

Removal of a foreign body from the vagina

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Introduction

- Little girls sometimes insert foreign bodies like small pebbles, beads, etc. into their vaginas.
- It can be difficult to remove these objects because the introitus is small and usually does not permit an adult finger or an instrument to remove the object.
- Even removal under GA can be very tricky and damage to the vagina or introitus can ensue.
- The following can be tried in your surgery, or if necessary in theatre under GA.

Procedure

- Provided the patient co-operates, the mother is present to comfort the child and you work **gently**, go about as follows: (sedation is optional)
- The girl lies on her back. Let the **mother** now remove the girl's panty.
- Lubricate a gloved **little finger** and sit on the edge of the bed facing the patient.
- Gently insert the finger into the girl's **rectum** with the palmar aspect facing the vulva.
- “Milk” the object towards the introitus, and out, or until it appears and can be grabbed with a pinset or forceps.