uses and does science to inform health care practice
challenges habits or old ways of doing things
discovers new things and creates new practices
tests if new discoveries and practices are effective

SCIENTIFICALLY INFORMED PRACTICE

INTER-DISCIPLINARY AND MULTI-PROFESSIONAL PRACTICE

keeping people healthy and treating diseases in primary care is complex
primary care needs the knowledge and skills of different professions because each approaches health care in different ways (inter-disciplinary)
primary health care requires team work (inter-professional) because it is complex and dynamic and constantly changing
the two goals of team work in health care are i) to improve cooperation and increase coordination of services; and 2) provide greater clinical expertise than any single professional can.

PRINCIPLE 4 > Practice With Science