Removal of a fish-hook

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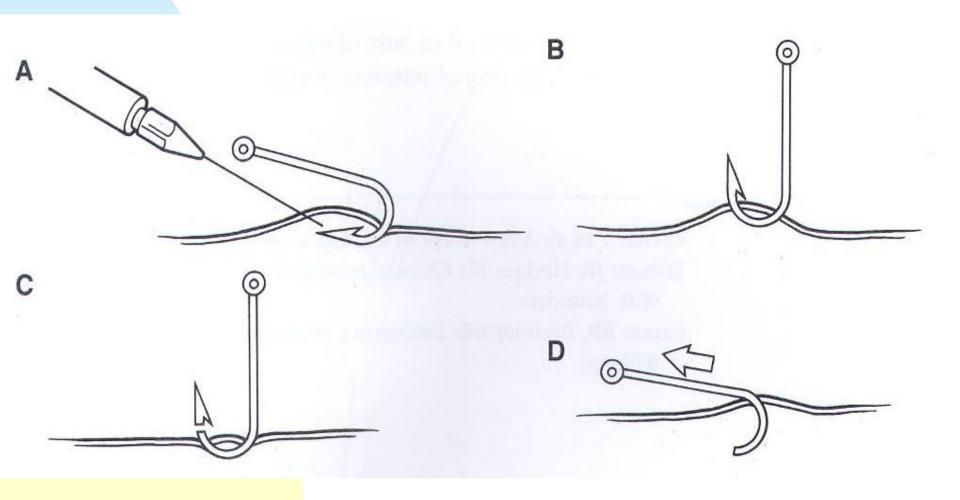
Fish-hooks



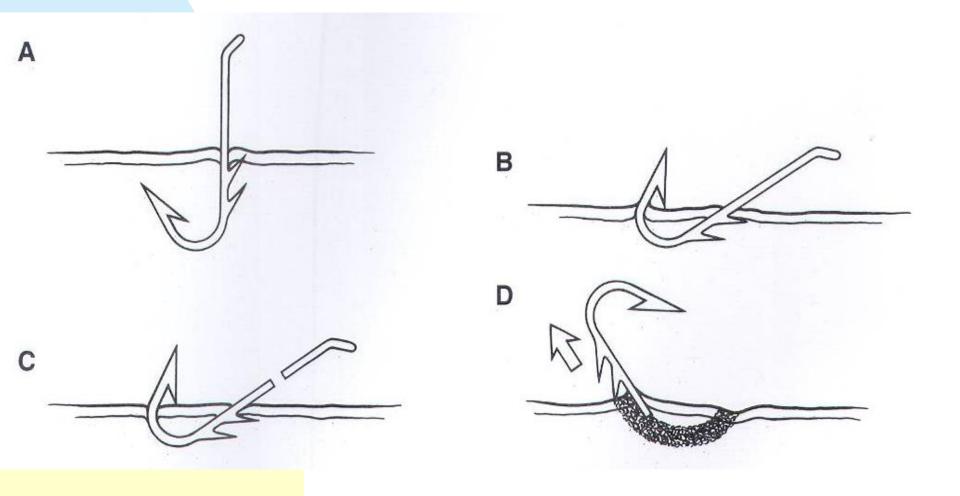
Removal of a fish-hook

- When attempting to remove a fish-hook embedded in a patient's flesh, the following should be kept in mind:
- The tip of a fish-hook has a little hook pointing backwards to prevent it from coming loose when a fish is caught. Most fish-hooks also have similar hooks on the shaft to further prevent the hooks from coming loose.
- When a fish-hook is deeply embedded in the skin it is very difficult to pull it out. It will not help much to push the tip of the hook through the skin, cut the tip off with a side-cutter and then to try and pull the hook out, because the other hooks on the shaft will now get stuck.
- Fortunately, a hook seldom gets embedded in the skin so deeply that the shaft is also embedded. Should it however happen that the shaft is also involved you then have to go about as follows: Anaesthetise the area around the hook with some lignocaine. Now push the tip of the hook through the skin, hold it tightly with a artery forceps and then cut the **eye** of the hook, where the fish-line gets fastened, off. Now pull the hook out by the tip. The hook is thus removed in the same direction as it stuck into the flesh.
- It is not always possible to now whether a fish-hook has hooks on its shaft as well, therefore it is best to remove the hook in this way.

Traditional method for removing small fishhook.



Removal of a barbed fishhook A. The hook embedded in soft tissue. B. Twist the hook forward until the sharp end is visible. C. Cut off the eye of the hook. D. Pull on the sharp end to remove.



Angler's string-yank method of fishhook removal.

