

## FAMILY MEDICINE

CPD CONFERENCE, KOPANONG HOTEL, BENONI

DATE : 11 TO 14 SEPTEMBER 2025



UNIVERSITEIT VAN PRETORIA  
UNIVERSITY OF PRETORIA  
YUNIBESITHI YA PRETORIA

DAY 1 : THURSDAY - 11 SEPTEMBER 2025

[8 CLINICAL CPD POINTS]

TIME	SPEAKER	THEME
07h00 – 07h50	REGISTRATION	
08h00 – 09h00	<b>DR PHILEMON MAHUMA</b> FAMILY PHYSICIAN: UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"><li>Selfcare for Doctors.</li></ul>
09h00 – 10h00	<b>DR HUGO VAN DER MERWE</b> UROLOGIST: UROLOGY HOSPITAL PRETORIA	<ul style="list-style-type: none"><li>Prostate cancer – Screening and diagnosis – Are we making a difference?</li></ul>
10h00 – 10h15	TEA BREAK	
10h15 – 11h15	<b>PROF CHARL VERWEY</b> PAEDIATRIC PULMONOLOGIST CHRIS HANI BARAGWANATH ACADEMIC HOSPITAL	<ul style="list-style-type: none"><li>Simplifying Childhood Wheeze.</li></ul>
11h15 – 12h15	<b>DR URVISHA BHOORA</b> SPECIALIST FAMILY PHYSICIAN: UNIVERSITY OF PRETORIA (COSUP)	<ul style="list-style-type: none"><li>Say KNOW to Drugs: Management of Substance Use Disorder.</li></ul>
12h15 – 13h00	LUNCH	
13h00 – 14h00	<b>PROF THERESA ROSSOUW</b> ACTING HEAD OF DEPARTMENT IMMUNOLOGY UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"><li>HIV and TB – why are we not winning the battle?</li></ul>
14h00 – 14h50	<b>PROF THERESA ROSSOUW</b> ACTING HEAD OF DEPARTMENT IMMUNOLOGY UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"><li>Primary Immune deficiencies in adults.</li></ul>
15h00 – 15h15	TEA BREAK	
15h15 – 16h15	<b>PROF DAVID REYNDERS</b> PAEDIATRIC ONCOLOGIST UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"><li>Common Paediatric cancers – What the GP should know.</li></ul>
16h15 – 17h15	<b>PROF DAVID REYNDERS</b> PAEDIATRIC ONCOLOGIST UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"><li>Bleeding disorders in Children.</li></ul>

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07h00 – 07h50	REGISTRATION	
08h00 – 09h00	<b>DR MARINKA HOEK</b> UROLOGIST: UROLOGY HOSPITAL PRETORIA	<ul style="list-style-type: none"> <li>BPH – Current approach and new advances in treatment.</li> </ul>
09h00 – 10h00	<b>PROF GERHARD GROBLER</b> PSYCHIATRIST (SBAH) STEVE BIKO HOSPITAL UNIVERISTY OF PRETORIA	<ul style="list-style-type: none"> <li>Burnout in Health Care Workers</li> </ul>
10h00 – 10h15	TEA BREAK	
10h15 – 11h15	<b>PROF HELGARD MEYER</b> SPECIALIST FAMILY PHYSICIAN PRIVATE PRACTICE PRETORIA	<ul style="list-style-type: none"> <li>Pain management – current perspectives.</li> </ul>
11h15 – 12h15	<b>PROF HELGARD MEYER</b> SPECIALIST FAMILY PHYSICIAN PRIVATE PRACTICE PRETORIA	<ul style="list-style-type: none"> <li>Pain management – current perspectives.</li> </ul>
12h15 – 13h00	LUNCH	
13h00 – 14h00	<b>PROF CHRISTA JV RENSBURG</b> SECTION SPORTS MEDICINE AND SEMLI UNIVERISTY OF PRETORIA	<ul style="list-style-type: none"> <li>Moving towards health: How exercise becomes your best medicine.</li> </ul>
14h00 – 14h50	<b>DR FC DU TOIT</b> DIVISION OF BIOKINETICS AND SEMLI UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Exercise prescription for patients as part of lifestyle modification.</li> </ul>
15h00 – 15h15	TEA BREAK	
15h15 – 16h15	<b>DR HELEEN BIERMAN</b> NEPHROLOGIST: NEPHROLOGY UNIT PRETORIA UROLOGY HOSPITAL	<ul style="list-style-type: none"> <li>Early detection, prevention and management of Chronic Kidney failure – The GP's role.</li> </ul>
16h15 – 17h15	<b>PEET VERMAAK</b> PRETORIA SLEEP LAB	<ul style="list-style-type: none"> <li>Sleep disturbances – The role of Polysomnography.</li> </ul>

