptake in sub-cortical areas.

### Potential advantages

- Can look at simultaneous MR and PET
- Useful in dementia and cancer research
- APDs very efficient so rad dose less

   Eg F-18 FDG 400MBq and CT =12mSv
   F-18 FDG 200MBq and MR =4mSv
- Useful for children and young adults with cancers who need repeat imaging

### Does it work

- Park et all JNM 2011
- 17 patients suffering from Ca Prostate PET/MR of the pelvis with C-11 choline
- Good correlation between uptake of C-11 choline and quantitative MR using DWI
- However no technique better than the other

#### **PET-MR** in prostate



# PET/MR in brain tumours

- Bisdas et al Invest Radio 2013
- MR with spectroscopy fused with simultaneously acquired date from C-11 methionine in 28 patients with pre-treated gliomas
- By combining data could find those areas of the tumours which were most active and directed biopsy

### C-11 met PET MR in brain tumour



### Simultaneous PET/MRI vs PET/CT in Oncological Patients: measured exuberance

**K Al-Nabhani**, R Syed, J Alkalbani, A Afaq, A Barnes, C O'Meara, R Allie, Z Saad, E panagiotidis, R Sajjan, J Bomanji.

Institute of Nuclear Medicine, University College London Hospitals, UK







**Conclusion:** Compared to PET/CT, PET/MRI improves disease interpretation in selected cases based on better tissue resolution with management impact in 10%.



Sagittal T2WI

#### Sagittal <sup>68</sup>Ga-DOTATATE PET and T2WI fused

A

Post gadolinium contrast, axial T1WI

Axial <sup>18</sup>FDG PET and T1WI fused

С



#### Summary

**Aim:** Evaluate clinical impact of PET/MRI vs PET/CT in management of patients with known malignancies.

**Methodology:** 50 patients underwent PET/CT followed by PET/MRI. Primary and non-primary lesions identified. Degree of confidence for anatomical localization and degree of inter-observer agreement was measured. By 3 experienced radiologists and nuclear medicine physicians.

#### **Results:**

•PET/MRI identified 227 tracer avid lesions including 10 more primary lesions than those detected by MRI alone.

• Anatomical site was correctly identified in 224/227 lesions (99.1%: 38.8% primary, 61.2% non-primary).

•Overall inter-observer agreement was 97.6% for primary and 95% for non-primary lesions.

•Using PET/MRI, overall confidence in anatomical localization improved by 1.3%.

•PET/MRI significantly improved local disease staging by 5.6 % with overall improvement in confidence in assessing disease extent.

**Conclusion:** Compared to PET/CT, PET/MRI improves disease interpretation in selected cases based on better tissue resolution with management impact in 10%.

# PET MR in lymphoma

- Heacock et al New York AJR 2015
- 28 patients with lymphoma imaged with PET/ MR
- PET found 100% of all involved nodes MRI DWI found 62%
- MR good for localisation of positive nodes
- Can be used alone as good as PET-CT but lower radiation dose

### PET/MR of lymphoma in the neck



# Hyperpolorised MRI

- MR has poor signal pick up
- Need grams of Gd to get signal
- Signal can be amplified by spinning all the atoms in the same direction
- Called hyperporization
- Then need only ng similar to PET
- Can image for a few minutes only

#### **Dynamic Nuclear Polarisation**



#### Imaging enzyme activity



Day et al. (2007), Nature Medicine 13(11):1382

#### **Imaging cell death**

#### Cell death









= malate



Gallagher FA, et al 2009, PNAS 106(47):19801

#### First human study using hyperpolorized C-13 pyruvate in prostate cancer





Nelson S *et al.* Sci Trans Med 2013

# **Optical imaging**

- Uses visible light or near infrared
- Very high resolution
- Can be amplified using bioluminescence
- However problems of attenuation
- Explored mainly in small animals and surface tissues such as skin or GIT

Optical imaging device (note the object has to be inside the detector)



### Optical imaging in Ca colon



NIR-con-PK11195 is retained proportionately to tumor stage. A. Representative optical imaging of Smad3<sup>+/-</sup> (top row) and Smad3<sup>-/-</sup> (*middle and bottom row*) mice (fluorescence intensity indicated by photon flux per second). **B.** Matching H&E stains demonstrating hamartoma (*top row*; magnification, 100×), adenoma (*middle row*; magnification, 100×; arrows, uninterrupted muscularis mucosa), and carcinoma (*bottom row*; magnification, 50×; arrows, invasive component)

### Photoacoustic imaging

- Hybrid imaging
- Uses high frequency laser which can be tuned to a particular molecule
- Vibrates target tissue which heats
- As it cools releases ultrasound
- Can penetrate deeper into tissue than optical imaging

### Photoacoustic imaging







### Ramen imaging

- Relies on the scattering of laser light through a substance
- Scattering depends on the inelasticity of tissue
- In cancer the increased perfusion of the tumour increases water content so less elastic
- Ramen imaging has very high resolution but minimal tissue penetration (best used with tissue biopsies)

### Wang et al Nature 2012



(a) SHG + TPF image of the fiber structures surrounding a blood vessel of the cherry angioma lesion, image FOV is 300  $\mu$ m × 300  $\mu$ m; (b) zoom-in *cw*RCM image of the <u>area</u> shown in the green square of (a), image FOV is 150  $\mu$ m × 150  $\mu$ m; (c) *cw*RCM image showing the ROI from the area of the red square in (b), the image FOV is 60  $\mu$ m × 60  $\mu$ m; (d) confocal Raman spectrum of the fiber structures of the red square area shown in (c) and (b), the <u>exposure</u> time is 20 s; (e) *fs*RCM image of the cellular structures surrounding a blood vessel of the cherry angioma lesion, image FOV is 300  $\mu$ m × 300  $\mu$ m; (f) zoom-in *cw*RCM image of the area shown in the green square of (e), image FOV is 150  $\mu$ m × 150  $\mu$ m; (g) *cw*RCM image showing the ROI from the area of the red square in (f), the image FOV is 60  $\mu$ m × 60  $\mu$ m; (h) confocal Raman spectrum of the area shown in the area of the red square in (f) and (g), the exposure time is 20 s.

### What is this



### What is this



### **Cerenkov** radiation

- When a sub-atomic particle travels faster than the speed of light it energises the structures it passes through
- The electrons shift to a higher orbit and as they return to normal emit a blue light
- Strangely enough the positron from F-18 does just that
- Back where we started?

### Image from UC Davis



CT and CLT

CT and PET

### Conclusion

- PET/MR will come but at US\$4-5million will it ever be common
- Evidence base still shaky
- Problem with body coils
- Of the other imaging most likely to succeed is photoacoustic