

Dehydrated babies

Dr.P.T.Kenny.

Dehydration in babies.

- Sunken eyes, sunken fontanel, loss of skin turgor, dry mucous membranes, etc. are all signs which may indicate dehydration in babies.
- Press on the baby's finger nail for one or two seconds and then release. Capillary filling of the nail bed should take place in less than 3 seconds. If not, the baby is definitely dehydrated.

Emergency Management

- It may be very difficult to find a vein to put up a drip for such a baby. If so, insert a **nasogastric tube** and then administer $\frac{1}{2}$ strength Darrow's solution through this in the meantime.
- Try again later to find a vein to put up the drip.
- **Or**, put up an intraosseous infusion.