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07h00 – 07h50	REGISTRATION	
08h00 – 09h00	<b>DR TERRY MARSHALL</b> VIROLOGIST: AMPATH	<ul style="list-style-type: none"> <li>Emergency viral infections – trends and predictions (Including Mpox).</li> </ul>
09h00 – 10h00	<b>DR CHANEL KINGSBURG</b> MEDICAL MICROBIOLOGIST AMPATH	<ul style="list-style-type: none"> <li>Laboratory diagnosis of Sexually transmitted diseases.</li> </ul>
10h00 – 10h15	TEA BREAK	
10h15 – 11h15	<b>PROF OLALEKAN AYO-YUSUF</b> CHAIRPERSON/HEAD: SCHOOL OF HEALTH SYSTEMS AND PUBLIC HEALTH UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Vaping and E-cigarettes – Epidemic of lung problems in the future.</li> </ul>
11h15 – 12h15	<b>PROF OLALEKAN AYO-YUSUF</b> CHAIRPERSON/HEAD: SCHOOL OF HEALTH SYSTEMS AND PUBLIC HEALTH UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Vaping and E-cigarettes – Epidemic of lung problems in the future.</li> </ul>
12h15 – 13h00	LUNCH	
13h00 – 14h00	<b>PROF BRENT TIPPING</b> GERIATRICIAN AND SPECIALIST PHYSICIAN (WITS) UNIVERSITY OF THE WITWATERSRAND	<ul style="list-style-type: none"> <li>Multimorbidity and polypharmacy in the elderly – pitfalls to avoid.</li> </ul>
14h00 – 15h00	<b>PROF MASUDU TSHIFULARU</b> HEAD OF THE DEPARTMENT: ENT (SBAH) STEVE BIKO HOSPITAL UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>New technology and advances in hearing impairment.</li> </ul>
15h00 – 15h15	TEA BREAK	
15h15 – 15h55	<b>MR MPIOLO BOOI</b> DEPARTMENT SPEECH/ LANGUAGE PATHOLOGY AND AUDIOLOGY UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>GP – Audiologist Collaboration for early hearing loss Detection and Management</li> </ul>
15h55 – 16h35	<b>PROF TALITA LE ROUX</b> DEPARTMENT SPEECH/ LANGUAGE PATHOLOGY AND AUDIOLOGY UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Childhood hearing loss: The importance of newborn hearing- screening and early intervention.</li> </ul>
16h35 – 17j15	<b>PROF LIDIA POTTAS</b> DEPARTMENT SPEECH/ LANGUAGE PATHOLOGY AND AUDIOLOGY UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Hearing loss in the classroom: Medical insights and educational implications.</li> </ul>

TIME	SPEAKER	THEME
07h00 – 07h50	<b>REGISTRATION</b>	
08h00 – 09h00 (Ethic)	<b>PROF WERDIE VAN STADEN</b> PSYCHIATRIST: DIRECTOR OF THE CENTRE FOR ETHICS AND PHILOSOPHY UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Who should win when my and my patient's perspectives clash?</li> </ul>
09h00 – 10h00 (Ethic)	<b>DR MARTIN BAC</b> FAMILY PHYSICIAN UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Worldviews and ethics in the Practice of Medicine.</li> </ul>
10h00 – 10h15	<b>TEA BREAK</b>	
10h15 – 11h15 (Ethic)	<b>KARMEN WINFRED</b> MPS	<ul style="list-style-type: none"> <li>POPPIA and Health Care.</li> </ul>
11h15 – 12h00 (Ethic)	<b>PROF RYAN BLUMENTHAL</b> SENIOR SPECIALIST FORENSIC PATHOLOGIST UNIVERSITY OF PRETORIA	<ul style="list-style-type: none"> <li>Forensic stats – does it reflects trends in society.</li> </ul>
12h00 – 12h15	<b>TEA BREAK</b>	
12h15 – 13h15 (Ethic)	<b>DR ZIYANDA MGUGUDO-SELLO</b> PUBLIC HEALTH MEDICINE SPECIALIST SAMA (SOUTH AFRICAN MEDICAL ASSOCIATION)	<ul style="list-style-type: none"> <li>Forensic audits: Common mistakes by Medical Practitioners</li> </ul>
13h15 – 14h15 (1 General Point)	<b>MR REGINALD MASEMOLA &amp; DR MHLENGI NCUBE</b> SAMA (SOUTH AFRICAN MEDICAL ASSOCIATION)	<ul style="list-style-type: none"> <li>AI: An emerging trend in Health Care.</li> </ul>

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